



# INTENSIVE IN-HOME BEHAVIORAL HEALTH TREATMENT

Intensive In-home Behavioral Health Treatment (IIBHT) is the highest level of outpatient care available to youth and young adults (0-20 years of age) who may benefit from mental health services. IIBHT is a program to help youth and families have successful transitions to less intensive outpatient care.

**Services are personalized to fit your schedule and location needs. IIBHT can include:**

- A minimum of 4 hours of services each week
- Individual Therapy, Family Therapy and/or Group Therapy
- Psychiatric Services, including medication management if needed
- Skills Training
- Peer Support
- Intensive Care Coordination
- Case Management
- 24/7 Crisis Support
- Treatment Team Meetings
- Transition and Discharge Planning



## CONTACT US:

To receive these services, your provider needs to fill out the IIBHT Referral Form and send it to: [IIBHTReferrals@adaptoregon.org](mailto:IIBHTReferrals@adaptoregon.org)

**You can get this letter in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 541-229-4842 or TTY 711.**

**Puede obtener esta carta en otros idiomas, en letra grande, en braille o en el formato que prefiera. También puede solicitar un intérprete. Esta ayuda es gratuita. Llame al 541-229-4842 o al TTY 711.**