



AGENDA

Community Advisory Council
621 W. Madrone St.
 July 13th, 2017 5:30 to 7:00 PM

5:15 PM – Gather/ Set Up – Please feel free to arrive a little early. Meeting will begin at 5:30.

Attendees: Brenda Tibbetts / Catherine Paul / Deanna Watson / Jennifer Carloni / Jerry O’Sullivan / Josie Renwah / Juliete Palenshus / Melanie Taylor Prummer / Michelle Hall / Paul Coffelt / Stacy Whittington Absent: Ashley Plumb / Bevin Hansell / Cindy Shirtcliff / Mary Stevenson / Michael Lasher Staff/Guests: Jennifer Redshaw / John Schultz (UC Veg.)			
1.	5:32	Call to Order	Melanie Prummer
2.	5:30	Public Comment Jon from UC Veg. Happy to see community involvement in healthcare (through the CAC). They are currently holding a 2 hour Mindfulness class at the Adventist church.	
2.	5:35	Consent Agenda The minutes for the May CAC and June CAC meetings were approved.	Melanie Prummer
3.	5:40	CHIP Progress Report/CHA Update (Public version) Page 7 under access there is a misprint on when the CAC started the public meetings; although there was a public meeting in June of last year, the CAC did not have consecutive meetings in the public until march of this year. Jerry would like the goals page 4 to be updated to list all the programs and updated to at least this year (for next year, or if there will be a public posting ASAP). They would like a status report of how it has changed from these projects (results/output data). Action: Recommend at the end of the year to have a subgroup on what we want to report on, so that next year’s entry will show actual statistics. Could come together in December before the CHIP applications start coming in.	Jennifer Redshaw
3.	5:50	Update on Blue Zones Umpqua Health submitted a letter of support for Blue Zones and contributed financially. There were quite a few contributors from Douglas County to Blue Zones, and the Blue Zones matched the funds.	Juliet Palenshus

		<p>There is no local coordination for the project, a team was sent from the Oregon Blue Zones to bring in public input and look to see who we are missing from the public that would be crucial moving forward with the projects.</p> <p>This was partly due to the shooting at UCC in an effort to change the culture that we have locally. The Blue Zones project chose three communities to focus on instead of the usual one per cycle.</p> <p>History of Blue Zones: Based on the longevity of other cultures around the world; patterns that they had in common that could be applied to other communities. One aspect is the aspect of movement in our everyday lives (out of nine). A sense of purpose, a healthy diet, etc. There are 30 areas in the country implementing Blue Zones. It is a community led initiative.</p> <p>There are several volunteer positions available for the Steering Committee. (The committees are not currently up and running until there are more on the committee).</p> <p>The first Gallop poll should be implemented in the next three months (phone).</p> <p>The Discovery team will be getting together to decide what part of the power nine and how we are going to implement it in our community and how it will fit into our culture.</p> <p>It's a three year commitment and after that point it is up to the community to continue.</p>	
5.	6:15	<p>Transformation Plan Last Draft</p> <p>Presented to the CAC, and if anyone is interested in the Care Management team to contact Jennifer.</p>	Jennifer Redshaw
6.	6:25	<p>Executive Session</p> <p>Four CHIP projects were presented to the CAC. Health Promotion Disease Prevention through ACE science and Trauma Informed Care project will be recommended for the requested funding through the UHA Board.</p>	Melanie Prummer
7.	7:31	<p>Adjourn</p>	Melanie Prummer