

Provider Newsletter December 2017

Clinical Corner



OHP Prioritized List Top 10

With a tip of the hat to David Letterman, we have looked at the newly announced OHP Prioritized List for January 1, 2018 (located [here](#)) and have devised a TOP 10 List for Umpqua Health Alliance providers highlighting changes or unappreciated nuances already in the Oregon Medicaid system.

10. Smoking cessation applies to almost ALL surgeries

Ancillary Guideline Note (GN) #A4 requires smokers to be abstinent for four weeks prior to elective procedures. Documentation required: urine test negative for cotinine (complete abstinence) or anabasine/anatabine (if using nicotine replacement therapy or vaping). Some surgeries require six months abstinence (GN#8).

9. Back and Spine Pain: NO & YES

NO to opioid Rx coverage. This doesn't mean you should still prescribe them and have the patient pay out of pocket! NO to MRI imaging when findings are not going to change the management. YES to medical therapies including chiropracture, acupuncture, and physical therapy up to 30 visits/year in conjunction with CBT and therapeutic exercise. All require a Prior Authorization form a PCP. See GN #56.

8. DX must fit a funded line: CPT must pair

Be sure your PA request has a DX that maps to a funded line (#1-470) AND the CPT code pairs with the DX on this line. Click [here](#) for look-up tools, or call us to schedule a one on one training for your staff if needed.

7. Glucose Test Strip coverage follows CMS rules

This means 100/90 days (QD testing) for Type 2 diabetes, unless prescribing multiple short acting insulin. For Type 1 and gestational diabetes, 100/30 days (TID testing). PA is required for higher frequency of testing and needs documentation of rationale/utilization to match the Rx.

6. Expanded coverage for CGM in T1DM

Continuous glucose monitors (CGM) are transforming the treatment of well-motivated Type 1 diabetics, along with insulin pump therapy, with the artificial pancreas device on the horizon. The OHP has expanded coverage of CGM; see GN #108.

5. Addition of a number of appropriate codes and Dx/CPT pairs

These new additions emphasize appropriate surgical procedures that are now covered, hopefully reducing some frustrations in the care of our members.

4. New Line #500: CONDITIONS FOR WHICH INTERVENTIONS RESULT IN MARGINAL CLINICAL BENEFIT OR LOW COST EFFECTIVENESS

This includes drugs, procedures, tests and therapies that are listed in GN #172.

3. New Line #660: CONDITIONS FOR WHICH CERTAIN INTERVENTIONS ARE UNPROVEN, HAVE NO CLINICALLY IMPORTANT BENEFIT OR HAVE HARMS THAT OUTWEIGH BENEFITS

This includes drugs, procedures, tests and therapies that are listed in GN #173.

2. Though we moved the PA process over to CIM, you can avoid extra work by submitting your PAs electronically and just reference the office notes, imaging, etc. in the Centricity EMR that support the request and avoid scanning or faxing.

We will look at the notes you define for support of your PA request.

1. Treatment for Hepatitis C has been expanded to patients with Fibrosis 2 or greater: use simple blood test (FibroSure®) to determine fibrosis staging, no need for biopsy or trip to Portland for FibroScan®.

More of our patients can be treated! See GN #76.



Transitional Care Clinic

Patients recently discharged from the hospital need timely follow up, but sometimes your busy schedule makes that difficult. The Umpqua Health Transitional Care Clinic is here to help!

Our team can see your recently discharged patients when they can't get in to see you. To learn more about our team or what services our Transitional Care Clinic offers, click [here](#).



Connect the Dots Now Open in Roseburg

Connect the Dots Pediatric Therapy is excited to announce the opening of its new location in Douglas County. The private outpatient clinic opened its doors in early November and serves children ages 0-18 years, offering occupational and speech therapies. The clinic is located at 1000 SE Stephens Street in Roseburg.

Connect the Dots began in Eugene, OR, in 2013 with a small staff and have since grown in both numbers and services provided. Therapists use play-based therapy to address a wide range of diagnoses and goals, and tailor each treatment to the child's unique needs and strengths.

Through parent education, a home exercise program and skilled therapists, kids can gain the necessary skills to fully participate in daily activities like self-care, school and play.

Connect the Dots accepts Umpqua Health Alliance patients, as well as most commercial insurances and offers private pay options. If you have questions about services, you can reach the clinic at (541) 900-1418. Connect the Dots is thrilled to have its Roseburg clinic in full-swing and looks forward to continuing to serve children and their families in Douglas County.

Thank you!

Umpqua Health Alliance's Population Health Team would like to thank the providers and their staff for all their hard work and efforts in attempts to meeting the 2017 incentive metrics. It is appreciated that you have worked hard to improve care for your patients in such a cooperative manner!



Our team looks forward to continue working with all the providers in 2018. As UHA receives updated 2018 metric documents from OHA, we will share that information after the beginning of the year.

Best wishes,

Ruth Galster

Debbie Standridge



Community Advisory Council meetings

As we move into 2018, UHA's Community Advisory Council has chosen to continue holding its meetings in public. Everyone is welcome to attend! The meetings are held the second Thursday of every month, from 5:30 to 7 p.m. at 621 W. Madrone Street in Roseburg. If you have any questions about the CAC, please contact [Kat Cooper](#).

PCP Allocation Discrepancies in Inteligenz

PCP Allocation will have discrepancies until approximately the end of January due to the PH Tech Transition. The PCP report cards will not be delivered until these discrepancies have been resolved. If you have questions, please contact [Debbie Standridge](#) in Population Health at (541) 464-6270.

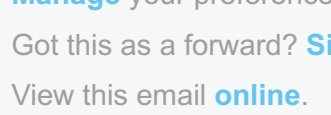


Happy Holidays!

As 2017 comes to a close, we want to take the time to thank you for all that you've done to improve the health of Douglas County this year. Through your work, we've been able to move the needle on health care in our community. We look forward to working with you to continue our efforts in 2018. Have a wonderful holiday season!

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