



FOR IMMEDIATE RELEASE

South Lane Mental Health Partners with Umpqua Health Alliance to Provide Behavioral Health Services for North Douglas County Residents

(July 12, 2017) Roseburg, Oregon — North Douglas County residents on the Oregon Health Plan can now access a broad array of mental health services under a new partnership between Cottage Grove based South Lane Mental Health and Umpqua Health Alliance.

"We're excited to partner with South Lane Mental Health to provide Umpqua Health Alliance members in north Douglas County greater access to a comprehensive collection of behavioral health services," said Sue Goldberg, vice president of network and business development at Umpqua Health. "This partnership expands behavioral health services in the rural areas of Douglas County and gives Umpqua Health an opportunity to align with an organization that's been successfully serving rural communities for close to 30 years."

Umpqua Health has focused on building its behavioral health services footprint for the past two years, during which time it has increased its number of contracted behavioral health providers by 38 percent in an effort to ensure services are available to all Umpqua Health Alliance members who require them, including those living in underserved rural areas of Douglas County.

In South Lane Mental Health, Umpqua Health is collaborating with an organization that offers comprehensive services that include:

- Individual, family and child counseling
- Medication assessment, management and monitoring
- Substance use recovery services
- Referrals

"We have long considered north Douglas County part of our community but haven't always been able to offer services for folks in that area," said Tom Wheeler, South Lane Mental Health's executive director. "So we are really pleased to join with Umpqua Health. Our partnership makes it possible for residents of rural towns like Drain and Yoncalla to access services without having to travel all the way to Roseburg."

About Umpqua Health

Umpqua Health is the parent company of Umpqua Health Alliance, one of 16 Oregon coordinated care organizations serving the Oregon Health Plan. The focus of the Roseburg-based company and its subsidiaries is on expanding access, improving care, and reducing unnecessary costs across the clinical space for more than 26,000 Douglas County residents on the Oregon Health Plan and close to 10,000 more individuals with Medicare, private insurance or Exchange coverage. For more information, visit www.umpquahealth.com.

About South Lane Mental Health

South Lane Mental Health is a Cottage Grove-based non-profit with a mission to restore hope and renew lives through compassionate services, support, and advocacy. The organization was established in 1988 and provides counseling, crisis response, substance use recovery services, and case and medication management for more than 2,600 Cottage Grove area adults and children each year. South Lane Mental Health also provides housing and support for adults with persistent mental illness so they can live as independently as possible in the community. To learn more about South Lane Mental Health, visit www.slmh.org or call (541) 942-3939.

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