



Preventing Opioid Harms in Older Adults

Innovative Training and Resources Now Available for Oregon Clinics

HealthInsight Oregon is inviting rural Oregon practices to participate in an opioid safety initiative funded by Medicare. The aim is to provide primary care clinics with effective resources to improve pain treatment and opioid safety for patients age 55+.

The initiative is free of charge and will provide monthly video trainings and other online resources to spread effective pain management techniques and strategies.

Learning objectives across topics

1. Define, measure, and communicate “success” in persistent pain management
2. Establish realistic expectations for pain management best practice strategies and treatments
3. Identify opioid side effects and overdose risk factors for older adults.
4. Determine appropriate options to establish and maintain an opioid taper, based on patient history and level of physical dependence.

Earn 6 AMA PRA Category 1 Credits™

- Oregon Health & Science University School of Medicine designates this live activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Gain 24/7 access to in-depth, evidence-based resources, including guidelines, data and pain management strategies for patient care



See the reverse side to learn more about the RELIEF+ training and expert faculty!

Join Us!

<https://ReliefPlus.HealthInsight.org>

Recommended participants

- › Physicians, nurse practitioners, physician assistants, behavioral health providers, care coordinators, practice administrators

Key elements of RELIEF+

- Video trainings featuring experts on national and local guidelines and best practices
- Printable screening tools
- Other online resources, including publicly available data and additional pain training tools
- User forum for exchange of ideas and insights among peers

Core training topics:

- Communicating for opioid safety and pain management
- Nonpharmacological strategies for chronic pain management
- Best practices for opioid safety: prescribing and screening
- Screening for and addressing opioid use disorder

This material was prepared by HealthInsight, the Medicare Quality Innovation Network-Quality Improvement Organization for Nevada, New Mexico, Oregon and Utah, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. 11SOW-OSSIP-17-03-OR 12/18/17

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of OHSU School of Medicine and HealthInsight. The OHSU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.



About RELIEF+

HealthInsight developed Resources Encouraging Lifestyle Interventions and Enhanced treatment for 55+ (known as RELIEF+) as a toolkit to support primary care clinicians in non-opioid alternatives for pain management.

Training activities

- › Register online for the RELIEF+ training program
- › Watch a 20-minute training video each month
- › Take a pre/post quiz
- › Use recommended online resources to improve your clinic processes

Contact us

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Learn about pain management and opioid safety from local and national experts:



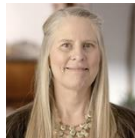
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