



# UMPQUA HEALTH

## NEWTON CREEK

3031 NE Stephens  
Roseburg, OR 97470  
Phone: 541-229-7038  
Fax: 541-464-4474

### Welcome to our Practice

We have found it much easier for our patients to complete the enclosed forms in the comfort of their own home. If you run across a question that you have trouble answering, just leave it blank. Our staff will assist you in completing this at the time of your appointment.

The enclosed **Records Releases must be returned before your scheduled appointment**, when possible. This enables us to obtain and review records prior to your scheduled appointment. We will need the full name and phone/fax number of your last medical provider to obtain these prior records.

Items to bring to your appointment:

- Forms included in this packet
- Your updated and current health insurance cards
- All medications/vitamins/supplements that you are taking. Simply **put all of your pill bottles in a sack and bring them into your appointment.**

Your appointment is with:

- Dr. Ricardo Zegarra, MD
- Tasha Rutledge, PNP
- Dr. Leigh Anne Bressler, DO
- Jenna Manson, FNP
- Candice Voynick, LCSW
- Lily Smolinski, FNP

On \_\_\_\_\_ at \_\_\_\_\_  
(Date) (Time)

*If you are unable to keep this appointment for any reason, please contact our office 24 hours in advance.*

*We will contact you two days prior to your appointment to confirm the appointment. If we leave a message or are unable to contact you, we will make a second attempt the day prior. If we are unable to confirm, the appointment will be cancelled.*



# UMPQUA HEALTH

## NEWTON CREEK

### PATIENT INFORMATION FORM

#### **PATIENT INFORMATION**

Patient's Name \_\_\_\_\_  Male  Female  
Last First Middle Int.

Mailing Address \_\_\_\_\_  
Box/Street City State Zip

Street Address \_\_\_\_\_  
Box/Street City State Zip

Date of Birth \_\_\_\_\_ SS# \_\_\_\_\_ Marital Status: S / M / D / W / Other

E-mail: \_\_\_\_\_

Race: White / Hispanic / American Indian or Alaska Native / Asian / Black or African American / Native Hawaiian or Other Pacific Islander

Ethnicity: Hispanic or Latino / Not Hispanic or Latino Preferred Language \_\_\_\_\_

Home Phone \_\_\_\_\_ Message Contact \_\_\_\_\_ Phone \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

#### **RESPONSIBLE PARTY for the patient**

Please circle one: Self / Spouse / Parent / Stepparent / Legal Guardian / Power of Attorney / In-law \_\_\_\_

Name \_\_\_\_\_ Responsible Party's Phone \_\_\_\_\_

Mailing Address \_\_\_\_\_  
Box/Street City State Zip

Employer \_\_\_\_\_ Work Phone \_\_\_\_\_ Ext \_\_\_\_\_

Additional Guardian Information \_\_\_\_\_ Cell Phone \_\_\_\_\_

#### **OTHER RESPONSIBLE PARTY for the patient**

Please circle one: Self / Spouse / Parent / Stepparent / Legal Guardian / Power of Attorney / In-law \_\_\_\_

Name \_\_\_\_\_ Responsible Party's Phone \_\_\_\_\_

Mailing Address \_\_\_\_\_  
Box/Street City State Zip

Employer \_\_\_\_\_ Work Phone \_\_\_\_\_ Ext \_\_\_\_\_

Additional Guardian Information \_\_\_\_\_ Cell Phone \_\_\_\_\_



# UMPQUA HEALTH

## NEWTON CREEK

### PATIENT INFORMATION FORM

#### **PRIMARY INSURANCE for the patient**

Please circle one: Self / Spouse / Parent / Stepparent / Legal Guardian / Power of Attorney / In-law \_\_\_\_\_

Insured / Employee's Name \_\_\_\_\_  
Last First Middle Int.

Insurance Name \_\_\_\_\_ Group Name / Employer \_\_\_\_\_

Group # \_\_\_\_\_ Policy ID# \_\_\_\_\_ Effective Date \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's SS# \_\_\_\_\_

#### **SECONDARY INSURANCE for the patient**

Please circle one: Self / Spouse / Parent / Stepparent / Legal Guardian / Power of Attorney / In-law \_\_\_\_\_

Insured / Employee's Name \_\_\_\_\_  
Last First Middle Int.

Insurance Name \_\_\_\_\_ Group Name / Employer \_\_\_\_\_

Group # \_\_\_\_\_ Policy ID# \_\_\_\_\_ Effective Date \_\_\_\_\_

Insured's Date of Birth \_\_\_\_\_ Insured's SS# \_\_\_\_\_

#### **THIRD PARTY PAYOR**

Please circle one: Auto / Worker's Comp / Home Owner's Policy / Other \_\_\_\_\_

Date of Injury \_\_\_\_\_ Place of Injury \_\_\_\_\_ Claim# \_\_\_\_\_

Insurance Company \_\_\_\_\_ Employer / Owner \_\_\_\_\_

Insurance Phone \_\_\_\_\_ Claim Representative \_\_\_\_\_



# UMPQUA HEALTH NEWTON CREEK

## PATIENT INFORMATION FORM

### **ADDITIONAL INFORMATION**

Please provide a list of all the parties we may speak with or leave a message with regarding the patient's medical care, appointment scheduling, or payment information.

Name	Relationship	Phone
Name	Relationship	Phone
Name	Relationship	Phone
Name	Relationship	Phone

May we leave a message on your answering machine, if so at what phone number?  Yes  No

Phone number: \_\_\_\_\_

May we contact you at work?  Yes  No

### **The undersigned patient or individual acting on the behalf of the patient agrees as follows:**

1. Authority is granted to Umpqua Health – Newton Creek to render needed treatment to the above named patient.
2. I authorize Umpqua Health – Newton Creek to release information regarding my treatment to my insurance company for billing purposes.
3. I authorize payment of medical benefits to Umpqua Health – Newton Creek for services rendered.
4. I understand that I am responsible for all charges incurred through Umpqua Health – Newton Creek.
5. Authorization Period:  One year OR  Lifetime

I request that payment under the medical insurance program be made to the provider named above on any bills for services furnished me during the effective period of this authorization and I authorize the above named provider to release to the Social Security Administration any information needed for this claim or any related Medicare claim. I further permit a copy of this authorization to be used in place of the original. If this becomes necessary to effect Collection of my account the undersigned agrees to pay for all costs and expenses, including reasonable attorney fees and court costs.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_



## **Cancellation and Missed Appointment Agreement**

Umpqua Health Newton Creek strives to provide each patient with quality personal attention and the best care possible. Patients who cannot make an appointment should call and cancel at least 24 hours in advance. This opens appointments for other patients needing prompt medical care. Whenever one patient “no shows”, another sick patient cannot be seen in his/her place.

As a courtesy, Umpqua Health Newton Creek confirms each appointment two days in advance.

***However, it is the patient’s responsibility to make or cancel appointments and to ensure current insurance information, mailing addresses and phone numbers are provided.***

After two “no show” appointments or cancelled appointments without 24 hour notice, patients will no longer be able to schedule appointments. Patients will be on a work in basis and will be worked into the provider’s schedule if time allows. Patients may also be considered for discharge from the practice.

My signature below represents that I have read, understand, and agree to the terms of the Cancellation and Missed Appointment Policy.

---

Patient’s Printed Name

---

Patients, Parent, or Guardian Signature

---

Date

3031 NE Stephens St, Roseburg Or 97470  
Phone: 541-229-7038  
Fax: 541-464-4474



**ACKNOWLEDGMENT AND CONSENT**

I understand that Umpqua Health- Newton Creek, referred to below as (“This Practice”) will use and disclose health information about me.

I understand that my health information may include information both created and received by the practice, may be in the form of written or electronic records or spoken words, and may include information about my health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, and similar types of health-related information.

I understand and agree that This Practice may use and disclose my health information in order to:

- make decisions about and plan for my care and treatment;
- refer to, consult with, coordinate among, and manage along with other health care providers for my care and treatment;
- determine my eligibility for health plan or insurance coverage, and submit bills, claims and other related information to insurance companies or others who may be responsible to pay for some or all of my health care; and
- perform various office, administrative and business functions that support my physician’s efforts to provide me with, arrange and be reimbursed for quality, cost-effective health care.

I also understand that I have the right to receive and review a written description of how This Practice will handle health information about me. This written description is known as a Notice of Privacy Practices and describes the uses and disclosures of health information made and the information practices followed by the employees, staff and other office personnel of This Practice, and my rights regarding my health information.

I understand that the Notice of Privacy Practices may be revised from time to time, and that I am entitled to receive a copy of any revised Notice of Privacy Practices. I also understand that a copy or a summary of the most current version of This Practice’s Notice of Privacy Practices in effect will be posted in the waiting/reception area.

I understand that I have the right to ask that some or all of my health information not be used or disclosed in the manner described in the Notice of Privacy Practices, and I understand that This Practice is not required by law to agree to such requests.

**By signing below, I agree that I have reviewed and understand the information above and that I have received a copy of the Notice of Privacy Practices.**

By: _____ (Patient)	Date: _____
Patient’s printed name _____	

By: _____ (Patient representative)	Date: _____
Description of Representative’s Authority: _____	

**New Patient History Form**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M or F Marital Status: M S W D O

Chief Complaint: \_\_\_\_\_

List Current Medications (include OTC):

List Current Allergies:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

**Family History:**

Father:  Alive  Deceased  
Cause of Death \_\_\_\_\_

Mother:  Alive  Deceased  
Cause of Death \_\_\_\_\_

Siblings Total # \_\_\_\_\_ #Alive \_\_\_\_\_ #Deceased \_\_\_\_\_

Cause of Death : \_\_\_\_\_

Cause of Death : \_\_\_\_\_

Cause of Death : \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Do you have a family history of:

Heart Disease Yes or No

High Blood Pressure Yes or No

Diabetes Yes or No

Stroke Yes or No

Cancer Yes or No

Site \_\_\_\_\_

Thyroid Disease Yes or No

Other Disease Yes or No

Depression/Anxiety Yes or No

**Review of your Body Systems:**

Do you have now or have you ever had any of the following?

	YES	NO	Please Explain
Ulcers	____	____	_____
Colitis	____	____	_____
Rectal Bleeding	____	____	_____
Change in Bowel Habits	____	____	_____
Black Tarry Stools	____	____	_____
Heart Disease	____	____	_____
High Blood Pressure	____	____	_____
Chest Pain	____	____	_____
Cough Blood	____	____	_____
Shortness of Breath	____	____	_____
Thyroid Disease	____	____	_____
Lung Disease	____	____	_____
Cancer	____	____	Site: _____
Asthma or Emphysema	____	____	_____
Hepatitis	____	____	_____
Gallbladder Disease	____	____	_____
Venereal Disease	____	____	_____
Kidney Stones	____	____	_____
Blood in Urine	____	____	_____

# New Patient History Form

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Epilepsy/ Seizures	_____	_____	_____
Swollen or Painful Joints	_____	_____	_____
Arthritis	_____	_____	_____
Nervous Disorder	_____	_____	_____
Depression/Anxiety	_____	_____	_____
Diabetes	_____	_____	_____
Stroke	_____	_____	_____
Headache/Migraines	_____	_____	_____
Back Disorder	_____	_____	_____
Blood Disease or Anemia	_____	_____	_____

**Hospitalizations:**

Illness _____	Year _____	Hospital _____
Illness _____	Year _____	Hospital _____
Illness _____	Year _____	Hospital _____
Surgery _____	Year _____	Hospital _____
Surgery _____	Year _____	Hospital _____
Surgery _____	Year _____	Hospital _____

**Your Children:** Number living \_\_\_\_\_ Number Deceased \_\_\_\_\_

List any serious diseases in your children: \_\_\_\_\_

**Your Personal Habits**

	YES	NO	Please explain
Regularly exercise (3 or 4 times/wk)	_____	_____	_____
Wear Auto Seat belts (90% of time)	_____	_____	_____
Use Illegal Drugs	_____	_____	_____
Medical Marijuana Cardholder	_____	_____	_____
Use Alcohol	_____	_____	_____
Were you ever a heavy drinker?	_____	_____	_____
Use Tobacco	_____	_____	_____

Religious Preference: \_\_\_\_\_

Advance Directives: Yes or No      POLST? Yes or No

**Women Only**-----

Menstrual Period      Age at onset \_\_\_\_\_      Date of last period \_\_\_\_\_  
 Regular     Irregular     Difficulty with periods

Number of Pregnancies: \_\_\_\_\_ No. of live births: \_\_\_\_\_

C-Sections \_\_\_\_\_ Miscarriages \_\_\_\_\_ Stillborns \_\_\_\_\_ Premature \_\_\_\_\_

Describe any complications \_\_\_\_\_







**AUTHORIZATION TO USE AND/OR DISCLOSE PROTECTED HEALTH INFORMATION**

I understand that the information used or disclosed pursuant to this authorization may be subject to redisclosure and may no longer be protected under federal and state law. However, I also understand that federal or state law may restrict redisclosure of HIV-positive test results and HIV diagnosis, other sexually transmitted disease information, specially protected mental health information, genetic testing information, and drug/alcohol diagnosis treatment or referral information.

I understand that I may refuse to sign this authorization and that my refusal to sign will not affect my ability to obtain health care services or reimbursement for services unless authorization is required to bill my insurance company. The only circumstance when refusal to sign means I will not receive health care services is if the health care services are solely for the purpose of providing health information to someone else, and the authorization is necessary to make that disclosure. My refusal to sign this authorization will not adversely affect my enrollment in a health plan or eligibility for health benefits unless the authorized information is necessary to determine if I am eligible to enroll in the health plan.

I understand that I may revoke this authorization in writing at any time, except to the extent that action has been taken in reliance upon this authorization. Revocation shall be sent to \_\_\_\_\_ (contact person) at \_\_\_\_\_ (address), identifying you by name and by birth date or patient identification number, and stating that you are revoking this authorization.

If I revoke my authorization, the information described above may no longer be used or disclosed for the purposes described in this authorization. Unless revoked earlier, this authorization will expire one year from the date of signing on \_\_\_\_\_, or as otherwise identified here: \_\_\_\_\_.

\_\_\_\_\_  
**Signature** of Patient\*\* or Patient’s Legal Representative\*\*\*

\_\_\_\_\_  
Date

\_\_\_\_\_  
**Print** Name of Legal Representative (if applicable)

\_\_\_\_\_  
Relationship to Patient

\*\*Patients of the following ages must sign this form to release their PHI to any person or facility, except when release to a parent or guardian is permitted by law or regulation:  
14 years of age and above: All medical conditions (Washington); mental health and chemical dependency (Oregon)  
15 years of age and above: All other medical conditions (Oregon)

\*\*\*If you are not the patient’s parent, please attach documentation of your authority.

Legal Representative’s authority to act as Representative verified

Patient’s or Legal Representative’s Personal Identification Verified

Records Copied by: \_\_\_\_\_

**Instructions for completion of**  
**“Authorization To Use And/Or Disclose Protected Health Information”**

If you are requesting information to be released to someone other than yourself, complete all sections of this form as directed.

1. Print the name and address of the health care provider, clinic or hospital that is to release information.
2. Print the name and address of the person or entity that is to receive your information, under “To use/disclose medical information to.”
3. Print the full name of the patient, including middle initial in “Patient Name” box.
4. Identify the date(s) of service of the health care information you would like released.
5. Identify the reason for the requested release in the “Purpose” box.
6. Print the patient’s social security number (optional).
7. Print the patient’s Date of Birth.
8. Print other names used by the patient.
9. Include the patient’s or personal representative’s phone number.
10. Initial in the space provided for each type of medical record/information you wish to disclose to the recipient. Initial next to any specially protected records that you would like disclosed (Specially protected information is identified with an asterisk).
11. Fill in an expiration date or event. An example of an event is, “while I am receiving services at this facility.” If left blank, authorization will expire one year from the date of signing the form.
12. Sign your name if you are the patient or the patient’s legal representative on the “Signature” line.
13. Indicate the date you are signing the form.
14. Print the patient’s name or name of legal representative if applicable.
15. Write your relationship to the patient if you are not the patient.
16. Retain a copy of the authorization for yourself.

If you are the legal representative for the patient please attach a copy of the Power of Attorney, Death Certificate or Probate form.



Effective Date: November 13, 2017

## NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

*If you have any questions about this notice, please contact our Privacy Officer at 541-229-7035.*

We understand that your health information is personal, and we take the privacy of our patients and others we serve very seriously. The law requires us to (1) protect the privacy of the health information we create or receive; (2) provide you with this notice describing how we may use and share your health information; and (3) follow the terms of this notice.

This notice applies to health care providers affiliated with Umpqua Health, LLC, including **Umpqua Health - Harvard, LLC, Umpqua Health Newton Creek, LLC, Umpqua Health Transitional Care, LLC** and all of their employees, volunteers, and service providers, including clinicians, who have access to the health information we have received while caring for you.

### **A. Use and Disclosure of Health Information Without Your Permission.**

We may use or share your health information without your permission in the following circumstances:

1. *Treatment.* We may use your health information to provide you with health care services and to coordinate and manage your care. We may share your health information with doctors, nurses, technicians, and others involved in your care, including third parties such as hospitals, pharmacies, or home health agencies.

*Example: A doctor treating your injury may need to review your medical history to know if you have other health conditions that may complicate your treatment. The doctor may also share your treatment plan with a physical therapist involved in your care.*

2. *Payment.* We may use and share your health information so that we, or others, may bill and be paid by you, your insurance company, or a third party for the health care services provided to you. We may also tell your health plan about a treatment you are going to receive, to obtain your plan's prior approval or learn if your plan will pay for the treatment.

*Example: We may provide information to your health plan about the services we provided to treat your injury, so that the health plan will pay us or reimburse you for those services.*

3. *Operations.* We may use and share your health information to run the necessary administrative, educational, quality assurance, and business functions at our clinics.

*Example: We may use your health information to evaluate the performance of our staff in caring for you or to help us determine what additional services we should offer and how we can improve efficiency or quality of care.*

4. *Information Exchange.* We utilize an electronic health record system that is maintained by an Umpqua Health affiliate and is shared by multiple health care providers and organizations in the Douglas County community. We also participate in a health information exchange managed by Mercy Medical Center that permits health care providers to electronically exchange health information. Your health information may be shared with other providers and organizations when necessary and as appropriate for our and their treatment, payment, and health care operations purposes.

5. *Organized Health Care Arrangement.* We participate in a clinically integrated network that engages in certain health care quality and efficiency initiatives and is supported by ACE Network, LLC. Participants of the clinically integrated network have formed an organized health care arrangement (“OHCA”). As our business associate, ACE Network, LLC facilitates information sharing among the OHCA participants in furtherance of the OHCA’s health care quality and efficiency-related activities. Your health information may be shared by ACE Network, LLC with other OHCA participants.

6. *Appointment Reminders.* We may use and share your health information to contact you as a reminder that you have an upcoming appointment for treatment or related services.

7. *Treatment Alternatives and Related Services.* We may use and share your health information to tell you about or recommend possible treatment options, alternatives, or health and related benefits or services that may be of interest to you.

8. *Public Health.* We may share your health information for public health activities, such as preventing or controlling disease, injury, or disability; reporting births, deaths, suspected abuse or neglect, domestic violence, or non-accidental physical injuries; reporting reactions to medications or problems with products; and helping with product recalls.

9. *Health Oversight.* We may share your health information with health oversight agencies for activities authorized by law, such as audits and investigations.

10. *Legal Proceedings.* We may share your health information in response to any court order, administrative order, or subpoena that requires us to share your information, if certain requirements are met.

11. *Law Enforcement.* We may share your health information with law enforcement officials, as appropriate, to report a crime or assist in the investigation of a crime.

12. *Public Safety.* We may share your health information to prevent a serious threat to anyone’s health or safety.

13. *Employment.* We may share your health information with employers, insurers, and others to comply with laws related to workers’ compensation and employment safety.

14. *Organ Donation.* We may share your health information with organ procurement organizations or organ donation banks to facilitate organ, eye, or tissue donation or transplantation.

15. *Death.* We may share your health information with coroners, medical examiners, or funeral directors if you die.

16. *Research.* We may use or share your health information for research purposes under certain limited circumstances.

17. *Special Circumstances.* We may share your health information for specific government functions, such as national security, military activities, the operation of correctional facilities, and government benefit programs.

18. *Required by Law.* We will share your health information as required by federal, state, or local laws.

#### **B. Disclosure of Health Information to Family and Friends.**

1. We may share your health information with your family, close friends, or others involved in your care or the payment of your care if you tell us we can do so or if we can assume, based on the circumstances and our professional judgment, that you do not object. If you are unable to approve or object (for example, if you are unavailable or unconscious), we may share your health information that is related to the particular person's involvement in your care only if we feel it is in your best interest.

2. We may also share your health information to notify, or assist in notifying, your family, close friends, or others involved in your care of your location or general condition. For example, in a natural disaster or other emergency, we may share your health information with a disaster relief organization to assist in notifying your family of your location and general condition.

#### **C. Use and Disclosure of Health Information for Fundraising Activities.**

We may use and share a limited amount of your health information to contact you in connection with fundraising efforts. Any fundraising communications you receive from us will include information about how you can elect not to receive any further fundraising communications.

#### **D. Use and Disclosure of Your Health Information Requiring Written Permission.**

Other than for the purposes described above in Sections A-C, we will not use or share your health information for any purpose unless you give us specific written permission to do so. Special circumstances that require your written permission include:

1. *Psychotherapy Notes.* In most cases, we may not share your psychotherapy notes without your written permission.
2. *HIV Test Results.* In certain circumstances, disclosure of your test results for human immunodeficiency virus (HIV) requires your written permission.
3. *Sale of Health Information.* We will not sell your health information without your written permission.
4. *Marketing.* We will not use or share your health information for marketing purposes that encourage you to buy a product or service, unless we have your written permission.

If you provide written permission, you can revoke it at any time by contacting the Privacy Officer in writing. If you revoke your permission, we will no longer use or disclose your health information as allowed by the written permission, except to the extent we have already relied on it.

#### **E. Your Rights Regarding Your Health Information.**

You have the following rights with respect to your health information. If you want to exercise these rights, you must do so in writing by completing a form you can obtain from the Umpqua Health Compliance & Privacy Office. In some cases, we may charge you for the costs of providing materials to

you. You can get more information about how to exercise your rights and any costs that we may charge for materials by contacting the Umpqua Health Compliance & Privacy Office.

1. *Request Restrictions.* You can ask us to limit how we use or share your health information for treatment, payment, or our operations. We are not required to say “yes” to your request, and we may say “no” if it would affect your care.

If you or someone else, other than your health plan, pays for a procedure, service, or test out-of-pocket and in full, you can ask that we not share that information with your insurer for payment or health care operations purposes. We will say “yes” to your request, unless the law requires us to share that information.

2. *Access.* You can ask to see or get an electronic or paper copy of your medical record and other health information. We will provide you with a copy or summary of your health information, usually within 30 days of your request. We may say “no” to your request in certain circumstances, but if we do, you may ask that the decision be reviewed.

3. *Amend.* If you believe your health information is incorrect or incomplete, you can ask us to correct the information. We may deny your request in certain circumstances, but we will tell you why in writing, usually within 60 days of your request.

4. *Accounting of Disclosures.* You can ask us for a list of when we shared your health information, who we shared it with, and why. We will include all disclosures except:

- Disclosures made for treatment, payment, and our operations;
- Certain other disclosures, such as disclosures made to you or made with your permission; and
- Disclosures made more than six years before your request.

5. *Confidential Communications.* You can ask us to contact you in a certain way or at a certain location. For example, you may ask us to contact you at work or by mail. We will consider all reasonable requests, and must say “yes” if you tell us you would be in danger if we do not.

6. *Notice of Privacy Practices.* You can ask for a paper copy of this notice, even if you agreed to receive this notice electronically.

7. *Notice of Breach.* We must provide you with written notice if we discover a breach that may have compromised the privacy or security of your unsecured health information.

## **F. Changes to This Notice.**

We can change the terms of this notice, and the terms will apply to all health information we already have about you, as well as any information we receive in the future. The new notice will be available on our website, in our clinics, and upon request.

## **G. Questions or Complaints.**

If you have any questions about this notice or believe your privacy rights have been violated, please contact our Privacy Officer at 541-229-7035 or [compliance@umpquahealth.com](mailto:compliance@umpquahealth.com).

You may also file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by following the instructions at <https://www.hhs.gov/hipaa/filing-a-complaint>.

We will not penalize or retaliate against you for filing a complaint.