

NAMI's signature  
education program for  
Parents and caregivers of  
children and youth living  
with mental illness.



**NAMI Basics**

National Alliance on Mental Illness



## Your family experience can help change lives!

**A**re you the parent or caregiver of a child with mental health issues? Your lived experience can help support families and children in crisis!

Consider becoming a teacher for the NAMI Basics program in your local community. NAMI Basics is a 6-week course for parents and other caregivers of children and adolescents living with mental illness.

You can make a difference: teachers give families the support and strength they need to know they are not alone, and empower them to advocate for their children in school, in the mental health system, and elsewhere.

**Please consider volunteering to support this crucial program today!**

Join us at a free training for new teachers July 20 and 21, 2019, in Roseburg, Oregon. Lodging and travel expenses will be covered for those coming from outside the Roseburg area.

To read more about NAMI Basics, visit:  
**[www.nami.org/Find-Support/NAMI-Programs/NAMI-Basics](http://www.nami.org/Find-Support/NAMI-Programs/NAMI-Basics)**

The training application and schedule are available on the Trainings page of the NAMI Oregon website:  
**<https://namior.org/programs/for-program-leaders/trainings/>**

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