

Traditional Health Workers

Our Traditional Health Workers can help you know the benefits and limits of your health care. They can also get you help with other needs you may have. Here are a few of the things they can help you with:

- Rides to your doctor
- Finding a new doctor
- Help with food, housing, or money
- Getting Mental Health Services
- Finding medical equipment you need
- Talking with doctors, caseworkers, or other involved in your healthcare

These services are available to all UHA CCO members at NO cost. Call us at [\(541\) 229-4842](tel:5412294842) and ask to be connected to a Traditional Health Worker.