

**Registration is open!**

## **Patient-centered counseling virtual trainings** **(no-cost CMEs available\*)**

**Who:** Primary care, behavioral health and dental care providers; clinic staff; and traditional health workers serving Oregon Health Plan (Medicaid) members who want to learn and practice motivational interviewing and other patient-centered skills to support patients' health goals.

**What:** Dana Sturtevant, MS, RD, will lead full-day virtual trainings focused on motivational interviewing and other patient-centered counseling skills. The session will focus on increasing your confidence and skills to facilitate conversations with patients about sensitive topics. Examples will draw from tobacco use, diabetes management, adolescent immunization, well visits, and other priority topics related to CCO incentive metrics and COVID-19.

**When:** 9 a.m.–4 p.m. each day

- Wednesday, April 7
- Thursday, April 29
- Tuesday, May 18
- Thursday, June 10
- Tuesday, June 29

**Register here:**

<https://www.oregon.gov/oha/HPA/dsi-tc/Pages/Patient-Centered-Counseling.aspx>

**Questions:** Contact Laura Kreger at [Laura.E.Kreger@dhsosha.state.or.us](mailto:Laura.E.Kreger@dhsosha.state.or.us) or 503-487-7409.

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### **Feedback from previous participants:**

*This was the BEST motivational interviewing course I've been to and most applicable to practice.*

*My interactions with patients have become more relaxed and I have felt more fulfilled in my job — knowing what I can and can't control has done wonders on my feelings of burnout!*

*I learned so many new strategies and feel empowered to be a better educator/motivator.*

*It provided tools I could put to immediate use.*

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Hosted by the Oregon Health Authority Transformation Center

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Northwest Permanente, PC Department of Continuing Medical Education & Professional Development (NWP CME & PD) and Oregon Health Authority. NWP CME & PD is accredited by the Oregon Medical Association to provide continuing medical education for physicians.

**Credit designation:** NWP CME & PD designates this Live Activity for a maximum of 5.25 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\*CME is for any provider type that can apply American Medical Association PRA Category 1 credits. This training is not accredited as traditional health worker (THW) continuing education. THWs are still welcome to participate.