



Welcome to the Umpqua Health Alliance Provider Panel

### UHA Provider Orientation and Training Packet



# Trainings are required for providers and office staff

 Umpqua Health Alliance will require attestation as evidence that providers/staff understand and comply with training requirements.

•A training tracker tool has been developed and is available upon request. The training tracker is an optional resource to help keep track of the required training.

 In order to meet state reporting requirements, Provider Relations may request training documentation.

#### Provider Training Questions & Answers

UHA policies and training resources are available on the UHA website:

https://www.umpquahealth.co m/provider-trainings/

\* UHA Provider Orientation and Annual Refresher Training

\* UHA Required Provider Training/Annual Continuing Education

\* Additional Required Training for Behavioral Health Providers

#### Who is required to complete these trainings?



The UHA Provider Orientation and Annual Refresher Training (slides 9-23)

slide deck provide training on ten topics to better acquaint you with UHA's processes and policies. Providers and office staff are required to read these materials, first at onboarding, and then annually as a refresher by their employment anniversary date.

The **UHA Required Provider Training (slide 24-37)** slide deck contains nine subjects under the Cultural Responsiveness and Implicit Bias heading. These training requirements are set by the Oregon Health Authority and should be completed by providers and office staff.

The Additional Required Training for Behavioral Health Providers (Slides **38-39**) slide deck references three trainings that are required of Behavioral Health Providers. Since these subjects may have been required for certification or licensure, providing attestation of completion will satisfy this requirement.

\* Should any link on this slide not work please see the Live Link Resource Page.

# Training Q & A continued...



#### When should these trainings be completed?

The **UHA Provider Orientation and Annual Refresher Training** should be completed within the first 30 days of employment, and annually as a refresher by employment anniversary.

The nine subjects contained in the **UHA Required Provider Training** slide deck (Cultural Responsiveness and Implicit Bias) are broken down into nine subsets and are due within 1 year from date of hire.

#### Do we need to track or report staff trainings?

Each office is responsible to track their own trainings, which must be documented in a way that UHA can request and receive up-to-date data at any time. A tracking tool is available for your use and contains all the needed fields.

#### What if our office already requires some of these trainings?

An attestation will suffice for trainings that have been offered by your practice that are completed as an alternative. This only applies to the Cultural Responsiveness and Implicit Bias training subjects and the behavioral health specific training. The trainings must align with the components of a Cultural Competence curriculum set forth by OHA's Cultural Competency Continuing Education criteria listed on OHA's website located at:

https://www.oregon.gov/oha/OEI/Documents/OHA%20CCCE%20Criteria\_May201 9.pdf



# Provider Orientation and Training Materials



- Provider Orientation and Annual Refresher Training Slide Deck
- Provider Handbook
- Member Handbook
- Compliance Program
  - CO1 Fraud, Waste and Abuse
  - CO6 Compliance Training
  - CO21 External Risk Response Process
- Member Services Policies
  - MS1 Member Assignment and Reassignment
  - MS3 Member Rights
  - TPLR P&P Guidebook (F18 Third Party Liability Recovery)



## Training Materials Continued

- Clinical Engagement Policies
  - CE01 Grievances
  - CE03 Wraparound
  - CE15 Specialty Health Care Services
  - CE19 Substance use Disorder Services
  - CE20 Appeals and Hearings
  - CE21 Adverse Benefit Determinations
  - CE28 Transition of Care
  - MS1 Member Assignment and Reassignment
  - TC1 Transitional Care for Acute Care



### Provider Resources Overview

- UHA Website Provider Resources Page <u>https://www.umpquahealth.com/providers/</u>
- CIM Portal and Resources (Eligibility and Prior Authorizations)
- Provider Communications and Education
  - Provider Newsletter
  - Email blasts
  - Ongoing Educational Opportunities
- Provider Handbook
- Member Handbook
- Forms
  - UHA Website Provider Orientation and Refresher Trainings



### Provider Resources Overview

UHA Provider Network Staff

- Offers Provider Outreach
- Provides Education and Training
- Engages Providers in quality initiatives
- Provides Customer Service
- Builds and Maintains the Provider Network

The Provider Network can be reached by phone at 541-229-4782 or 541-229-7077, or by email at <u>UHNProviderServices@umpquahealth.com</u>

### **Training Topics**

Grievance, Appeals and Hearings

Compliance

Member Rights

**Transitions of Care** 

HIPAA

**TCC Services** 

**THW Services** 

TPLR

Wraparound Training

Child & Adolescent Needs & Strengths (only if providing screening)

Declaration for Mental Health Treatment



UHA Provider Orientation and Annual Refresher Training

#### Grievances, Appeals and Hearings

#### TRAINING REQUIREMENT

#### **Review UHA Policies:**

- CE01 Grievances
- CE20 Appeals and Hearings
- CE21 Adverse Benefit Determinations

#### Also see:

- Provider Handbook Section 9.7
- Member Handbook

See Section Complaints & Grievances/Appeals and Hearings







## Grievance, Appeals, and Hearings

#### **Member Appeals**

Umpqua Health Alliance (UHA) members have the right to appeal the decision of denied, stopped or reduced medical service their provider has requested us to cover.

The request must be made no more than 60 calendar days from the date on the Notice of Action Benefit Denial (NOABD) letter that was sent to both the requesting provider and the member at the time of the decision. Members can ask for an appeal by:

- Calling Member Services at 541-229-4842; or
- Write a letter and fill out an Appeal and Hearing Request, OHP form 3302, to 500 SE Cass Ave, Suite 200 Roseburg, OR 97470; or
- Request the provider to appeal this decision by having their office call Member Services to set up a Peer to Peer phone meeting with the UHA Medical Director.



## Grievance, Appeals, and Hearings

#### **Member Hearings**

After an appeal, the member can ask for a state fair hearing with an Oregon Administrative Law Judge. They will have 120 days from the date on the Notice of Appeal Resolution (NOAR) to ask the state for a hearing. To request a hearing, members can fax the Appeal and Hearing Request form to the State Hearings Unit at 503-945-6035.

#### **Member Grievances**

Members have the right to complain by filing a grievance with UHA by:

- Calling Member Services at 541-229-4842; or
- Writing a letter to 500 SE Cass Ave, Suite 200 Roseburg, OR 97470.

We must solve it and call or write the member within 5 workdays. If we can't solve it in 5 workdays, we will send a letter to explain why. If we need more time to address the complaint, we will send a letter within 5 workdays to explain why.



## Grievance, Appeals, and Hearings

#### **Provider Claim Appeals**

Providers may appeal claims decisions, where the Provider is being held financially responsible for charges, within one year (365 days) from the date of service, on the basis of the following issues:

- Provider payment methodology;
- Medical necessity denial (if no PA was required);
- Contract/benefit plan limitation.

Written appeals should be submitted to PH Tech, Attn: UHA Appeals, PO Box 5308 Salem, OR 97304. The Provider's appeal will be reviewed within sixty (60) calendar days of receipt by UHA or as required by law.

### Compliance

#### TRAINING REQUIREMENT

**Review UHA Policies:** 

- C01 Fraud, Waste and Abuse
- CO6 Compliance Training
- CO21 External Risk Response Process

Also see:

• Provider Handbook Section 10







### **Compliance Hotline**

Umpqua Health encourages its providers to report any potential illegal, unethical, or otherwise inappropriate conduct by any person or entity.

To file a report (can be anonymous):

- Call (844) 348-4702
- Submit a report online

Umpqua Health prohibits any retaliation of any kind against any person or entity who reports, or assists in the investigation of, any suspected or potential misconduct.

Note: If you know the name of the specific entity involved, please include that information in your report. After making your report, you will receive a report number that you may use to report additional information or inquire as to the status or resolution of your report. The company taking the report will pass on employment-related complaints to the Director of the Human Resources Department and all other complaints to the Chief Compliance Officer.

#### TRAINING REQUIREMENT

Review UHA policies:

- MS1 Member Assignment and Reassignment
- MS3 Member Rights

#### Also see:

- Provider Handbook
  - Section 8.2
- Member Handbook
  - See section OHP Member Rights and Responsibilities







- To be treated with dignity and respect.
- To be treated by providers the same as other people seeking health care benefits to which they are entitled.
- To select or change their PCP.
- To obtain behavioral health, chemical dependency, or family planning services without referral.
- To have a friend, family member, or advocate present during appointments and at other times as needed within clinical guidelines.
- To be actively involved in the development of their treatment plan.
- To receive information about their condition and covered and non-covered services, and to allow an informed decision about proposed treatment(s).
- To consent to treatment or refuse services and be told the consequences of that decision, except for court-ordered services.



- To receive written materials describing rights, responsibilities, benefits available, how to access services, and what to do in an emergency.
- To receive written materials explained in a manner which is understandable.
- To receive necessary and reasonable services to diagnose the presenting condition.
- To receive covered services under the OHP which meet generally accepted standards of practice and are medically appropriate.
- To obtain covered preventive services.
- To have access to care when they need it, 24 hours a day, 7 days a week.
- To have access to their own medical records, unless restricted by statute.
- To request changes to be made to their medical records.



- To transfer a copy of their medical records to another provider.
- To make a statement of wishes for treatment (Advance Directive) and obtain a Power of Attorney for health care.
- To know how to make a complaint, grievance or appeal and receive a response.
- To receive written notice before a denial, or change in, a benefit or service level is made, unless such notice is not required by Federal or State regulations.
- To request an "Administrative Hearing" with the DHS.
- To receive a notice of an appointment cancellation in a timely manner.
- To receive adequate OHA Notice of Privacy Practices (MSC 2090 (2/2014)).
- For problems that have not been resolved through OHP Client Services or other means, call the OHA Ombudsperson at 877.642.0450, TTY 711.

### Transition of Care (TOC)

#### TRAINING REQUIREMENT

#### Review UHA policy:

- CE03 Wraparound
- CE15 Specialty Health Care Services
- CE16 Intensive Care Coordination Services
- CE19 Substance Use Disorder Services
- CE28 Transition of Care
- MS1- Member Assignment and Reassignment
- TC1 Transitional Care for Acute Care





### Third Party Liability Recovery (TPLR)

#### TRAINING REQUIREMENT

**Review UHA Policy:** 

• F18 - Third Party Liability Recovery

#### Also See:

#### Provider Handbook

Section 7.3

If you encounter any of the following or have any questions regarding third party liability, please contact the TPR Department at 541.464.4175.

- Member has other insurance which is not noted by UHA.
- Member is pursuing a settlement for an injury or illness.
- Member is in police custody at the time treatment is rendered.

#### **Coordination of Benefits**



- Current federal regulations require Medicaid to pay for health care only after the Member's other health resources have been exhausted. In other words, Medicaid is viewed as the payer of last resort. The requirement that third parties pay first is called Medicaid "third party liability" (TPL).
- In guidelines issued by the CMS, TPLs are defined as individuals, entities, insurers, or programs that may be liable to pay all or part of the expenditures for medical assistance provided under a state Medicaid plan.
- Third parties include private health insurance (e.g., commercial insurers, self-funded plans, or profit or non-profit pre-paid plans), Medicare, Champus, Champva, automobile insurance, state worker's compensation, and other Federal programs.
- Providers who have a patient mention their employer's name, Workman's Comp injury, and/or motor vehicle accident will need to complete <u>UHA's Member Accident Form</u> and the <u>Patient</u> <u>Coordination of Benefits Intake Form</u> and submit them to the UHA TPR Department.

<sup>\*</sup> Should any link on this slide not work please see the Live Link Resource Page.



Wraparound values and principles

Provider's Role

National Wraparound Implementation Center nwic.org



# Child & Adolescent Needs & Strengths Comprehensive Screening Certification



Only needed if providing screening

<u>https://praedfoundation.org/tools/the-child-and-adolescent-needs-and-strengths-cans/</u>



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# Welcome

to the Umpqua Health Alliance Provider Panel

Umpqua Health Alliance (UHA) Required Provider Training



# Trainings are required for providers and all office staff

 Trainings are to be completed at onboarding of new providers and staff.

 Umpqua Health Alliance will require attestation to ensure providers and staff meet training requirements

•A training tracker tool has been developed and is available upon request. The training tracker is an optional resource to help keep track of required trainings.

### UHA Provider Network Required Training Subjects

Cultural Responsiveness and Implicit Bias, including

- Trauma Informed Care / Adverse Childhood Experiences
- Language Access; Use of Health Care Interpreters
- Implicit Bias
- Addressing Structural Barriers and Systemic Oppression
- Cultural Competency & Responsiveness
- CLAS Standards
- Uses of Data to Advance Health Equity, REAL + D
- Universal Access and Accessibility in Addition to ADA
- Health Literacy



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### Trauma Informed Care

Trauma Informed Oregon has created several free self-directed online training modules on the foundations of a trauma informed approach.

<u>Traumainformedoregon.org/tic-intro-training-modules/</u>

- \* Introduction
- \* Module 1: What is Trauma Informed Care?
- \* Module 2: Why is Trauma Informed Care Important?
- \* Module 3: Trauma Specific, Trauma Sensitive, Trauma Informed
- \* Module 4: A Brief Overview of NEAR Science



# Adverse Childhood Experiences (ACES)

CDC Centers for Disease Control and Prevention

"Adverse Childhood Experiences (ACEs)"



https://www.cdc.gov/violenceprevention/childabuseandneglect/acestudy/index.html



### Language Access, Use of Healthcare Interpreters

HRSA Office of Civil Rights, Diversity and Inclusion:

Language Access: Are you meeting your obligations under the

Civil Rights Act of 1964 and the Affordable Care Act?

https://www.hrsa.gov/sites/default/files/hrsa/grants/manage/technicalassistance/grantee-language-access-training-aug2018.pdf

Association of American Medical Colleges:

Guidelines for Use of Medical Interpreter Services

https://www.aamc.org/system/files/c/2/70338-interpreter-guidelines.pdf





### Implicit Bias

University of Oregon Division of Equity and Inclusion

Implicit Bias Workshops

https://inclusion.uoregon.edu/implicit-biasworkshop-recordings

Gender Preferences SubconsciousOuronscious Judgement ପୂ Stereotypes 😽 Behavior Decisions Prejudice Race Õ **Ethnicity** <u>त</u> **Psychologist Reaction Beliefs People Groups** Social Hidden Subtle Train

# Addressing Structural Barriers and Systemic Oppression



National EQUITY Project: The Lens of Systemic Oppression

https://www.nationalequityproject.org/frameworks/lens-of-systemic-oppression



## Cultural Competency & Responsiveness

Oregon Medical Board

Cultural Competency: A Practical Guide for Medical Professionals

<u>https://www.Oregon.gov/omb/Topics-of-</u> <u>Interest/Documents/CulturalCompetencyBook</u> <u>let.pdf</u>



### **CLAS Standards**

HHS.gov National CLAS Standards

https://thinkculturalhealth.hhs.gov/clas



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### Uses of Data to Advance Health Equity REAL + D



CDC: A Practitioner's Guide for Advancing Health Equity, Community Strategies for Preventing Chronic Disease

Cdc.gov/NCCDPHP/dch/pdf/health-equity-guide/Practitioners-Guide-section1.pdf

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# Universal Access and Accessibility in Addition to ADA



Removing Barriers to HealthCare PDF https://fpg.unc.edu/node/6264



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### Health Literacy

US Department of Health & Human Services

Health Literacy Online, A Guide for Simplifying the User Experience

https://health.gov/healthliteracyonline/





A Declaration for Mental Health Treatment

- Allows patients to plan for the mental health treatments they would want if in crisis
- A Declaration form is used only when a person is unable to understand and make decisions about their mental health treatment
- Patients can describe the care they would want to receive, as well as the kind of care they do not want to receive

"Can I plan now for the mental health treatment I would want if I were in crisis?"

A Guide to Oregon's Declaration for Mental Health Treatment

https://www.clatsopbh.org/documents/declaration-of-mental-health-treatment-2017-156.pdf

#### Additional Required Training for Behavioral Health Providers

Motivational Interviewing Principles of Recovery Integration







### Training Links

Motivational Interviewing: CareOregon

https://www.careoregon.org/providers/programs/MEDS-ed/motivational-interviewing-for-health-care-providers

**Principles of Recovery: SAMSHA** 

http://www.cibhs.org/sites/main/files/file-attachments/5. samsha\_working\_definition\_of\_recovery.pdf

Integration: National Institute of Mental Health

https://www.nimh.nih.gov/health/topics/integrated-care/index.shtml