TRAUMA INFORMED CARE

5 PART SERIES

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PRESENTED BY DR. AMY STOEBER

Dr. Amy Stoeber is a licensed psychologist with a private practice and provides training, consultation, and education.

Among her specialties is working with parents and professionals to help create resilient children, thriving families, and resilient communities by guiding them to heal their stress and trauma through connected relationships.

Her experience includes serving as a statewide trainer for the Oregon Department of Human Services and subject matter expert to promote child wellness in pediatric settings on behalf of the Children's Health Alliance. She currently serves as an adjunct faculty member at Portland State University. Her current work is promoting resilience within primary medical homes and school systems through partnership and collaboration.

When she's not working to promote family resilience, you can find her with her family on their small hobby farm in Newberg, Oregon.

TOPICS AND SERIES SCHEDULE

PART 1: TRAUMA INFORMED CARE 101

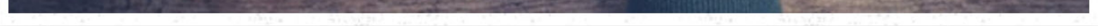
Thursday, May 20, 12:00 - 1:00pm

Join us as we explore what it means to be trauma-informed. We will explore both individual and systemic ways to become trauma informed and discussion both intergenerational and historical trauma that people experience. We will discuss a mindset shift, focusing on strengths and creating space for people's experience and stories.

PART 2: TRAUMA INFORMED CARE & BUILDING RESILIENCE FOR PARENTS, FAMILIES AND KIN

Monday, May 24, 12:00 - 1:00pm

These are all of our children - Whether you're a parent, family member, community member or professional, if you work in the lives of children and families, this training is for you. Come and join a discussion about how trauma affects our most vulnerable populations and how to create resilient, thriving children and families.



PART 3: TRAUMA INFORMED CARE FOR FIRST RESPONDERS

Wednesday, June 2, 8:30 - 9:30 am

First responders encompass a large group of helping professionals including law enforcement, emergency medical and fire responders, home visitors, and DHS workers to name a few. Unlike any other professional, they face precarious circumstances that create a compelling need to be trauma-informed and embrace a compassionate model. Join us as we discuss what it means to be trauma-informed and gain practical tools in your work with the community.

PART 4A AND 4B: FIRST RESPONDERS - TRAUMA TRIAGE

PLEASE ONLY SELECT ONE DAY

Wednesday, June 9, 8:30 - 9:30 am

Thursday, June 10, 3:30 - 4:30

Consultation for first responders including EMS, LEO, DHS and home visitors.

Trauma Triage is an opportunity for first responders to gather and gain consultation and support. Bring your questions, your toughest cases, and let's discuss how to respond compassionately. It's ok to need help, support, and consultation as you support your community.

PART 5: TRAUMA INFORMED CARE AND BUILDING RESILIENCE FOR COMMUNITIES IN SOUTHERN OREGON

Wednesday, September 22, 6:00 - 7:30 pm

Join us for an evening discussion with a panel of community leaders from your communities. Dr. Stoeber will discuss what it means to be a trauma-informed community and how to create resilient, thriving communities that portray a culture of caring. There will be live Q&A.

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1409 Northeast Diamond Lak...
541-440-4777
Julie.Hurley@douglasesd.k12...
douglasesd.k12.or.us