

foodsmart™

TELENUTRITION



From weight loss to higher energy,
Foodsmart Telenutrition can help
you reach your health goals!

Improve your health with



One-on-One
Virtual Visits



Online Grocery
Ordering



Personalized
Care



Custom
Meal Planning

Umpqua Health Alliance members are eligible for **\$0 COST**
telenutrition virtual visits with our network of
Registered Dietitians!

Download the **Foodsmart app** and select
“**Foodsmart for Umpqua**” to sign up today!



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