# Get to Know Foodsmart

Foodsmart is a digital nutrition platform with a variety of tools that make it **easy to eat well!** 



#### Telenutrition

Our national network of Registered Dietitians are experienced in helping you to overcome your specific challenges to eating well.



#### Recipes

Our vast database of recipes has plenty for everyone's preferences, time, and budget.



# **Grocery List**

A digital grocery list is automatically created for your selected recipes.



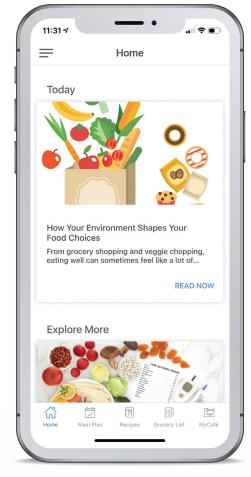
## **Online Grocery Ordering**

Convert your digital grocery list to an online order, delivered to your door.



# Cook It Now

Recipe recommendations using foods you already have in your kitchen.





#### Meal Plan

Get a week of tasty meal plans automatically generated to match your preferences.



#### **Restaurant Guidance**

Find healthy meal options at all of your favorite restaurants.



#### **Deals**

Grocery deals for healthy food from your favorite local stores, directly in the product.



# Marketplace

Pre-portioned meal kits and delicious heat-and-eat meals delivered to your door.



### **Favorites**

Add your favorite recipes so you can easily find them whenever you want.



# **NutriQuiz**

See how your eating habits stack up and instantly get personalized tips and recipes.



Access all of these great features on the Foodsmart app!







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