



## CCH&WC Diabetes Prevention Program

a CDC evidence-based curriculum to prevent or delay Type 2 Diabetes

### New Patient Referral Form

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

In order to qualify for the Prevent T2 Diabetes Prevention Program through the CCH&WC, each participant must meet the minimum requirements to participate. *CHECK ALL BOXES PATIENT MEETS.*

Participants will need to meet **ALL** these requirements:

- 18 years or older
- Body Mass index (BMI)  $\geq 25$  ( $\geq 23$  if Asian)
  - Patient value: \_\_\_\_\_
- Not previously diagnosed with type 1 or type 2 diabetes
- Not currently pregnant
- Eligible to become a new patient at CCH&WC\* (see DPP Eligibility below)

Participants will additionally need to meet **AT LEAST ONE** of these requirements:

- Had a blood test result in the prediabetes range within the past year. Tests include:
  - Hemoglobin A1C: 5.7-6.4%
    - Patient value: \_\_\_\_\_
  - Fasting plasma glucose: 100-125 mg/dL
    - Patient value: \_\_\_\_\_
  - Two-hour plasma glucose (after a 75g glucose load): 140-199mg/dL
    - Patient value: \_\_\_\_\_
- Previously diagnosed with gestational diabetes
- Received a high-risk result (score of 5 or higher) on the CDC Prediabetes Risk Test

Referring Provider Information:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Send all referrals to Dietetics Division at Cow Creek Health and Wellness Center: 2589 NW Edenbower Blvd., Roseburg, OR 97471**

## ***CCH&WC DPP ELIGIBILITY***

DPP requires participants to become new patients of CCH&WC. We currently accept patients who are:

- Currently enrolled in Medicaid/Medicare
- Employees of Cow Creek Tribal Companies
- Tribal Members

Please send a referral form to the Dietetics Division to alert our staff that you have a patient who is interested and eligible in our program. We will contact the referred patient directly to give them more information on program details. We will contact the referring provider if supporting patient info is needed.