

# EARLY AND PERIODIC SCREENING, DIAGNOSIS AND TREATMENT

**Early and Periodic Screening, Diagnosis and Treatment (EPSDT):** Comprehensive and preventative health care services for children from birth to under age 21.

Beginning January 1, 2023, OHP members under age 21 will have access to all medically necessary and medically appropriate services, determined on a case-by-case basis, taking into account a member's needs. No prior authorization is required for these services.

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services are full and preventative health care services for children birth to age 21. This benefit provides you with services that can prevent and detect if there are conditions or health concerns in early stages. It can reduce the risk of illness, disability or other medical/mental health care that may be needed. EPSDT stands for:

- Early: Checking for and finding issues early.
- Periodic: Checking health regularly. How often depends on the child's age.
- Screening: Providing tests to find possible issues for: Physical, Mental, Vision, Dental, Hearing, Development, and others.
- Diagnosis: Performing tests to see if you have any health issues, so they can be treated.
- Treatment: Correcting, controlling, or reducing health problems found.

## When should a child have an EPSDT screening?

All children from birth to age 20 and enrolled in Medicaid should have a yearly visit. Children who need EPSDT services should get them in a timely manner. They should be given within six months after requested. This timeframe includes the beginning of the EPSDT care.

## What is covered by the EPSDT program?

An EPSDT screening can be done at regular check-ups and is covered at no cost to you. It includes:

A health and development screening. This includes:

- Mental Development
- Physical development
- Screening for
  - Acute
  - Episodic
  - Chronic illness

- Chronic conditions.
- Assessment of nutritional status
- Hearing and vision testing. Treatment for vision and hearing issues. This includes glasses and hearing aids.
- General unclothed physical exam that includes an exam of teeth and gums.
- Dental screenings and care as early as needed
- For pain relief
- Infections
- Restoration of teeth
- Maintenance of dental health
- Referral to dentist who can provide the exam
- Immunizations that are recommended by the Advisory Committee on Immunization Practices. See links below for more information.
  - Child Immunization Schedule (birth to 18 years):  
<https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>
  - Adult Immunization Schedule (19+):  
<https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>;
- Health Education. This includes advice for member's health as they grow.
- Other lab tests. These tests include tests for anemia and sickle cell, as well as others. The testing that is done depends on age and risk.
- Well-Child exams or screening tests for EPSDT members:
  - At every stage of member's life
  - Testing from birth to age 21
- Lead testing:
  - Children must have a blood lead test at age 12 months and 24 months.
  - Any child who is between ages 24 and 72 months with no record of a previous screening must have a test done.
  - Completing a risk survey does not meet the requirement for children under Medicaid. Any child with lead poisoning can have help through Case Management.
- Health Education. This includes advice for member's health as they grow.
- Other lab tests. These tests include tests for anemia and sickle cell, as well as others. The testing that is done depends on age and risk. Well-Child exams or screening tests for EPSDT members:
  - At every stage of member's life
  - Testing from birth to age 21

For eligible EPSDT members who ask, UHA has to give:

- Regularly scheduled examinations and evaluations of the general physical and mental health, growth, development, and nutritional status of infants, children, and youth under the age of 21.

If during the test, an issue is discovered, a referral to a provider will be made for further care. These screenings become part of your health history. They also include information from other providers.

The provider who does the screening must:

- Explain why a referral is needed
- Help find a provider who can treat the issue
- Help make an appointment for care

UHA covers visits for screenings. The kind of screenings that will be done depends on a member's age. UHA follows the rules of the American Academy of Pediatrics and Bright Futures.

Immunizations are covered as advised by the Advisory Committee on Immunization Practices (ACIP):

- American Academy of Pediatrics schedule for Preventative Pediatric Health Care can be found here: [downloads.aap.org/AAP/PDF/periodicity\\_schedule.pdf](https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf)
- The OHA's EPSDT Fact Sheet can be found here: [www.oregon.gov/oha/HSD/BH-Child-Family/SOCAC/EPSTDT%20fact%20sheet-OR%20Final.pdf](http://www.oregon.gov/oha/HSD/BH-Child-Family/SOCAC/EPSTDT%20fact%20sheet-OR%20Final.pdf)

EPSDT includes covered services on the Prioritized List.

## WHERE DO I GO TO GET THESE SERVICES?

EPSDT screening services can be done by:

- MD's
- DO's
- PA's
- NP's
- Any licensed care provider.

**Any member who is signed up with a PCP can receive EPSDT services.**

**To find an EPSDT provider, you can:**

- Call your doctor
- Look at the Provider Directory: <https://portal.umpquahealth.com/ClientApp/providers>
- If you need help finding a doctor, call UHA Customer Care at 541-229-4842

- Call Advantage Dental at 866-268-9631 to set up dental services or for more information.
  - UHA or OHP will also help with Care Coordination, if needed.

## DO YOU NEED A RIDE TO AN EPSDT APPOINTMENT?



Members are eligible to receive free rides through MTM. If you need help setting up a ride, call UHA Customer Care.

For more information on rides with MTM:

- Call UHA Customer Care: 541-229-4842
  - Toll-free: 1-866-672-1551
  - TTY: 541-440-6304
- To schedule a ride:
  - Call MTM: 1-855-735-1188
  - Or go online: [memberportal.net/?planCode=UHA](https://memberportal.net/?planCode=UHA)

UHA will give referral help to members or their representatives for social services, education programs, nutrition assistance programs, and other services.

If you have further questions, please contact Advantage Dental Service (ADS) 1-866-268-9631 or Umpqua Health Alliance (UHA) Customer Care Department at 541-229-4842