



Community Health Improvement Plan

Progress Report—June 2022



UMPQUA HEALTH
ALLIANCE

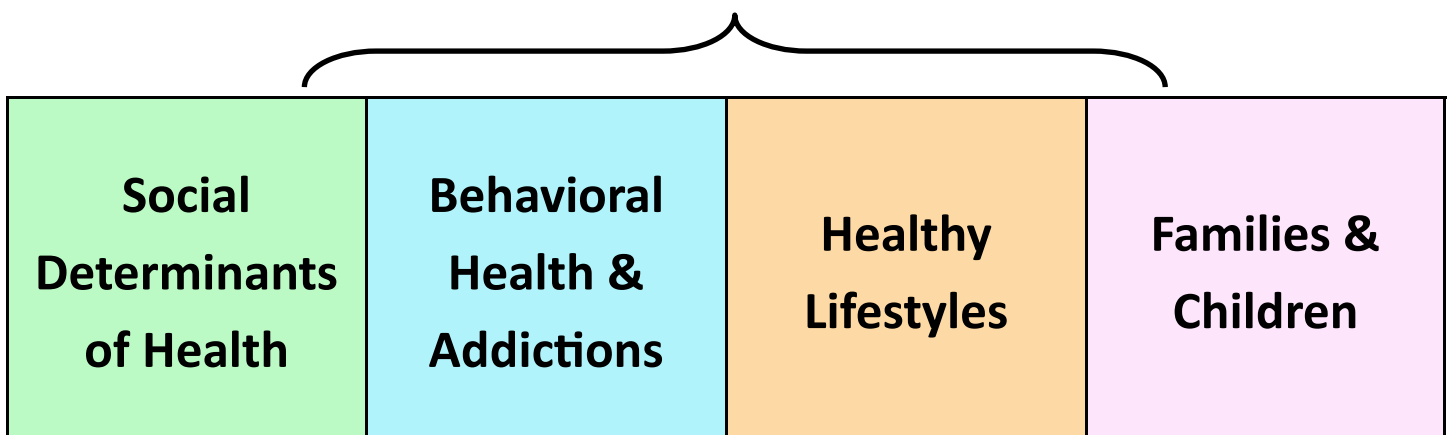
COMMUNITY COLLABORATIONS

Umpqua Health's first Community Health Assessment (CHA) was completed in 2013. Beginning in 2017, UHA partnered with an area Federally Qualified Health Center (FQHC) and a local community benefit organization to complete an updated CHA. This work was followed by an updated Community Health Improvement Plan (CHP) in 2019.



UHA is located in Douglas County, and is a member of a local effort known as Network of Care. Network of Care is a collaboration between area FQHCs, our local Public Health agency, representatives with school-based health centers, our local hospital system, various provider networks and offices, and a myriad of other community benefit organizations. In early 2021, the Network of Care completed a CHA and CHP. UHA staff and Community Advisory Council members participated in this work, and UHA is using this experience as a time to learn best practices on community collaborations. This larger partnership will help inform practices of UHA's next CHA and CHP process. Until that time, UHA will retain its current CHP priorities. Those priorities are:

Health Equity



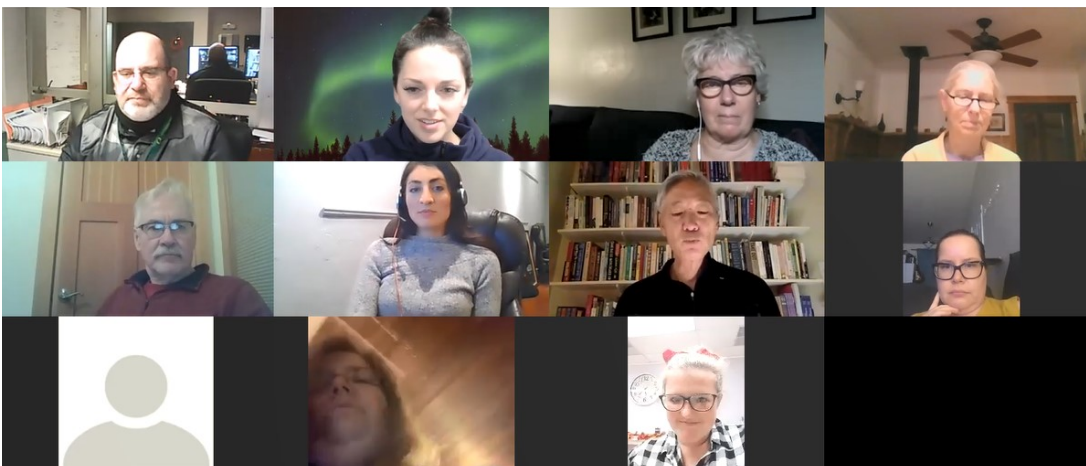
WORKING WITH COMMUNITY PARTNERS

Umpqua Health is dedicated to improving the health and wellbeing of the more than 32,000 individuals on the Oregon Health Plan in our service area, as well as fostering a healthier community as a whole. We recognize that this monumental task cannot be accomplished alone, and we are proud to work with a wide variety of community partners with a common goal of a healthier Douglas County.

UHA has always engaged a variety of community partners to best serve our members and our community, and the pandemic highlighted the importance of coming together to address the needs of those we serve. Partnerships

in 2021 and 2022 included Adapt, Creating Community Resilience, Neighborworks Umpqua, UC VEG, Thrive Umpqua, HIV Alliance, UCAN, and many others. These numerous partnerships and collaborations have given our efforts a greater significance, helping to ensure a thriving community.

UHA provides funding to community benefit initiatives (CBI) through CHIP funds, but also addresses CHP priorities in other ways, including through internal work and alternative funding pathways. In the past year, this has included funding to help open a homeless navigation center, continue operations at an area sobering center, launch a Community Information Exchange platform, and more. Through all of this work, our CAC



members provide invaluable guidance, ensuring that UHA's work for the community is truly driven by the community.

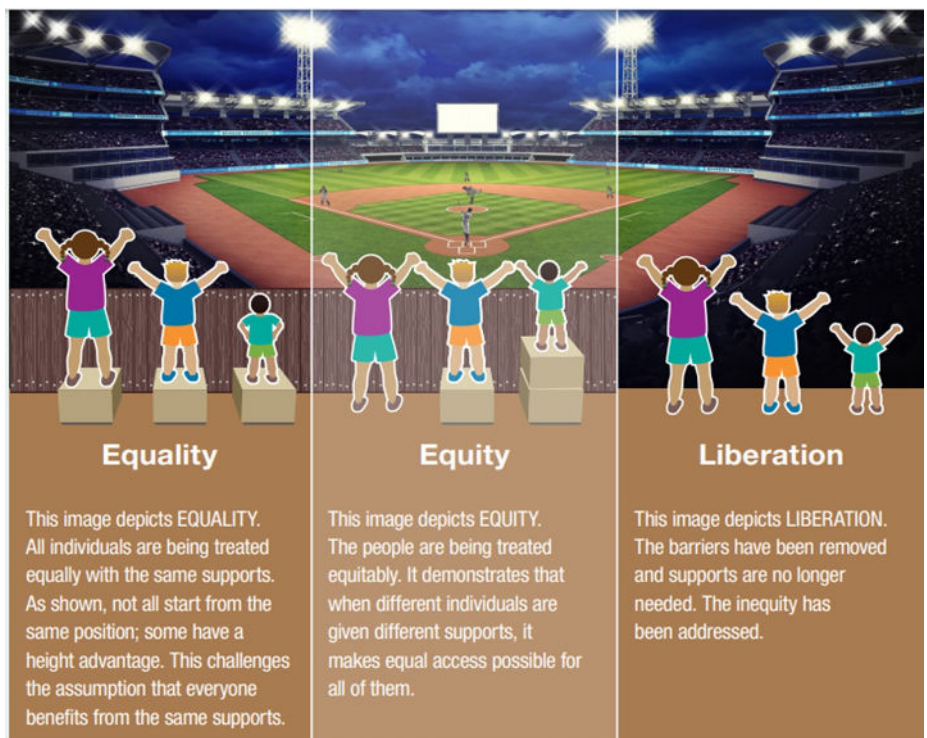
WHAT ARE THE SOCIAL DETERMINANTS OF HEALTH?

Social determinants of health are the economic and social conditions that influence individual and group health status. Before we can achieve health equity, we must address social, economic and environmental factors that influence health. Many of the projects and programs detailed in this report aim to promote health equity by addressing social determinants of health. Through the CAC's work and UHA's internal efforts as well as additional community benefit initiatives, we hope to remove barriers our members and our community may be facing that are keeping them from living a healthy life.

WHAT IS HEALTH EQUITY?

Health equity is the attainment of the highest level of health for all people. Health equity has been a key part of the CCO model since the beginning, and UHA is working to liberate our members and our community. UHA's health equity work has many layers, and includes both internal and external planning. UHA is working on more than 65 unique efforts in our community to positively impact health equity. This includes creating new committees (for example,

UHA's Health Equity Committee) and weaving health equity into our current committee framework through trainings, discussion and presentations. 99% of Umpqua Health staff completed a health equity training in 2021, and all CHIP applicants had to include a health equity component to their funding request.



Community Health Improvement Plan Progress

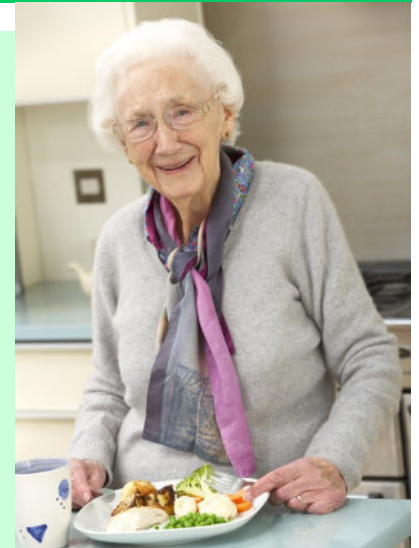
This report describes progress made since July 1, 2021 in each of the key focus areas:

Social Determinants of Health	Behavioral Health & Addictions
Healthy Lifestyles	Families & Children

SOCIAL DETERMINANTS OF HEALTH

Friendly Kitchen/Meals on Wheels

In 2021, UHA partnered with the Friendly Kitchen/Meals on Wheels of Douglas County to provide hot, nutritious meals to seniors and people with disabilities throughout Douglas County. This resulted in roughly 500 total people (an average of 200 people each day) receiving free meals Monday through Friday, with about 120 of those people receiving additional meals on Fridays for weekend food.



Outreach, Services and Support for People Experiencing Homelessness

UHA began partnering with Onward Roseburg in 2021 to provide services to individuals experiencing homelessness. This partnership allowed Onward Roseburg to provide services to 50 individuals that reduced barriers to success, including helping individuals apply for birth certificates and other forms of ID, secure temporary and permanent housing, and act as an advocate through any situation. This partnership has continued into 2022, as Onward Roseburg plans to continue to provide services to individuals experiencing homelessness.



Freezer Replacement

In 2021, UHA provided funding to the FISH Food Pantry of Roseburg to purchase a new freezer. The new freezer not only ensures that the pantry can continue to offer a variety of food to Douglas County residents, but the new freezer has double glass doors to increase visibility and overall food consumption, because food pantry clients have a better idea of what is available.



SOCIAL DETERMINANTS OF HEALTH



Expanding Food Access and Education

In 2022, UHA partnered with Umpqua Valley Farm 2 School (UVF2S) to increase gardening and healthy eating education in area schools. UVF2S offers schools help with community gardens, while offering mentorship to youth learning about gardening and healthy eating habits.

Douglas County Childcare Coalition

Childcare is an identified need in Douglas County. Douglas County was considered a childcare desert, and in fall of 2021 the largest childcare center in Douglas County ceased operations. A group of cross-sector individuals are working to increase capacity for childcare in our community. This work includes incentives to existing providers, assistance and mentorship for individuals interested in opening a childcare center, While UHA staff have been serving on the Childcare Coalition's steering committee since the inception, in 2022 UHA strengthened this partnership with dedicated funding. The Childcare Coalition hopes to add more than 150 childcare slots in Douglas County.



Bed Bug Treatments

In 2021, Neighborworks Umpqua opened a new low income residential community. UHA provided funding to NWU to purchase equipment used to treat furniture and other belongings in units with bed bug outbreaks to stop the spread and end the infestation.

SOCIAL DETERMINANTS OF HEALTH



Healthy Kids Outreach Program—Dental Van Upgrade

Due to the pandemic, many entities had to become creative in the way they offered services to the community. One example of COVID-driven inspiration was Mercy Foundation's adaptation of their Healthy Kids Outreach

Program dental vans. In partnership with UHA, Mercy Foundation worked to upgrade the vans to allow them to serve as free standing dental clinics, so the Healthy Kids Outreach Program could continue to serve students regardless of whether school was taking place in person or in a remote setting. These upgrades increase access to care to underserved youth while providing a safe, sterile environment for students and staff.

Hygiene and Laundry Trailer

Addressing the needs of individuals experiencing homelessness is a major goal of UHA. In 2021, UHA partnered with an area FQHC at Adapt to provide funding for a new trailer outfitted to offer laundry and shower services. This upgraded trailer is a two-stall hygiene and one stall laundry, which increases services for individuals experiencing homelessness. This trailer also serves as a touchpoint to restore dignity to Douglas County individuals and families experiencing homelessness, while acting as a platform to connect these individuals with needed services.

BEHAVIORAL HEALTH & ADDICTIONS

Chadwick Clubhouse

UHA is working with the Douglas County chapter of National Alliance for Mental Illness (NAMI) to operate a Clubhouse. A Clubhouse is a place for



individuals living with mental illness to find opportunities for friendship, employment, housing, education, and more. The Chadwick Clubhouse officially opened in November of 2018, and by the end of 2021 had a membership of nearly 100 individuals with an average daily attendance of 15. A member

survey showed that participants reported a greater sense of purpose and self-worth, as well as an increase in overall health and happiness. More than 80% of Clubhouse members had no emergency department visits, or at least a 10% decrease in visits since becoming members.

HIV and HCV Prevention and Opioid Response Program

For several years, UHA partnered with the local chapter of the HIV Alliance to establish the HIV and HCV Prevention and Opioid Response Program. The program aims to provide services in a comprehensive, evidence-based harm reduction approach to reducing transmission of HIV and HCV, as well as overdoses. In 2021, these efforts resulted in: disposing of more than 400,000 used syringes and distributing nearly 400,000 clean syringes; interacting with more than 1,800 people who inject drugs (PWID) at needle exchanges; distributing over 2,700 naloxone kits; providing community trainings and administering more than 235 HIV/HCV test kits. This partnership is continuing in 2022 as an effort to keep individuals safe while they struggle with their addiction, while also working to help them find a long-term path to recovery.



BEHAVIORAL HEALTH & ADDICTIONS

DEI Training Capacity

UHA partnered with Blue Zones Project (now Thrive Umpqua) in 2021 to establish a progressive training package for local organizations to help leaders, employees and community members develop skills and strategies to build more inclusive and culturally competent work and community environments. These trainings will be customized to each worksite's demographic and culture, while offering educational opportunities and policy recommendations related to HEDI.



Trauma-Informed Training Capacity

In 2021, UHA partnered with Creating Community Resilience (CCR), a collaborative initiative providing regional leadership in preventing and mitigating Adverse Childhood Experiences and Adverse Community Environments (ACEs) and building trauma-informed (TI)

capacities to create resilient communities throughout Douglas County. This partnership aims to help create a sustainable, cost-effective Trauma Informed Care training resource for Douglas County. This will create a platform where trauma and resiliency practice can more readily advance throughout the community. This partnership allowed for the training of 15 individuals who are now pursuing certification as master trainers. The team has offered 15 two-hour trainings to more than 170 community members. CCR has also created two training videos available online, and plan to release more in 2022.

BEHAVIORAL HEALTH & ADDICTIONS



Family Development Center

UHA partnered with the Family Development Center (FDC) in 2022 to support FDC's work in southern Douglas County. FDC is expanding into areas that are designated as underserved, and UHA is helping to provide funds for that effort. FDC focuses on nurturing successful and resilient children, strengthening parents and preserving families to prevent child abuse and neglect. FDC achieves this through comprehensive family support, including basic needs support, parent education classes and support groups, community connections and more.

Sobering Center Social Services

UHA is working with Adapt to provide funding for basic supplies for sobering center clients. Items include clothing supplies, laundry supplies, hygiene items, and more. The sobering center operated by Adapt offers individuals a safe place to achieve sobriety that doesn't involve jail time. These items are available to anyone who stays at the sobering center.



Youth Vaping Prevention Program and Needs Assessment

UHA is partnering with Thrive Umpqua to provide funding for efforts to complete a needs assessment to better understand youth vaping in Douglas County. This needs assessment will help inform future work to address vaping among youth.

BEHAVIORAL HEALTH & ADDICTIONS



Rise Up Resilience

The partnership between UHA and Phoenix Charter School has spanned several years. The initial goal for this project was to increase social emotional competency trainings for students through a myriad of interventions. In 2021, this

partnership resulted in the creation of new gardening opportunities. One of the biggest impacts of the project was an increase in graduation rates from 25% in 2019 to 42% in 2020, a jump which school officials believe can be attributed to increased personal resilience skills. Phoenix School is a learning environment where many of the students have higher ACE scores with histories of trauma, and school officials believe this kind of work improves students' ability to manage their emotions and build resilience.

Douglas County Protect our Children

UHA began working with the local Protect our Children project in 2021. The effort aims to reduce and prevent the prevalence of child sex abuse in Douglas County, with a focus on mitigating trauma to increase resilience. This partnership resulted in 194 trainees, 370 workbooks, 150 Stewards of Children training codes, 28 supplemental training codes, 3 facilitators trained, and one-third of the Adapt Youth and Family department trained.

Culturally Responsive Programming for Survivors

UHA is working with Peace at Home on a variety of projects that improve access to healthcare advocacy and shelter/housing services. In 2021, UHA provided funds to Peace at Home to hire a contractor to remodel the front doors and walkway to all of the Advocacy Center's buildings to increase accessibility for folks with mobility aids. Additionally, the partnership allowed for Peace at Home to hire a consultant to provide their Equity Team with training, technical assistance and strategic planning to become a culturally responsive program for Black Indigenous and People of Color (BIPOC) who are experiencing different forms of violence.

HEALTHY LIFESTYLES



Canyonville Farmers' Market

UHA began a partnership with the Canyonville Farmers' Market in 2019 to provide additional funding to support people shopping with SNAP benefits. The support doubles the SNAP benefit when individuals buy healthy foods. In 2020, the partnership expanded to provide overall

market support, including help with nutrition education opportunities for youth, funding for musicians and other market needs. This partnership continued in 2021 and 2022. Canyonville is a small town, and this partnership ensures that the residents of this rural community have access to healthy foods and fresh produce while removing the barrier of transportation.

Gardening for Residents of Affordable Housing

In 2022, UHA entered into a partnership with Neighborworks Umpqua to expand gardening opportunities for individuals living in affordable housing units. Through this partnership, Neighborworks Umpqua plans to build or refurbish raised garden beds at multiple low income housing units throughout Douglas County. Additionally, organizers will offer patio gardening options to residents.



Tennis for Everyone

UHA is working with the Umpqua Valley Tennis Center to offer free tennis classes to youth throughout Douglas County. The classes will be offered in the summer of 2022 in a group setting for free to all interested children. Participants will also receive a free tennis racket and balls.

HEALTHY LIFESTYLES

Lifestyle and Nutrition Course

UHA has partnered with Umpqua Community Veg Education Group (UC VEG) since 2017 to provide Douglas County residents with a variety of healthy lifestyle education programs. In 2021, these programs included Lifestyle and Nutrition courses, which teach participants a variety of healthy interventions including a whole food plant based diet and natural movement. In 2021, course participants had the following results:

Average total pounds lost	44
Average cholesterol points dropped	24.66
Average reduction in waist circumference	2 inches
Total number of pounds lost by participants	132

UHA is continuing this partnership into 2022 with several lifestyle intervention programs, including these lifestyle and nutrition classes, guided shopping tours, cooking classes and restaurant meet ups. All offerings are completely free of charge and open to the public.

Veggie Rx Prescription Program

In 2021, UHA began a partnership with Thrive Umpqua (formerly Blue Zones Project) to support a local Veggie Rx Prescription Program. This program enables health care providers to screen for food insecurity and distribute vouchers for free produce to patients living with, or at risk of, diet-affected health conditions. This project also provides healthy cooking classes, gardening kits and workshops, meal kits and more.



HEALTHY LIFESTYLES

Yoncalla School and Community Playground Wellness Path

Yoncalla School District has been in a process of transformational change by embedding wellness and mindfulness practices into school and community culture. The next step in this process is constructing a wellness path around Yoncalla Elementary School. UHA is proud to partner with the Yoncalla School District to assist in the creation of a wellness path that will provide opportunities for physical health supports through an exercise path outfitted with exercise stations, as well as wellness and mindfulness stations built into the landscape. The path will encircle a new playscape designed for youth 5-10, and will be open to both students and members of the community.



Food Hero at the Farmers' Market

UHA's partnership with Feeding Umpqua through UCAN will allow for the continuation of the Food Hero at the Farmers' Market program into 2022 at both the Umpqua Valley and Canyonville Farmers' Market programs. The 13-week program is free of charge and offers participating youth nutrition

education and free healthy foods. Organizers believe this will result in 950 Food Hero at the Farmers' Market Kits distributed by Feeding Umpqua to local families and children. Additionally, organizers believe the majority of participants will try a fruit or vegetable they haven't experienced before, and 10% of participants will improve their nutrition long-term through frequent participation in the program.

FAMILIES & CHILDREN

Creating Community Resilience Community Wellness Fair

UHA is working with Creating Community Resilience to host a community wellness fair. In 2021, CCR hosted a family wellness fair that was free and open to the community, and more than 1,300 individuals attended the two-day event.

Organizers plan on hosting more than 1,500 people for the 2022 event. The event will include family friendly activities, and connection to community resources through partner participation. Additionally, organizers plan to offer vaccines for adults and youth free of charge.



Dolly Parton's Imagination Library

UHA is working with the Friends of the Roseburg Public Library to offer area residents the ability to join Dolly Parton's Imagination Library. The program sends a free, age-appropriate book directly to the homes of families with children ages 0-5 once a month. All families with children in the Roseburg Public Library's service area are welcome to sign up for the service. The partnership began in 2020 and continued in 2021 and 2022. At the end of 2021, 1,075 youth in the service area received at least one free book. Organizers administered a survey to all participants, and 84% of respondents said they've read all of the books they've received, and 74% said they've read their books multiple times.



FAMILIES & CHILDREN



Partner Sports Camp

UHA is working with Douglas Education Service District to put on an annual summer camp. The Partner Sports Camp is a place for children of all ability levels to experience a summer camp environment. Campers are paired with youth volunteers and spend time swimming, fishing, crafting and more.

Nurse Home Visiting Vision Screening

UHA partnered with UCAN's Nurse Home Visiting project in 2021 to purchase vision screening equipment for use by UCAN nurses during home visits. The equipment was delivered at the end of 2021 so only four children were scanned by the end of the calendar year, but UCAN nurse home visitors plan to screen about 125 children ages 4-6 annually.

Promoting Family Bonding

In 2021, UHA provided funding to UCAN's Healthy Families department to create family bonding kits for families identified as at risk. These kits vary depending on child's age and developmental stage and needs, but will have the overall goal of promoting family bonding. UCAN—Healthy Families was able to provide these kits to 59 families in 2021. Participants were given a survey, and 98% of respondents noted that the kit helped them bond with their child. Survey answers included: "Yes I got to spend time with my baby doing something I normally wouldn't do", "we both smiled at each other while playing", "I felt more attached to him and I felt happy", "She smiles and plays which helps me know I'm doing a good job."



FAMILIES & CHILDREN

Sutherlin Playground

UHA worked with the Family Development Center in 2021 to provide a new playground for a satellite FDC center in Sutherlin. The playground will be completely ADA accessible, and designed specifically for preschool youth. The area does not currently have a playground, so this new space will remove barriers to health and wellness for youth in eastern Sutherlin. The playground will be accessible to Family Development Center while the center is open, but will otherwise be open to the public. FDC finished the playground in the fall of 2021.



Parent Leadership Cohort

In 2021, UHA began working with Health Care Coalition of Southern Oregon's Perinatal Task Force to create a parent leadership cohort. The hope with this cohort is to provide scholarships for trainings and educational events to parents involved with the Perinatal Task Force. The first cohort hosted 15 parents.



Growing Solutions for Healthy Futures

In 2021, UHA began a partnership with the Phoenix School of Roseburg with a multifaceted approach. The program is increasing garden infrastructure at the school, hiring a summer coordinator to manage the garden while school is out of session, and supporting food and farm corps summer youth corps leadership. Part of this increased garden infrastructure includes adding a berry patch to the existing gardens.

ADDITIONAL COMMUNITY SUPPORTS

In addition to the work done through the CAC to address our Community Health Improvement Plan, UHA has a variety of other community investments designed to advance and improve health and wellbeing in our community. This work includes how UHA is addressing the needs of individuals experiencing homelessness, creating a



multi-sectored approach to healthcare, work being done to address some of our highest-needs members, and more. UHA is proud to continue to collaborate both internally and externally in a variety of ways to ensure that the needs of our members and our community are met.



Thrive Umpqua

UHA was an initial investor in and is a continued supporter of Thrive Umpqua, formerly Blue Zones Project—Umpqua. Thrive Umpqua is a multi-sector effort to make permanent and semi-permanent changes to address social determinants of health while helping people live longer, healthier lives. This work includes

healthy eating practices, Mocis (a term used to describe a social group that meets for a purpose), community gardens supported at a variety of locations (including elementary schools, like the one pictured), a cross-sector devotion to healthier practices, purpose workshops, and much more. Through the first three years, Blue Zones Project—Umpqua engaged more than 7,100 individuals. The project was extremely successful, and our area is now a Blue Zones Certified Community, further engaging a variety of volunteers and stakeholders in a forward effort to make the healthier choice the easiest.

ADDITIONAL COMMUNITY SUPPORTS

Navigation Center and Low Barrier Shelter

UHA is committed to addressing the needs of our unhoused members and neighbors. This passion to serve people experiencing homelessness resulted in a new partnership in 2022. UHA granted funds to the City of Roseburg to fund a Navigation Center and Low Barrier Shelter. A variety of partners are working together to open this center by the end of June 2022. The City of Roseburg is the financial partner, while UCAN is taking on operations of the center and shelter. In addition to helping to fund the project, UHA is also planning on embedding care coordination staff to help operate the Navigation Center.



Food Smart

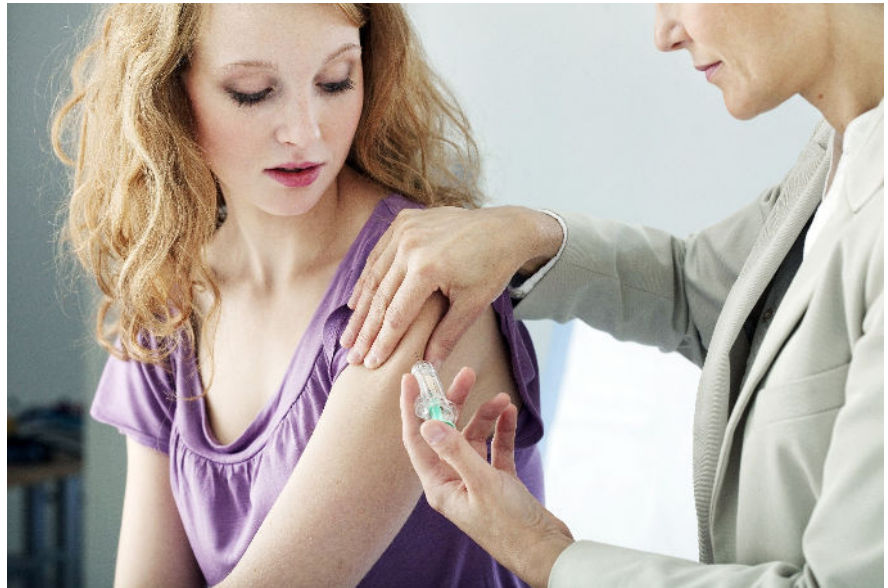
UHA is working with a virtual vendor to offer a new healthy eating platform to members. Food Smart is an online Diabetes management program that's available to all UHA members. The personalized telehealth nutritional counseling platform offers nutritional counseling, customized diabetic meal planning, grocery shopping assistance, and more.

The platform is completely free to all UHA members, and is accessible from any computer or smart phone.

ADDITIONAL COMMUNITY SUPPORTS

COVID-19 Supports

UHA understands that impacts of the pandemic are pervasive, and continue long after the onset of Covid-19. In the fall of 2021, UHA partnered with



Douglas Public Health Network (DPHN) to offer incentives to individuals who received the vaccine at the Douglas County Fair. The widely-attended event brought in thousands of visitors, and DPHN offered a variety of incentives to individuals who received Covid vaccines at the fair, including free ride bracelets and food vouchers.



Community Information Exchange

UHA recognizes that a cohesive community of services operating as a collective can best serve our members and our community. In May 2022, UHA officially launched the Unite Us/ Connect Oregon platform in Douglas County. The Unite Us/Connect Oregon platform allows all service sectors to engage to ensure an individual's needs are fully met. The platform allows for all community benefit organizations, healthcare providers, schools and other touchpoints to best coordinate services for the people they serve. UHA launched the platform, and is also sponsoring licenses for all interested providers in our service area.



The Next Steps

As a Coordinated Care Organization, UHA is tasked with constantly thinking of new and innovative ways to serve our members and increase the health and wellbeing of our community. At UHA, we are a team of dreamers with a vision of a healthier tomorrow, always thinking of new methods, programs and processes to help realize the goal of a healthier community. Our work is guided by the Triple Aim to improve quality, enhance experience, and lower costs. It is this ambition that drives us to ensure our members have access to the right care, at the right time, in the right place.

But we recognize that this bold vision isn't something that we can realize on our own: truly moving the needle on health in our community requires the engagement of local provider organizations and community partners. As this report details, we seek to work with a variety of community partners to ensure that our members, neighbors, family members and friends have their individual and community-wide needs met. It is through this collaborative work that we believe all people in our community will experience a future of better health.

UHA also recognizes that this work may never truly be done. Health is not finite, but that means that any limitations that may arise are also not finite. Working as a collective with a shared vision of improving the health and wellbeing of our community, we will continue to do everything within our power to be a positive force for health, to impact lives for generations to come.



DATA SOURCES

Data from this report comes from multiple locations, including various community partners committed to addressing UHA's Community Health Improvement Plan through targeted projects and programs. Sources include but are not limited to:

- Federally Qualified Health Centers
- Early Childhood Education Partners
- Emergency Food Providers
- Behavioral Health Providers
- Nutrition and Gardening Educators
- Area Schools
- Parent Education Groups
- Local Wellbeing Initiatives
- Additional Community Benefit Organizations
- Census Data
- Community Health Assessments
- Oregon Student Health Survey

See the table on the following pages for data sources. UHA is tracking this work in a variety of ways, and recently approved a new set of indicators to help track this work. You can see those metrics on the following pages.

You can find this report on our website at <https://www.umpquahealth.com/ohp/community-advisory-council/>

Key Focus Area	Data Point	Information	Source
Social Determinants of Health	Homelessness rates for K-12 students	1205 in 2020	CoC Homeless Populations and Subpopulations Report - OR-505: Oregon Balance of State CoC https://www.hudexchange.info/programs/coc/coc-homeless-populations-and-subpopulations-reports/
	McKinney Vento rates of homeless Douglas County youth	670 in 2019-2020 school year (4.65%)	CoC Homeless Populations and Subpopulations Report - OR-505: Oregon Balance of State CoC https://www.hudexchange.info/programs/coc/coc-homeless-populations-and-subpopulations-reports/
	Point in Time Homeless County	5642 in 2020	CoC Homeless Populations and Subpopulations Report - OR-505: Oregon Balance of State CoC https://www.hudexchange.info/programs/coc/coc-homeless-populations-and-subpopulations-reports/
	Child food insecurity	22.6% in 2018	Feeding America https://map.feedingamerica.org/county/2018/child/oregon/county/douglas
	Students qualifying for free/reduced lunch	76%	https://www.oregon.gov/ode/students-and-family/childnutrition/cacfp/Documents/Site%20Eligibility%20for%20CACFP%20and%20SFSP.pdf
	Percentage limited access to healthy foods	10%	Food environment index, county health rankings https://www.countyhealthrankings.org/
	Percentage food insecurity	14%	Food environment index, county health rankings https://www.countyhealthrankings.org/
	Poverty rate	13.3%	Census data https://www.census.gov/quickfacts/fact/table/douglascountyor/P060210
	Unemployment rate	4%	https://data.rgj.com/unemployment/douglas-county-or/CN410190000000/

Key Focus Area	Data Point	Information	Source
Behavioral Health and Addictions	Access to behavioral health provider	300:1	Robert Wood Johnson County Health Rankings & Roadmaps https://
	Suicide rate	29 per 100,000	Robert Wood Johnson County Health Rankings & Roadmaps https://
	Accidental overdose mortality	17 per 100,000	Robert Wood Johnson County Health Rankings & Roadmaps https://
	Percent of 8 th and 11 th graders attempting suicide	8% in 8 th grade, 3.3% in 11 th grade	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf
	Percent of 8 th and 11 th graders reporting past 30 day alcohol use	17.1% in 8 th grade, 18.9% in 11 th grade	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf
	Percent of 8 th and 11 th graders reporting past 30-day marijuana use	7.7% in 8 th grade, 11% in 11 th grade	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf
	11 th grader past 30-day e-cigarette use	21.@%	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf

Families and Children	Number of children in foster care	462 in 2021	https://rom.socwel.ku.edu/Oregon_Public/AllViews.aspx?R=6104
	Child abuse and/or neglect reports	277 unique, 299 total	Oregon Child Welfare https://rom.socwel.ku.edu/Oregon_Public/AllViews.aspx?R=6011
	Number of health complex UHA youth members	6%	Oregon Pediatric Improvement Partnership
	Percentage of children fully breastfed, partially breastfed and not breastfed	Fully: 30.2% Partially: 6.7% Not: 63.1%	https://fns-prod.azureedge.us/sites/default/files/resource-files/FY2020-BFDLA-Report.pdf
	Adverse Childhood Experiences	*See Table Below	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf
Healthy Lifestyles	Percentage of children getting well child checks (CCO specific)	65.5%	Internal UHA data
	Cigarette smoking prevalence (CCO specific)	31.7%	Internal UHA data
	Preventive dental or oral health services, ages 1-5 & 6-14 (CCO specific)	1-5: 40.3% 6-14: 50.9%	Internal UHA data
	Obesity rates	35%	Robert Wood Johnson County Health Rankings & Roadmaps https://www.countyhealthrankings.org/
	8 th and 11 th grade unmet physical health care needs	8 th grade: 7.2% 11 th grade: 8.6%	Oregon Student Health Survey https://www.oregon.gov/oha/PH/BIRTHDEATHCERTIFICATES/SURVEYS/Documents/SHS/2020/Reports/County/Douglas%20County.pdf

* Table 19. Adverse childhood experiences (ACES)

	County 2020			State 2020		
	6th	8th	11th	6th	8th	11th
Have you ever had to wear dirty clothes?	21.0	36.4	30.5	26.1	22.7	25.0
Have you ever experienced not having enough to eat?	17.3	17.5	18.8	16.0	12.7	16.6
Have you ever had a household member who was mentally ill or depressed?	32.3	63.7	56.9	27.3	37.8	51.0
Have you ever lived with someone who had a problem with drinking or using drugs?	26.1	49.7	38.0	18.7	25.7	32.4
Have you ever had a household member go to jail/prison or be deported?	20.0	30.1	27.2	18.2	20.0	19.0
Have you ever experienced the death of a very close friend or family member?	69.8	72.3	66.4	57.5	59.5	58.5
Have you ever felt that you had no one to protect you?	19.2	26.6	32.3	23.0	20.5	24.3