

Comprehensive and preventive benefits for members under age 21

The Early and Periodic Screening, Diagnosis and Treatment (EPSDT) benefit provides comprehensive and preventive health care services for OHP members from birth to under age 21. This benefit provides you with the care you need for your health and development. These services can catch and help with concerns early, treat illness, and support children with disabilities.

Starting January 1, 2023, all medically necessary and medically appropriate services must be covered for members birth to under age 21, regardless of whether it was covered in the past (this includes things that are “below the line” on the Prioritized List).

You do not have to enroll separately in EPSDT; members birth to under age 21 and enrolled in OHP will receive these benefits at no cost.

The EPSDT benefit covers:

- Any services needed to find or treat illness, injury, or other changes in health.
- “Well-child” or “adolescent well visit” medical exams, screenings, and diagnostic services to determine if there are any physical, oral/dental, developmental and mental health conditions for members birth to under age 21.
- Referrals, treatment, therapy, and other measures to help with any conditions discovered.

Under EPSDT, UHA will not deny a service without first looking at whether it is medically necessary and medically appropriate for you.

- *Medically necessary* generally means a treatment that is required to prevent, diagnose, or treat a condition, or to support growth, development, independence, and participation in school.
- *Medically appropriate* generally means that the treatment is safe and effective, and helps you participate in care and activities. UHA may choose to cover the least expensive option that will work for you.

You should always receive a written notice when something is denied, and you have the right to an appeal if you don't agree with the decision. This includes *all* services:

- Physical health.
- Behavioral health.
- Oral/Dental health; and
- Social health care needs.

If you or your family member needs EPSDT services, work with your primary care provider (PCP) or talk to a care coordinator by calling 541-229-4842, TTY 541-440-6304 or TTY 711. They will help you get the care you need. If any services need approval, they will take care of it. Work with your primary care dentist for any needed dental services. All EPSDT services are free.

Help getting EPSDT services:

- Call Customer Care at 541-229-4842, TTY 541-440-6304 or TTY 711.
- Call Advantage Dental Services at 866-268-9631 to set up dental services or for more information.
- You can free get rides to and from covered EPSDT provider visits. Call BCB at 877-324-8109 to set up a ride or for more information.
- You can also ask your PCP or visit our website at: www.umpquahealth.com/services/ for a copy of the periodicity schedule. This schedule tells you when children need to see their PCP.

Screenings

UHA and your PCP follows the American Academy of Pediatrics and Bright Futures guidelines for all preventive care screenings and well child visits. Bright Futures can be found at: brightfutures.aap.org/Pages/default.aspx. Your PCP will help you get these services and treatment when required by the guidelines.

Screening visits include:

- A health and developmental screening. This includes:
 - Mental development
 - Physical development
- Lead testing:
 - Children must have blood lead screening tests at age 12 months and 24 months. Any child between ages 24 and 72 months with no record of a previous blood lead screening test must get one.
 - Completion of a risk assessment questionnaire does not meet the lead screening requirement for children in OHP. All children with lead poisoning can get follow up case management services.
- Other needed laboratory tests (such as anemia test, sickle cell test, and others) based on age and risk.
- Assessment of nutritional status.
- Overall unclothed physical exam with an inspection of teeth and gums.
- Full health and development history (including review of both physical and mental health development).
- Immunizations (shots) that meet medical standards:
 - Child Immunization Schedule (birth to 18 years):
www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html
 - Adult Immunization Schedule (19+):
<https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>
- Health guidance and education for parents and children.
- Referrals for medically necessary physical and mental health treatment.
- Needed hearing and vision tests.
- And others.

Covered visits also include unscheduled check-ups or exams that can happen at any time because of illness or a change in health or development.

EPSDT screening services can be done by:

- Medical Doctor (MD)
- Doctor of Osteopathic Medicine (DO)
- Physician Assistant (PA)
- Nurse Practitioner (NP)
- Any licensed health care provider

Any of the above providers can refer you to a dentist to provide EPSDT services.

Screenings may find a need for the following services, as well as others:

- Diagnosis of and treatment for impairments in vision and hearing, including eyeglasses and hearing aids.
- Dental care, at as early an age as necessary, needed for relief of pain and infections, restoration of teeth and maintenance of dental health.
- Immunizations (if it is determined at the time of screening that immunization is needed and appropriate to provide at the time of screening, then immunization treatment must be provided at that time).

These services must be provided to eligible members birth to under age 21 who need them. Treatments that are “below the line” on the Prioritized List of Health Services are covered for members birth to under age 21 if they are medically necessary and medically appropriate for that member (see more information above).

- If we tell you that the service is not covered by OHP, you still have the right to challenge that decision by filing an appeal and asking for a hearing.

UHA will give referral help to members or their representatives for social services, education programs, nutrition assistance programs, and other services.

For more information about EPSDT coverage, you can visit www.Oregon.gov/EPSDT and view a member fact sheet.

**Get this information in any language or format for free. All interpretation services are free. Call 541-229-4842 (TTY 711).
Obtenga esta información de forma gratuita en cualquier idioma o formato. Todos los servicios de interpretación son gratuitos. Llame al 541-229-4842 (TTY 711).**