

Umpqua Health Alliance
Pharmacy Utilization Management
Guidelines

Effective January 1, 2026



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General Utilization Management Criteria

Policy Number: Rx001

I. MEDICATION NAME(S):

- Multiple

II. LENGTH OF AUTHORIZATION:

- Variable

III. QUANTITY LIMITS:

- Multiple (see formulary)

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services OR is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #4)
 - b. No (go to #forward to pharmacist for review [deny 3a/3c])
4. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy? (Refer to Table 1 in 'Additional Information' for recommendation, evidence and efficacy ratings: the strength of recommendation must be class IIa or higher; the strength of evidence must be category B or higher; and the efficacy must be IIa or higher.)
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 12a if drug not FDA-approved, or 8a if indication not FDA-approved])
5. Is the drug prescribed at the appropriate FDA-approved dose to treat the covered condition?
 - a. Yes (go to #6)

- b. No (forward to pharmacist for review)
- 6. Is the prescribed dose within UHA's quantity limits?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
- 7. Is the medication prescribed by or in consultation with an appropriate health care provider with expertise in treating this condition?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
- 8. Does the member have any contraindications to therapy according to FDA-approved labeling?
 - a. Yes (deny)
 - b. No (go to #9)
- 9. If FDA-approved labeling or national clinical guidelines categorize this drug as a second line therapy, has there been trial and failure of or contraindication to the first-line therapies?
 - a. Yes or N/A (go to #10)
 - b. No (forward to pharmacist for review)
- 10. Has the member tried and failed all less costly alternative therapies that are similar or identical to the requested therapy (within the same drug class, therapeutic class, or used to treat the member's condition according to UpToDate)?
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review [deny 7a, or deny 5k for formulary exception requests])
- 11. Has documentation been submitted to support medical necessity, including chart notes, a treatment plan, monitoring parameters, and laboratory values (if applicable)?
 - a. Yes or N/A (go to #12)
 - b. No (forward to pharmacist for review [deny 5a])
- 12. Has the member been adherent to first-line therapies used to treat this condition? (Adherent is defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes or N/A (go to #13)
 - b. No (forward to pharmacist for review [deny 5u])
- 13. Is the drug requested primarily for the convenience of the member and not medically necessary?
 - a. Yes (deny 5o)
 - b. No (approve)

V. RENEWAL CRITERIA:

- 1. Is the requested drug being used outside of the FDA-approved treatment duration?
 - a. Yes (deny 8a)
 - b. No (go to #2)
- 2. Has documentation been submitted to support the continued medical necessity and safety, including chart notes, a treatment plan, monitoring parameters, and laboratory values (if applicable)?
 - a. Yes or N/A (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])

3. When appropriate, has the member been non-adherent to therapy and unlikely to benefit from additional therapy? (Non-adherent is defined as a MPR less than 80% or gaps between fills that exceed 5 days.)
 - a. Yes (deny 5u)
 - b. No or N/A (approve)

VI. ADDITIONAL INFORMATION:

- Table 1. Recommendation, Evidence and Efficacy Ratings

1. Strength Of Recommendation		
Class I	Recommended	The given test or treatment has been proven to be useful, and should be performed or administered.
Class IIa	Recommended, In Most Cases	The given test, or treatment is generally considered to be useful, and is indicated in most cases.
Class IIb	Recommended, In Some Cases	The given test, or treatment may be useful, and is indicated in some, but not most, cases.
Class III	Not Recommended	The given test, or treatment is not useful, and should be avoided.
Class Indeterminate	Evidence Inconclusive	
2. Strength Of Evidence		
Category A	Category A evidence is based on data derived from: Meta-analyses of randomized controlled trials with homogeneity with regard to the directions and degrees of results between individual studies. Multiple, well-done randomized clinical trials involving large numbers of patients.	
Category B	Category B evidence is based on data derived from: Meta-analyses of randomized controlled trials with conflicting conclusions with regard to the directions and degrees of results between individual studies. Randomized controlled trials that involved small numbers of patients or had significant methodological flaws (e.g., bias, drop-out rate, flawed analysis, etc.). Nonrandomized studies (e.g., cohort studies, case-control studies, observational studies).	
Category C	Category C evidence is based on data derived from: Expert opinion or consensus, case reports or case series.	
No Evidence		
3. Efficacy		
Class I	Effective	Evidence and/or expert opinion suggests that a given drug treatment for a specific indication is effective.
Class IIa	Evidence Favors Efficacy	Evidence and/or expert opinion is conflicting as to whether a given drug treatment for a specific indication is effective, but the weight of evidence and/or expert opinion favors efficacy.
Class IIb	Evidence is Inconclusive	Evidence and/or expert opinion is conflicting as to whether a given drug treatment for a specific indication is effective, but the weight of evidence and/or expert opinion argues against efficacy.
Class III	Ineffective	Evidence and/or expert opinion suggests that a given drug treatment for a specific indication is ineffective.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Stimulants

Policy Number: Rx002

I. MEDICATION NAME(S):

- dexamethylphenidate HCl ER
- Zenedi (dextroamphetamine sulfate)
- Vyvanse (lisdexamfetamine dimesylate)
- methylphenidate LA
- methylphenidate HCl CD

II. LENGTH OF AUTHORIZATION:

- Initial, members age 19 and older: six months
- Initial, members age 18 and younger: one year
- Renewal, members age 19 and older: six months
- Renewal, members age 18 and younger: one year

III. QUANTITY LIMITS:

- Multiple (see formulary)

IV. INITIAL CRITERIA:

1. Is the drug prescribed for a diagnosis of ADD/ADHD by a licensed mental health provider?
 - a. Yes (go to #8)
 - b. No (go to #2)
2. Is the drug prescribed for a diagnosis of ADD/ADHD by the member's primary care provider using a validated symptom checklist or in consultation with a licensed mental health provider or substance use disorder treatment provider? (See Additional Information section for validated symptom checklists.)
 - a. Yes (go to #4)
 - b. No (go to #3)
3. Does the member have an established diagnosis of narcolepsy from a neurologist or pulmonologist?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 5z])
4. Is the member using any medications or substances that have the potential to cause sedation or lack of focus including opiates (with the exception of buprenorphine for SUD), benzodiazepines, marijuana, and alcohol?
 - a. Yes (forward to pharmacist for review [deny 5z])

- b. No (go to #5)
- 5. Is the member age 19 or older?
 - a. Yes (go to #6)
 - b. No (go to #7)
- 6. Has the requesting provider performed a urine drug screen and provided appropriate results at the initial visit when the stimulant was initially prescribed? (Appropriate results would include the absence of THC, opiates, benzodiazepines, cocaine.)
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 5z])
- 7. Is the member age 5 and under with a documented trial of structured “parent-behavior training” OR is the member age 6 or older? (Note: For children age 5 and under diagnosed with disruptive behavior disorders, including those at risk for ADHD, first line therapy is evidenced-based, structured parent behavior training. Second line therapy is pharmacotherapy.)
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 5a])
- 8. Is the medication being prescribed in a manner that is supported by the FDA approved indications and dosing recommendations?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review [deny 8a])
- 9. Does the member have any co-morbid conditions such as uncontrolled hypertension, cardiac arrhythmias, untreated or uncontrolled anxiety or agitation, or hyperthyroidism? (Note: uncontrolled anxiety or agitation is allowed when the medication is managed by a licensed mental health provider.)
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #10)
- 10. Has the member failed less costly alternative stimulants?
 - a. Yes (for members age 19 and older: approve for six months; for members age 18 and younger: approve for one year)
 - b. No (forward to pharmacist for review [deny 7a or 5k])

V. RENEWAL CRITERIA:

- 1. Is the drug prescribed by a licensed mental health provider?
 - a. Yes (for members age 19 and older: approve for six months; for members age 18 and younger: approve for one year)
 - b. No (go to #2)
- 2. Is the member currently using any medications or substances that have the potential to cause sedation or lack of focus including opiates (with the exception of buprenorphine for SUD), benzodiazepines, marijuana, and alcohol?
 - a. Yes (forward to pharmacist for review [deny 5z])
 - b. No (go to #3)
- 3. Is the member age 19 or older?
 - a. Yes (go to #4)
 - b. No (approve for one year)
- 4. Is the requesting provider performing random urine drug screens at least every six months and has the provider included documentation of an appropriate UDS within the

last three months? (Appropriate results would include the absence of THC, opiates, benzodiazepines, cocaine, and presence of the prescribed stimulant if applicable.)

- a. Yes (approve for six months)
- b. No (forward to pharmacist for review [deny 5z])

VI. ADDITIONAL INFORMATION:

- Accepted validated symptom checklists, Adults: Adult ADHD Self-Report Scale (ASRS-v1.1); Copeland Symptom List for Adult Attention Deficit Disorder; Conners' Adult ADHD Rating Scale (CAARS)
- Accepted validated symptom checklists, Children: Conners 3rd Edition; Behavior Assessment System for Children (BASC); Child Behavior Checklist/Teacher Report Form; ADHD Comprehensive Teacher's Rating Scale (ACTeRS); ADHD Rating Scale; Childhood Attention Problem Scale; Vanderbilt Assessment Scales
- If the member has ever had a history of substance abuse, we recommend considering use of an alternative medication: TCA (desipramine, nortriptyline), Strattera, or bupropion if a TCA is not tolerated. However, this is not a requirement.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Opiate Agonists

Policy Number: Rx005

I. MEDICATION NAME(S):

- acetaminophen with codeine
- Capital W-Codeine (acetaminophen with codeine)
- butalbital/acetaminophen/caffeine/codeine
- codeine sulfate
- codeine/butalbital/aspirin/caffeine
- Ascomp With Codeine (codeine/butalbital/aspirin/caffeine)
- fentanyl
- fentanyl citrate
- Vicodin HP (hydrocodone/acetaminophen)
- hydrocodone/acetaminophen
- Co-Gesic (hydrocodone/acetaminophen)
- Lorcet (hydrocodone/acetaminophen)
- Lorcet Plus (hydrocodone/acetaminophen)
- Lorcet HD (hydrocodone/acetaminophen)
- Stagesic (hydrocodone/acetaminophen)
- Zydone (hydrocodone/acetaminophen)
- hydrocodone/ibuprofen
- hydromorphone HCl
- meperidine HCl
- methadone HCl
- morphine sulfate
- morphine sulfate ER
- oxycodone HCl
- oxycodone HCl ER
- Oxycontin (oxycodone HCl ER)
- oxycodone HCl/acetaminophen
- Roxicet (oxycodone HCl/acetaminophen)
- Endocet (oxycodone HCl/acetaminophen)
- oxycodone HCl/aspirin
- Endodan (oxycodone HCl/aspirin)
- oxymorphone HCl
- tramadol HCl
- Multiple Non-Formulary Opiates

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: six weeks up to 90 days for conditions of the spine and back, six months for cancer pain or palliative care, and three months for all other diagnoses

III. QUANTITY LIMITS:

- 90 mg morphine equivalents per day, 7 days per 60 days (short-acting opioids), 30 days per 180 days
- tramadol: 8 tablets per day
- oxycodone 5 mg/5 mL oral solution: 100 mL per year

- acetaminophen with codeine 120-12 mg/5 oral solution: 300 mL per year
- hydrocodone/acetaminophen 7.5-325/15 oral solution: 480 mL per year
- For treatment of acute pain for all opioid naïve members (except for cancer pain or palliative care): limit to 7 days per fill
 - Opioid naïve is defined as no opioid fills within the past 60 days
- Additional quantity limits for dose optimization will apply to all long-acting opioids, including but not limited to the following formulary agents:
 - fentanyl transdermal patches: 1 patch per 3 days
 - morphine ER capsules: 2 capsules per day
 - morphine ER tablets: 3 tablets per day
 - oxycodone ER, Oxycontin: 2 tablets per day

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 3a])
4. Does Prioritized List of Health Services Guideline Note 60 apply (opioid prescribing for conditions of the back and spine)?
 - a. Yes (go to #5)
 - b. No (go to #6)
5. Does the request meet Guideline Note #60, Opioid for Conditions of the Back and Spine? For acute use, the following provisions must be met: for immediate-release opiates, trial and failure of non-opiates such as NSAIDs, APAP, muscle relaxants; use of other interventions such as physical therapy; no current or history of opiate abuse and documented verification that the patient is not high risk for opioid misuse or abuse. For acute use greater than 6 weeks and less than 90 days post injury or flare, there must be documented evidence of improvement of function of at least thirty percent as compared to baseline based on a validated tool (e.g. Oswestry, Neck Disability Index, SF-MPQ, and MSPQ). Chronic use (greater than 90 days) requires an individual treatment plan considering biological, behavioral, psychological, and social factors. The plan must follow the latest Oregon Chronic Opioid Prescribing Guidelines and include maintaining activity with therapies such as chiropractic care, physical therapy, yoga, or acupuncture. A taper plan may be indicated if and when clinically appropriate.
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny GLN 60])
6. Is the drug prescribed for migraine headache?

- a. Yes (forward to pharmacist for review [deny 5a])
 - b. No (go to #7)
- 7. Has the member failed less costly alternative opioids? (For example, morphine ER must be tried and failed before fentanyl or oxycodone ER.)
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 7a])
- 8. Is the drug prescribed for cancer pain, or is the patient receiving hospice or end-of-life care?
 - a. Yes (approve for six months)
 - b. No (go to #9)
- 9. Does the patient have a history of diversion, history of opioid abuse, active substance abuse as defined as any illicit or non-prescribed substance (including alcohol and marijuana) within the past year?
 - a. Yes (forward to pharmacist for review [deny 5a])
 - b. No (go to #10)
- 10. Is there a pain contract in place limiting the patient to one provider and one pharmacy?
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review [deny 5g])
- 11. Has the prescriber submitted a written treatment plan stating goals used to determine treatment successes such as pain relief and improved physical and psychosocial function?
 - a. Yes (go to #12)
 - b. No (forward to pharmacist for review [deny 5g])
- 12. Has the member had a mental health screening within the last year?
 - a. Yes (go to #13)
 - b. No (forward to pharmacist for review [deny 5g])
- 13. Has the requesting provider performed a urine drug screen and provided appropriate results and is the member free from any duplicative or contraindicated medications? (Appropriate results would include the absence of THC, cocaine, benzodiazepines, other opioids, and any non-prescribed substances. Concurrent opioid and benzodiazepine use will not be approved due to risk of respiratory depression. Duplicative opioids are not covered unless clinically appropriate.)
 - a. Yes (go to #14)
 - b. No (forward to pharmacist for review [deny 5g])
- 14. Has the provider reviewed the Oregon Prescription Monitoring Program registry and documented appropriate results?
 - a. Yes (go to #15)
 - b. No (forward to pharmacist for review [deny 5g])
- 15. Is the member taking greater than 90 MED per day?
 - a. Yes (forward to pharmacist for review [deny for QL over 90 MED])
 - b. No (approve for six weeks for back pain and three months for all other conditions)

V. RENEWAL CRITERIA:

1. Is the drug prescribed for cancer pain, or is the patient receiving hospice or end-of-life care?

- a. Yes (approve for six months)
 - b. No (go to #2)
2. Does Prioritized List of Health Services Guideline Note 60 apply (opioid prescribing for conditions of the back and spine)?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Does the request meet Guideline Note #60, Opioid for Conditions of the Back and Spine? For acute use, the following provisions must be met: for immediate-release opiates, trial and failure of non-opiates such as NSAIDs, APAP, muscle relaxants; use of other interventions such as physical therapy; no current or history of opiate abuse and documented verification that the patient is not high risk for opioid misuse or abuse. For acute use greater than 6 weeks and less than 90 days post injury or flare, there must be documented evidence of improvement of function of at least thirty percent as compared to baseline based on a validated tool (e.g. Oswestry, Neck Disability Index, SF-MPQ, and MSPQ). Chronic use (greater than 90 days) requires an individual treatment plan considering biological, behavioral, psychological, and social factors. The plan must follow the latest Oregon Chronic Opioid Prescribing Guidelines and include maintaining activity with therapies such as chiropractic care, physical therapy, yoga, or acupuncture. A taper plan may be indicated if and when clinically appropriate.
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny GLN 60])
4. Is the request for acute use (treatment less than 90 days), OR is the request for chronic use and the requesting provider has submitted documentation of reduction in pain and a taper plan or rationale explaining why a taper plan is not medically indicated?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 5g])
5. Has the requesting provider performed a urine drug screen within the last six months and provided appropriate results? (Appropriate results would include the absence of THC, cocaine, benzodiazepines, and any non-prescribed substances.)
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5g])
6. Has the provider reviewed the Oregon Prescription Monitoring Program registry regularly, at least once since the last approval, and documented appropriate results?
 - a. Yes (approve for six weeks for back pain and three months for all other conditions)
 - b. No (forward to pharmacist for review [deny 5g])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 7/2/24
- **Last Updated Date:** 7/2/24

Glucagon-Like Peptide-1 (GLP-1) Receptor Agonists (i.e. Incretin Mimetics)

Policy Number: Rx007

I. MEDICATION NAME(S):

- Rybelsus (semaglutide) *preferred*
- Exenatide Dose Pen *preferred*
- Zepbound (tirzepatide) *preferred*
- Wegovy (semaglutide)
- Trulicity (dulaglutide) *preferred*
- Victoza (liraglutide) *preferred*
- Ozempic (semaglutide) *preferred*
- Mounjaro (tirzepatide) *non preferred*

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for glycemic control in a member diagnosed with Type 2 diabetes mellitus? (Refer to Table 1. Criteria for Diagnosis of Diabetes)
 - a. Yes (go to #3)
 - b. No (go to #2)
2. Does the member have a BMI of greater than 27 kg/m² with established atherosclerotic cardiovascular disease (ASCVD) defined as ischemic heart disease, ischemic cerebrovascular disease, or peripheral artery disease? (Note: examples include MI, stroke, revascularization procedure, transient ischemic attack, unstable angina, amputation, coronary artery disease.)
 - a. Yes (go to #10)
 - b. No (go to #3)
3. Has the member had an adequate trial and failure of, contraindication to, or intolerance to metformin dosed at 2,000mg per day? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days. (See Additional Information section for metformin initiation guidance.)
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)

4. Does the member have established atherosclerotic cardiovascular disease (ASCVD) defined as ischemic heart disease, ischemic cerebrovascular disease, or peripheral artery disease? (Note: examples include MI, stroke, revascularization procedure, transient ischemic attack, unstable angina, amputation, coronary artery disease.)
 - a. Yes (go to #9)
 - b. No (go to #5)
5. Does the member have a high risk for ASCVD defined as age 55 years or older AND two or more traditional risk factors including obesity, hypertension, dyslipidemia (LDL > 130 mg/dL or taking lipid-lowering therapies), albuminuria, or tobacco use?
 - a. Yes (go to #9)
 - b. No (go to #6)
6. Is the member above their individual glycemic target despite an adequate trial and failure of, contraindication to, or intolerance to a drug in at least one of the following drug classes: (a) sulfonylurea (e.g. glipizide), (b) TZD (e.g. pioglitazone), (c) dipeptidyl peptidase-4 (DPP-4) inhibitor (e.g. alogliptin)? (Contraindication may include risk of hypoglycemia with appropriate documentation.)
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
7. Is the member's most recent A1c (within the last six months) equal to or greater than 9%?
 - a. Yes (go to #8)
 - b. No (go to #9)
8. Has the member had an adequate trial and failure of, contraindication to, or intolerance to insulin, OR has the provider submitted an acceptable, medical rationale for why insulin cannot be used?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review)
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to the maximum tolerated dose of an SGLT2 inhibitor such as Steglatro (ertugliflozin or Farxiga (dapagliflozin)? (Adequate trial is defined as adherent to therapy for at least three to six consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review)
10. Is the member actively participating in a lifestyle or nutrition support program? (note: UHA requires attestation of participation in a program such as Diabetes Self Management, Food Smart, or a similar clinic based program.)
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review and medication therapy management/CM)
11. Is the request for tirzepatide (Zepbound)?
 - a. Yes (go to #12)
 - b. No (go to #13)
12. Does the member have obesity (BMI of 30 kg/m² or greater) and moderate to severe obstructive sleep apnea (OSA)? (Note: Moderate OSA is defined as an apnea-hypopnea index (AHI) of 15 events/hour or more; Severe OSA is defined as an AHI of 30 events/hour or more.)
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

13. Is the requested medication on formulary?
 - a. Yes (approve for six months)
 - b. No (go to #14)
14. Has the member tried and failed all the formulary alternative medications?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the member adherent to therapy? (Adherence defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the drug prescribed for glycemic control in a member diagnosed with Type 2 diabetes mellitus?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Has the member had a positive clinical response to therapy (such as at least a 10% reduction in A1c or A1c is at goal), OR has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria? (A1c value must be recently measured within the last six months.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)
4. Is the drug prescribed for ongoing treatment for a member with obstructive sleep apnea (OSA) that has had a BMI reduction of at least 5%?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

- Criteria for diagnosis of diabetes: One of the following per ADA 2023 Guidelines

• FPG \geq or equal 126 mg/dL (7.0 mmol/L). Fasting defined as no caloric intake for at least 8 h.*
• 2-h PG \geq 200 mg/dL (11.1 mmol/L) during OGTT. The test should be performed as described by WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.*
• A1C \geq 6.5% (48 mmol/mol). The test should be performed in a laboratory using a method that is NGSP certified and standardized to the DCCT assay.*
• In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose \geq 200 mg/dL (11.1 mmol/L).

*DCCT, Diabetes Control and Complications Trial; FPG, fasting plasma glucose; OGTT, oral glucose tolerance test; NGSP, National Glycohemoglobin Standardization Program; WHO, World Health Organization; 2-h PG, 2-h plasma glucose. *In the absence of unequivocal hyperglycemia, diagnosis requires two abnormal test results from the same sample or in two separate test samples*

Initiating Metformin

1. Begin with low-dose metformin (500 mg) taken once or twice per day with meals (breakfast and/or dinner) or 850 mg once per day.
2. After 5-7 days, if gastrointestinal side effects have not occurred, advance dose to 850 mg, or two 500 mg tablets, twice per day (medication to be taken before breakfast and/or dinner).
3. If gastrointestinal side effects appear with increasing doses, decrease to previous lower dose and try to advance the dose at a later time.
4. The maximum effective dose can be up to 1,000 mg twice per day. Modestly greater effectiveness has been observed with doses up to about 2,500 mg/day. Gastrointestinal side effects may limit the dose that can be used.

Nathan, et al. Medical management of hyperglycemia in Type 2 Diabetes: a consensus algorithm for the initiation and adjustment of therapy. *Diabetes Care*. 2008; 31;1-11.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 6/20/25
- **Last Updated Date:** 7/14/25

Sodium-Glucose Cotransporter-2 (SGLT2) Inhibitors

Policy Number: Rx008

I. MEDICATION NAME(S):

- Steglatro (ertugliflozin) preferred for patients with DM (no PA required)
- Dapagliflozin propanediol preferred for patients with DM and CHF
- Brenzavvy (bexagliflozin) preferred for patients with DM (no PA required)
- Jardiance (empagliflozin) non-preferred
- Invokana (canagliflozin) non-preferred
- Inpefa (sotogliflizon) non-preferred

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for glycemic control in a member diagnosed with Type 2 diabetes mellitus? (Refer to Table 1. Criteria for Diagnosis of Diabetes.)
 - a. Yes (go to #2)
 - b. No (go to #7)
2. Has the member had an adequate trial and failure of, contraindication to, or intolerance to metformin dosed at 2,000mg per day? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days. See Additional Information section for metformin initiation guidance.)
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Does the member have any of the following: (1) established atherosclerotic cardiovascular disease (ASCVD) defined as ischemic heart disease, ischemic cerebrovascular disease, or peripheral artery disease; (2) heart failure with a LVEF <45%; (3) chronic kidney disease (CKD) with an eGFR 30-60 mL/min? (Note: examples of ASCVD include MI, stroke, revascularization procedure, transient ischemic attack, unstable angina, amputation, coronary artery disease.)
 - a. Yes (approve for six months)
 - b. No (go to #4)

4. Does the member have a high risk for ASCVD defined as age 55 years or older AND two or more traditional risk factors including obesity, hypertension, dyslipidemia (LDL > 130 mg/dL or taking lipid-lowering therapies), albuminuria, or tobacco use?
 - a. Yes (approve for six months)
 - b. No (go to #5)
5. Has the member had an adequate trial and failure of or contraindication to a dipeptidyl peptidase-4 (DPP-4) inhibitor? (Note: Alogliptin is available without a prior authorization.)
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review)
6. Has the member had an adequate trial and failure of, contraindication to, or intolerance to Steglatro (ertugliflozin) or Brenzavvy (bexagliflozin)?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)
7. Is the requested medication dapagliflozin propanediol prescribed as secondary therapy for a diagnosis of heart failure and within New York Heart Association class II-IV or initiated at hospital discharge? (Note: Patient should continue all initial therapy including a diuretic; an ACE/ARB or ARNI; and a beta-blocker.)
 - a. Yes (approve for six months)
 - b. No (go to #8)
8. Is the requested medication Dapagliflozin propanediol used as a secondary agent for a diagnosis of chronic kidney disease with persistently elevated urinary albumin excretion? (Note: Studies showing renal benefit were conducted in patients with severely increased albuminuria [eg, urinary albumin excretion >300 mg/day].)
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review)
9. Is the drug prescribed by or in consultation with a nephrologist or kidney care specialist?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the member adherent to therapy? (Adherence defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Has the member had a positive clinical response to therapy (such as at least a 10% reduction in A1c or A1c is at goal), OR has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria? (A1c value must be recently measured within the last six months.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

- **Criteria for diagnosis of diabetes**

One of the following per ADA 2023 Guidelines

- | |
|--|
| <ul style="list-style-type: none"> • FPG > or equal 126 mg/dL (7.0 mmol/L). Fasting defined as no caloric intake for at least 8 h.* |
| <ul style="list-style-type: none"> • 2-h PG ≥200 mg/dL (11.1 mmol/L) during OGTT. The test should be performed as described by WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.* |

- A1C \geq 6.5% (48 mmol/mol). The test should be performed in a laboratory using a method that is NGSP certified and standardized to the DCCT assay. *
- In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose \geq 200 mg/dL (11.1 mmol/L).

DCCT, Diabetes Control and Complications Trial; FPG, fasting plasma glucose; OGTT, oral glucose tolerance test; NGSP, National Glycohemoglobin Standardization Program; WHO, World Health Organization; 2-h PG, 2-h plasma glucose. *In the absence of unequivocal hyperglycemia, diagnosis requires two abnormal test results from the same sample or in two separate test samples

- **Metformin Titration**

Initiating Metformin

1. Begin with low-dose metformin (500 mg) taken once or twice per day with meals (breakfast and/or dinner) or 850 mg once per day.
2. After 5-7 days, if gastrointestinal side effects have not occurred, advance dose to 850 mg, or two 500 mg tablets, twice per day (medication to be taken before breakfast and/or dinner).
3. If gastrointestinal side effects appear with increasing doses, decrease to previous lower dose and try to advance the dose at a later time.
4. The maximum effective dose can be up to 1,000 mg twice per day. Modestly greater effectiveness has been observed with doses up to about 2,500 mg/day. Gastrointestinal side effects may limit the dose that can be used.

Nathan, et al. Medical management of hyperglycemia in Type 2 Diabetes: a consensus algorithm for the initiation and adjustment of therapy. *Diabetes Care*. 2008; 31;1-11.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 10/17/2025
- **Last Updated Date:** 10/17/2025

Insulins

Policy Number: Rx009

I. MEDICATION NAME(S):

FORMULARY INSULINS:

- Insulin aspart pen/cartridge
- Insulin aspart protamine mix 70/30 pen/vial

- Insulin lispro Kwikpen/vials
- Insulin lispro Junior Kwikpen
- insulin lispro protamine Mix75-25

- Insulin glargine-yfgn pen
- Lantus Solostar pen
- Humulin N vial
- Novolin N vial
- Humulin N Mix 70-30 vial
- Novolin 70-30 vial

NON-FORMULARY INSULINS:

- Novolog (insulin aspart) cartridge
- Novolog Flexpen (insulin aspart) pen
- Novolog Mix 70-30 Flexpen (insulin aspart protamine/insulin aspart) pen
- Basaglar (insulin glargine)
- Toujeo Solostar U-300 (insulin glargine) pen
- Admelog Solostar (insulin lispro) pen
- Humalog (insulin lispro) cartridge
- Humalog Mix 50-50 Kwikpen (insulin lispro protamine/lispro) pen
- Humalog Mix 75-25 Kwikpen (insulin lispro protamine/lispro) pen
- Humulin 70-30 Kwikpen (insulin NPH/insulin regular) pen
- Novolin 70-30 Flexpen (insulin NPH/insulin regular) pen
- Humulin N Kwikpen (insulin NPH) pen
- Humulin R U-500 (insulin regular) pen

- Humulin R U-500 Kwikpen (insulin regular) pen
- Tresiba U-100 and U-200
- Insulin degludec U-100 and U-200

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for diabetes mellitus (type 1 or 2)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a])
2. Is the request for a non-formulary insulin U-100 insulin?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Has the member had an adequate trial and failure of or contraindication to one formulary insulin?
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a])
4. Is the request for Humulin R U-500?
 - a. Yes (go to #5)
 - b. No (go to #6)
5. Does the member have insulin resistance requiring greater than 200 units per day? (Documentation must include rationale for Humulin R U-500 cartridge vs pen).
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 5a])
6. Is request for concentrated insulin (U-200 and U-300) and does the member require greater than 80 units per day? For insulin degludec U-200, maximum dose must be equal to or less than 200 units per day.
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist [deny 5a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

For members already started and stabilized on a non-preferred insulin, UHA will allow a transition fill to allow time to switch to the preferred insulin.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 10/17/2025
- **Last Updated Date:** 10/17/2025

Topical Antifungals

Policy Number: Rx010

I. MEDICATION NAME(S):

- ciclopirox
- naftifine HCl
- Lamisil (terbinafine HCl)

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member under age 21?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review)
4. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services? (Fungal infections of the skin, scalp, groin and nails are not funded for most members. Some conditions are covered if the member is immunocompromised, like those with AIDS or cancer.)
 - a. Yes (go to #6)
 - b. No (go to #5)
5. Is there a comorbid condition for which coverage would be allowed? For example, type 2 diabetes or other conditions that may increase the risk of serious secondary skin infections.
 - a. Yes (go to #6)

- b. No (forward to pharmacist for review)
6. Has the member tried and failed clotrimazole 1% cream; nystatin cream, ointment, or powder; miconazole 2% cream; terbinafine 1% cream; and ketoconazole 2% cream or shampoo (on formulary without PA) or are these medications not appropriate to treat the member's condition?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
7. Is the requested medication on formulary?
 - a. Yes (approve for six months)
 - b. No (go to #8)
8. Has the member tried and failed all less-costly formulary alternative medications?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the requested drug being used outside of the FDA-approved treatment duration?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Has documentation been submitted to support the continued use of this medication in accordance with clinical guidelines? (Refer to UpToDate or product labeling for appropriate treatment duration.)
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Clonazepam

Policy Number: Rx013

I. MEDICATION NAME(S):

- clonazepam

II. LENGTH OF AUTHORIZATION:

- Initial: one to six months (one year for seizures, oncology, or palliative care)
- Renewal: up to six months (one year for seizures, oncology, or palliative care)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for a member with a malignant neoplasm or other end-of-life diagnosis?
 - a. Yes (approve for one year)
 - b. No (go to #2)
2. Is the drug used for a member with a diagnosed seizure disorder OR is the patient enrolled in a program for short-term outpatient management of alcohol withdrawal syndrome? Note: benzodiazepines are not indicated for alcohol dependence.
 - a. Yes (approve for length of benefit for seizure disorder OR up to 1 month for alcohol withdrawal)
 - b. No (go to #3)
3. Has the provider reviewed the Oregon Prescription Monitoring Program registry within the last three months and documented appropriate results?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist [deny])
4. Is the request for treatment of post traumatic stress disorder (PTSD)? Note: Risks of benzodiazepine treatment outweigh benefits for patients with PTSD. Treatment with benzodiazepines is not recommended.
 - a. Yes (forward to pharmacist for review [deny])
 - b. No (got to #5)
5. Is the drug used for anxiety or panic disorder?
 - a. Yes (go to #6)
 - b. No (go to #7)
6. Is the medication prescribed by or in consultation with a prescribing mental health specialist OR does the patient have a documented trial and failure, contraindication, intolerance, or inability to access recommended first-line treatment options (first-line options include antidepressants AND psychotherapy [e.g. behavioral therapy, relaxation response training, mindfulness meditation training, eye movement desensitization and reprocessing]? Note: An adequate trial to determine efficacy of an SSRI or SNRI is 4-6 weeks.

- a. Yes (go to #9)
 - No (forward to pharmacist for review)
- 7. Is the request for treatment of psychosis, schizophrenia or schizoaffective disorder?
 - a. Yes (go to #8)
 - b. No (go to #9)
- 8. Is the medication prescribed by or in consultation with a prescribing mental health specialist OR does the patient have an adequate trial and failure, contraindication, intolerance, or inability to access recommended first-line treatment options (first-line options include second generation antipsychotics AND psychotherapy [e.g. counseling, cognitive behavioral therapy, social skills training, or psychoeducation])?

Note: For continued symptoms, assess adherence and dose optimization. For patients on an adequate dose of antipsychotic, guidelines recommend trial of a second antipsychotic or augmentation with a mood stabilizer.

 - a. Yes (go to #9)
 - b. No (forward to pharmacist [deny])
- 9. Is the member taking a concurrent sedative, hypnotic, muscle relaxant, or opioid?
 - a. Yes (go to # 10)
 - b. No (go to #11)
- 10. Is concurrent sedative therapy part of a plan to switch and taper off a long-acting benzodiazepine (such as diazepam, clonazepam, or chlordiazepoxide) AND has the provider included a detailed strategy to taper?

Note: a documented taper strategy should include planned dose reductions and length of time between each dose modification for at least the next few weeks. It should also include a documented follow-up plan to monitor progress and manage withdrawal symptoms (regular check-ins are essential for a successful taper). Triazolam may be discontinued without a taper in most cases (2-hour half-life prevents physical dependence).

 - a. Yes (Approve duplicate benzodiazepine therapy for the duration specified in the taper plan (not to exceed 6 months).
 - b. No (forward to pharmacist [deny])
- 11. Is there appropriate rationale to support long-term benzodiazepine use for this indication?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the drug used for a member with a malignant neoplasm or other end-of-life diagnosis?
 - a. Yes (approve for one year)
 - b. No (go to #2)
2. Is the drug used for a member with a diagnosed seizure disorder?
 - a. Yes (approve for length of benefit)
 - b. No (go to #3)
3. Is the member taking a concurrent sedative, muscle relaxant, hypnotic or opioid?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #4)

4. Has the provider reviewed the Oregon Prescription Monitoring Program registry within the last three months and documented appropriate results?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
5. Is there documentation based on medical records that provider and patient have discussed whether benefits of long-term therapy (e.g. symptom improvement, social function, number of hospitalizations, etc.) continue to outweigh risks of therapy (e.g. sedation, dependence, cognitive dysfunction and/or psychiatric instability)?
 - a. Yes (approve for up to 12 months)
 - b. No (forward to pharmacist for review)

V. ADDITIONAL INFORMATION:

VI. REVISION HISTORY:

- **Last Reviewed Date:** 10/17/2025
- **Last Updated Date:** 10/17/2025

Topical Corticosteroids

Policy Number: Rx015

I. MEDICATION NAME(S):

- amcinonide
- betamethasone dipropionate
- clobetasol propionate
- clobetasol emollient
- clobetasol emulsion
- clocortolone pivalate
- Apexicon E (diflorasone diacetate/emoll)
- fluocinolone acetonide
- fluocinonide
- Scalacort DK (hydrocort/sal acid/sulf/shamp1)
- hydrocortisone (Ala-Cort, Ala-Scalp, Anti-Itch, Cortaid, Cortisone, Cortizone-10, Cortizone-10 Plus, Eczema Anti-Itch, Hydrocream, Noble Formula HC, Preparation H, Procto-Pak, Scalp Relief, Scalpicin, Soothing Care)
- Texacort (hydrocortisone)
- Nucort (hydrocortisone acet/aloe vera)
- hydrocortisone acetate
- hydrocortisone butyrate
- Pandel (hydrocortisone probutate)
- hydrocortisone/aloe vera (Cortizone-10, Hydrocortisone Plus, Hydrocortisone-Aloe, Hydroskin)
- mometasone furoate
- triamcinolone acetonide (Trianex, Triderm)

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- Multiple (see formulary)

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the member under age 21?
 - a. Yes (go to #3)
 - b. No (go to #4)

3. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services? (Mild to moderate inflammatory skin conditions are not funded. Refer to Guideline Note 21 for coverage of severe inflammatory skin disease: functional impairment as indicated by Dermatology Life Quality Index (DLQI) \geq 11 or Children's Dermatology Life Quality Index (CDLQI) \geq 13 (or severe score on other validated tool) AND one or more of the following: (1) at least 10% of body surface area involved; OR (2) hand, foot, face, or mucous membrane involvement.)
 - a. Yes (go to #6)
 - b. No (go to #5)
5. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 3a/3c and/or 5a GLN21 for mild/moderate skin conditions])
6. Has the member tried and failed triamcinolone 0.1% cream or ointment (on formulary without PA) or is this medication not appropriate to treat the member's condition?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 7a])
7. Has the member tried and failed all less-costly formulary alternative medications?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a or 5k])

V. RENEWAL CRITERIA:

1. Is the requested drug being used outside of the FDA-approved treatment duration?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Has documentation been submitted to support the continued use of this medication in accordance with clinical guidelines? (Refer to UpToDate or product labeling for appropriate treatment duration.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Neoplastic Disease

Policy Number: Rx018

I. MEDICATION NAME(S):

- abiraterone acetate
- Hexalen (altretamine)
- azacitidine
- Treanda (bendamustine HCl)
- bexarotene
- Myleran (busulfan)
- Jevtana (cabazitaxel)
- capecitabine
- Erbitux (cetuximab)
- Leukeran (chlorambucil)
- cyclophosphamide
- dactinomycin
- Sprycel (dasatinib)
- Docefrez (docetaxel)
- docetaxel
- Tarceva (erlotinib HCl)
- Emcyt (estramustine phosphate sodium)
- Afinitor (everolimus)
- Iressa (gefitinib)
- gemcitabine HCl
- imatinib mesylate
- Camptosar (irinotecan HCl)
- Tykerb (lapatinib ditosylate)
- Revlimid (lenalidomide)
- Gleostine (lomustine)
- lomustine
- Lysodren (mitotane)
- Tassigna (nilotinib HCl)
- nilutamide
- oxaliplatin
- Votrient (pazopanib HCl)
- Sylatron (peginterferon alfa-2b)
- Sylatron 4-Pack (peginterferon alfa-2b)
- Folutyn (pralatrexate)
- Matulane (procarbazine HCl)
- romidepsin
- Nexavar (sorafenib tosylate)
- Sutent (sunitinib malate)
- temozolomide
- Tabloid (thioguanine)
- Hycamtin (topotecan HCl)
- topotecan HCl
- toremifene citrate
- tretinoin
- Caprelsa (vandetanib)
- Zolanza (vorinostat)
- Multiple non-formulary antineoplastics (must first try and fail formulary alternatives if applicable)

II. LENGTH OF AUTHORIZATION:

- Variable

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication, OR a medically appropriate off-label use with strong evidence supporting safety and efficacy, AND listed as a preferred intervention by NCCN with quality and consistency of evidence of at least 3, OR listed as an alternative options with additional compelling information provided? NOTE: Includes all information required in the FDA approval or NCCN recommendation, including but not limited to diagnosis, stage of cancer, biomarkers, place in therapy, and use as monotherapy or combination therapy. (Refer to Table 1 in 'Additional Information' for NCCN quality of evidence and consistency of evidence ratings.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the member under age 21?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services?
 - a. Yes (go to #6)
 - b. No (go to #5)
5. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 3a/3c])
6. If applicable, does the request meet criteria for treatment coverage specified in Guideline Note 12 of the Health Evidence Review Commission (HERC) Prioritized List of Health Services, considering treatment of cancer with little or no benefit (see 'Additional Information' section for Guideline Note 12)?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a GLN12])
7. Is the medication prescribed by or in consultation with a hematologist or oncologist, as appropriate, for the type of cancer?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
8. Does the member have a Karnofsky Performance Status 50% or less or ECOG performance score 3 or greater?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #9)
9. According to NCCN guidelines, are there alternative less-costly therapies recommended at the same or better evidence level?
 - a. No (approve for three months or other appropriate duration based on indication, treatment regimen, and monitoring requirements)
 - b. Yes (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. According to FDA labeling and NCCN guidelines, is treatment still indicated?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a])
2. Has there been evidence of disease responsiveness to therapy?
 - a. Yes (approve for appropriate duration up to one year)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

- Prioritized List of Health Services Guideline Note 12, Patient-Centered Care of Advanced Cancer:
 - Cancer is a complex group of diseases with treatments that vary depending on the specific subtype of cancer and the patient's unique medical and social situation. Goals of appropriate cancer therapy can vary from intent to cure, disease burden reduction, disease stabilization and control of symptoms. Cancer care must always take place in the context of the patient's support systems, overall health, and core values. Patients should have access to appropriate peer-reviewed clinical trials of cancer therapies. A comprehensive multidisciplinary approach to treatment should be offered including palliative care services (see STATEMENT OF INTENT 1, PALLIATIVE CARE).
 - Treatment with intent to prolong survival is not a covered service for patients who have progressive metastatic cancer with:
 - Severe co-morbidities unrelated to the cancer that result in significant impairment in two or more major organ systems which would affect efficacy and/or toxicity of therapy; OR
 - A continued decline in spite of best available therapy with a non reversible Karnofsky Performance Status or Palliative Performance score of <50% with ECOG performance status of 3 or higher which are not due to a pre-existing disability.
 - Treatments with intent to relieve symptoms or improve quality of life are covered as defined in STATEMENT OF INTENT 1, PALLIATIVE CARE. Examples:
 - Single-dose radiation therapy for painful bone metastases with the intent to relieve pain and improve quality of life.
 - Surgical decompression for malignant bowel obstruction. Single fraction radiotherapy should be given strong consideration for use over multiple fraction radiotherapy when clinically appropriate (e.g., not contraindicated by risk of imminent pathologic fracture, worsening neurologic compromise or radioresistant histologies such as sarcoma, melanoma, and renal cell carcinoma).
 - Medication therapy such as chemotherapy with low toxicity/low side effect agents with the goal to decrease pain from bulky disease or other identified complications. Cost of chemotherapy and alternative medication(s) should also be considered.
 - To qualify for treatment coverage, the cancer patient must have a documented discussion about treatment goals, treatment prognosis and the side effects, and

knowledge of the realistic expectations of treatment efficacy. This discussion may take place with the patient’s oncologist, primary care provider, or other health care provider, but preferably in a collaborative interdisciplinary care coordination discussion. Treatment must be provided via evidence-driven pathways (such as NCCN, ASCO, ASH, ASBMT, or NIH Guidelines) when available.

- Table 1. NCCN Evidence Blocks Categories and Definitions

NCCN EVIDENCE BLOCKS CATEGORIES AND DEFINITIONS

5					
4					
3					
2					
1					

E S Q C A

E = Efficacy of Regimen/Agent
S = Safety of Regimen/Agent
Q = Quality of Evidence
C = Consistency of Evidence
A = Affordability of Regimen/Agent

Example Evidence Block

5					
4					
3					
2					
1					

E S Q C A

E = 4
S = 4
Q = 3
C = 4
A = 3

Efficacy of Regimen/Agent	
5	Highly effective: Cure likely and often provides long-term survival advantage
4	Very effective: Cure unlikely but sometimes provides long-term survival advantage
3	Moderately effective: Modest impact on survival, but often provides control of disease
2	Minimally effective: No, or unknown impact on survival, but sometimes provides control of disease
1	Palliative: Provides symptomatic benefit only

Quality of Evidence	
5	High quality: Multiple well-designed randomized trials and/or meta-analyses
4	Good quality: One or more well-designed randomized trials
3	Average quality: Low quality randomized trial(s) or well-designed non-randomized trial(s)
2	Low quality: Case reports or extensive clinical experience
1	Poor quality: Little or no evidence

Consistency of Evidence	
5	Highly consistent: Multiple trials with similar outcomes
4	Mainly consistent: Multiple trials with some variability in outcome
3	May be consistent: Few trials or only trials with few patients, whether randomized or not, with some variability in outcome
2	Inconsistent: Meaningful differences in direction of outcome between quality trials
1	Anecdotal evidence only: Evidence in humans based upon anecdotal experience

Safety of Regimen/Agent	
5	Usually no meaningful toxicity: Uncommon or minimal toxicities; no interference with activities of daily living (ADLs)
4	Occasionally toxic: Rare significant toxicities or low-grade toxicities only; little interference with ADLs
3	Mildly toxic: Mild toxicity that interferes with ADLs
2	Moderately toxic: Significant toxicities often occur but life threatening/fatal toxicity is uncommon; interference with ADLs is frequent
1	Highly toxic: Significant toxicities or life threatening/fatal toxicity occurs often; interference with ADLs is usual and severe

Affordability of Regimen/Agent (includes drug cost, supportive care, infusions, toxicity monitoring, management of toxicity)	
5	Very inexpensive
4	Inexpensive
3	Moderately expensive
2	Expensive
1	Very expensive

Note: For significant chronic or long-term toxicities, score decreased by 1

VII. REVISION HISTORY:

- Last Reviewed Date: 12/7/2022
- Last Updated Date: 12/7/2022

Hepatitis C Direct Acting Antivirals

Policy Number: Rx019

I. MEDICATION NAME(S):

- Daklinza (daclatasvir dihydrochloride)
- Zepatier (elbasvir/grazoprevir)
- Mavyret (glecaprevir/pibrentasvir)*
- Harvoni (ledipasvir/sofosbuvir)
- ledipasvir/sofosbuvir
- Viekira Pak
(ombita/paritap/riton/dasabuvir)
- Sovaldi (sofosbuvir)
- Vosevi
(sofosbuvir/velpatas/voxilaprev)
- Epclusa (sofosbuvir/velpatasvir)*
- sofosbuvir/velpatasvir*

**preferred agents according to the Oregon Health Authority (OHA) fee-for-service (FFS) preferred drug list (PDL)*

II. LENGTH OF AUTHORIZATION:

- 8-24 weeks (internal note: extend the PA end date for 4 weeks to allow for a delayed start)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. See FFS Approval Criteria:
https://www.orpdl.org/durm/PA_Docs/HCV_directactingantivirals.pdf

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

- UHA aligns with the OHA FFS PDL and prior authorization criteria.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Tryvio (aprocitentan)

Policy Number: Rx020

I. MEDICATION NAME(S):

- Tryvio (aprocitentan)

II. LENGTH OF AUTHORIZATION:

- Initial: 6 months
- Renewal: one year

III. QUANTITY LIMITS:

- 30 tablets/30 days

IV. INITIAL CRITERIA:

1. Is the member 18 years of age or older?
 - a. Yes (go to #2)
 - b. No (deny 8a)
2. Provider attestation that the member's blood pressure remains above target goal despite appropriate adherence to standard therapies.
 - a. Yes (go to #3)
 - b. No (Deny 5a)
3. Provider attestation that secondary causes of hypertension have been ruled out, such as pseudo-resistant hypertension, white coat hypertension, obstructive sleep apnea, primary aldosteronism, renal artery stenosis.
 - a. Yes (go to #4)
 - b. No (deny 5a)
4. Provider attests to a review of medications that may be exacerbating hypertension and a removal or reduction in contributing medication, such as NSAIDs, oral contraceptives, chemotherapy agents, etc.
 - a. Yes (go to #5)
 - b. No (deny 5a)
5. Treatment with at least one agent in all the following groups has been ineffective or not tolerated or are contraindicated:
 - RAS inhibitors (lisinopril, losartan, enalapril, valsartan)
 - Calcium channel blocker (amlodipine, felodipine, nifedipine, verapamil, diltiazem)
 - Thiazide/thiazide-like diuretic (hydrochlorothiazide, chlorthalidone,

- indapamide)
 - Mineralocorticoid receptor antagonist (spironolactone, eplerenone)
 - a. Yes (go to #6)
 - b. No (deny 5a/7a)
- 6. Treatment with an additional antihypertensive agent of a different mechanism of action, beta-blockers, hydralazine, clonidine has been ineffective, not tolerated or contraindicated.
 - a. Yes (go to #7)
 - b. No (deny 5a)
- 7. Provider indicates the patient does not have moderate to severe hepatic impairment or elevated aminotransferases (>3 times ULN)
 - a. Yes (go to #8)
 - b. No (deny 8a/5a)
- 8. Has the prescribing provider been enrolled in the Tryvio REMS program?
 - a. Yes (approve for 6 months)
 - b. No (deny 5a)

V. RENEWAL CRITERIA:

1. Patient is not currently pregnant and is enrolled in the REMS program
 - a. Yes (go to #2)
 - b. No (deny 5a)
2. Patient has documented adherence to medication
 - a. Yes (go to #3)
 - b. No (deny 5u)
3. Provider has documented a positive clinical response to therapy, such as achieving and maintaining goal blood pressure on medication.
 - a. Yes (approve for 1 year)
 - b. No (deny 5a)

VI. ADDITIONAL INFORMATION:

Tryvio is an endothelin receptor antagonist indicated for the treatment of hypertension in combination with at least three other antihypertensive medications to lower blood pressure in adults who are not adequately controlled on other medications. Lowering blood pressure reduces risk of fatal and non-fatal cardiovascular events, primarily stroke and myocardial infarctions. This medication is a last line agent with many other medications available without prior authorization available.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/16/24
- **Last Updated Date:** 12/16/24

Skeletal Muscle Relaxants

Policy Number: Rx021

I. MEDICATION NAME(S):

- chlorzoxazone 500 mg tablet
- orphenadrine citrate ER 100 mg tablet
- multiple nonformulary medications

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: three months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for treatment of muscle spasm or pain associated with an acute musculoskeletal condition?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the request for a nonformulary medication?
 - a. Yes (go to #4)
 - b. No (go to #3)
3. Has the member tried and failed baclofen, cyclobenzaprine, methocarbamol, and tizanidine or are these medications not appropriate to treat the member's condition?
 - a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 7a])
4. Has the member had an adequate trial and failure of, contraindication to, or intolerance to all formulary medications: baclofen, cyclobenzaprine, methocarbamol, tizanidine, chlorzoxazone (requires PA), and orphenadrine (requires PA)? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 5k])

V. RENEWAL CRITERIA:

1. Has documentation been submitted to support the continued use of this medication in accordance with clinical guidelines? (Refer to UpToDate or product labeling for appropriate treatment duration.)
 - a. Yes (approve for three months)

- b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/20/2023
- **Last Updated Date:** 12/11/2019

Monoclonal Antibodies for Alzheimer's Disease

Policy Number: Rx022

I. MEDICATION NAME(S):

- Donanemab (Kisunla)
- Lecanemab (Leqembi)

II. LENGTH OF AUTHORIZATION:

- Initial: 6 months
Renewal: 1 year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug to be used for treatment of a patient diagnosed with Alzheimer's Dementia AND has the prescriber ruled out other types of dementia, such as vascular dementia, Lewy body and frontotemporal?
 - a. Yes (go to #2)
 - b. No (deny 5a/8a)
2. Is the therapy prescribed by or in consultation with a neurologist?
 - a. Yes (go to #3)
 - b. No (deny 5a)
3. Is the patient between 50 and 90 years of age?
 - a. Yes (go to #4)
 - b. No (deny 8a)
4. Is there documented evidence that the patient has mild cognitive impairment due to Alzheimer's disease or mild Alzheimer's dementia as evidence by the following assessments performed within the last 6 months:
 - Clinical Dementia Rating-Global Score (CDR-GS) of 5.0 or 1.0 AND
 - Mini-Mental Status Exam score between 22 and 30 (inclusive) AND
 - Positron Emission Tomography (PET) scan positive for elevated amyloid beta plaque or presence of elevated amyloid and/or elevated phosphorylated tau confirmed in cerebrospinal fluid (CSF)?
 - a. Yes (go to #5)
 - b. No (deny 5a)

5. Has the prescriber assessed and documented baseline disease severity within the last 6 months utilizing an objective measure/tool (ADAS-Cog, ADCS-ADL-MCI, CDR-SB, MMSE or other validated AD monitoring tools)?
 - a. Yes (go to #6)
 - b. No (deny 5a)
6. Has the patient received a baseline brain magnetic resonance imaging (MRI) within 1 year prior to initiating treatment with no evidence of pre-treatment localized superficial siderosis or brain hemorrhage?
 - a. Yes (go to #7)
 - b. No (deny 5a)
7. Has the prescriber scheduled additional brain MRIs to be obtained as described in table 1 to evaluate for the presence of asymptomatic amyloid related imaging abnormalities (ARIA-E) edema and/or ARIA-H hemorrhage?
 - a. Yes (go to #8)
 - b. No (deny for 5a)
8. Is the patient currently receiving anticoagulant or antiplatelet therapy (excluding aspirin 81mg)?
 - a. Yes (pass to RPh for review)
 - b. No (go to #9)
9. Is there documentation based on medical records that the prescriber has tested the patient for the presence of ApoE4 and if a carrier has discussed benefits and risks associated with therapy?
 - a. Yes (Approve for 6 months)
 - b. No (pass to RPh for review)

V. RENEWAL CRITERIA:

1. Is there documented evidence that the patient has mild cognitive impairment due to Alzheimer's disease or mild Alzheimer's dementia as evidence by the following assessments performed within the last 30 days:
 - CDR-GS of 0.5 or 1.0 AND
 - Objective evidence of cognitive impairment at screening AND
 - MMSE score between 22 and 30 (inclusive)
 - a. Yes (go to #2)
 - b. No (deny 5a)
2. IS there documented evidence of follow-up MRIs performed and/or scheduled as recommended in Table 1 for therapy safety surveillance?
 - a. Yes (go to #3)
 - b. No (Deny 5a)
3. Was there a serious adverse event (symptomatic moderate to severe ARIA-H or ARIA-e observed or reported with therapy)?
 - a. Yes (Deny 5a)
 - b. No (go to #4)
4. Has the patient received at least 6 months of uninterrupted therapy?
 - a. Yes (go to #5)
 - b. No (approve the remaining duration of 6 months titration period)
5. Is the request of donanemab?

- a. Yes (Go to #6)
 - b. No (Go to #8)
6. Has PET imaging been performed within the last 6 months to confirm the presence of amyloid plaques?
 - a. Yes (go to #7)
 - b. No (Deny 5a)
7. Does the patient have amyloid plaque levels at <11 centoloids on a single PET scan or 11 to <25 on consecutive months?
 - a. Yes (deny 5a)
 - b. No (go to #8)
8. Is there documentation that compared to baseline assessment, therapy has resulted in: cognitive or functional improvement OR disease stabilization or a reduction in rate of clinical decline compared to the natural disease progression?
 - a. Yes (Approved for up to 6 months)
 - b. No (pass to RPh for review)

VI. ADDITIONAL INFORMATION:

TABLE 1

DRUG	MRI TIMING FOR ARIA MONITORING	DOSING	FREQUENCY OF ADMIN
Donanemab	Prior to Infusion 2 (no longer than 1 year)	Month 1: 350mg IV over 30 minutes	Every 4 weeks
	Prior to Infusion 3	Month 2: 700mg IV over 30 min	
	Prior to Infusion 4	Month 3: 1050mg IV over 30 min	
	Prior to Infusion 7	Month 4 and beyond: 1400mg IV over 30 min	
	Annually		
Lecanemab	Prior to Infusion 2 (no longer than 1 year)	10mg/kg IV over 60 min	Every 2 weeks
	Prior to Infusion 3		
	Prior to Infusion 4		
	Prior to Infusion 7		
	Annually		

VII. REVISION HISTORY:

- **Last Reviewed Date:** 1/8/25
- **Last Updated Date:** 1/8/25

Selective Serotonin Agonists

Policy Number: Rx023

I. MEDICATION NAME(S):

- *almotriptan oral tablet (non-formulary)*
- *eletriptan oral tablet (non-formulary)*
- *frovatriptan (non-formulary)*
- Reyvow (lasmiditan) oral tablet (PA, QL)
- naratriptan HCl oral tablet (QL)
- rizatriptan oral tablet (QL)
- rizatriptan ODT (QL)
- sumatriptan oral tablet (QL)
- sumatriptan nasal spray (PA, QL)
- sumatriptan SQ pen (PA, QL)
- sumatriptan SQ cartridge (PA, QL)
- sumatriptan SQ vial (PA, QL)
- zolmitriptan oral tablet (QL)
- zolmitriptan ODT (QL)

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- Reyvow (lasmiditan) oral tablets: 4 tablets per 30 days
- almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan and zolmitriptan oral tablets and ODT: 9 tablets per 30 days
- sumatriptan nasal spray: 1 package (6 mL) per 30 days
- sumatriptan SQ pen and cartridge: 1 package (1 ml) per 30 days
- sumatriptan SQ vial: 1 vial (2.5 mL) per 30 days

IV. INITIAL CRITERIA:

1. Is the drug used for the treatment of migraine headaches?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the request for an oral formulary triptan (naratriptan, rizatriptan, sumatriptan, or zolmitriptan)?
 - a. Yes (go to #4)
 - b. No (go to #3)
3. Has the member tried and failed at least three oral formulary triptans (naratriptan, rizatriptan, sumatriptan, or zolmitriptan) or has the prescriber submitted appropriate documentation explaining why these medications cannot be used?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Is the request for a quantity exception to exceed the quantity limit (QL)?

- a. Yes (forward to pharmacist for review)
- b. No (approve for LOB)

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

- According to product labeling, the safety and effectiveness of treating more than 4 headaches in a 30-day period. Furthermore, triptans should be used less than ten days per month to avoid medication overuse headaches. UHA will not exceed our quantity limits which are in alignment with these guidelines and product labeling.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/15/2023
- **Last Updated Date:** 9/30/2020

Ropinirole

Policy Number: Rx024

I. MEDICATION NAME(S):

- ropinirole ER

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services? (Restless legs syndrome is not a funded condition.)
 - a. Yes (approve for LOB)
 - b. No (go to #3)
3. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 3a, RLS])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/20/2023
- **Last Updated Date:** 6/12/2019

Interferon Beta-1a

Policy Number: Rx025

I. MEDICATION NAME(S):

- Avonex Kit (interferon beta-1a/albumin)
- Avonex Pen (interferon beta-1a)

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for the treatment of relapsing forms of multiple sclerosis (MS), including clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease?
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 8a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/30/2022
- **Last Updated Date:** 12/11/2019

Dimethyl Fumarate

Policy Number: Rx026

I. MEDICATION NAME(S):

- dimethyl fumarate

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- 120-240 mg: 60 capsules in 30 days
- 120 mg: 14 capsules in 7 days
- 240 mg: 60 capsules in 30 days

IV. INITIAL CRITERIA:

1. Is the drug used for the treatment of relapsing forms of multiple sclerosis (MS), including clinically isolated syndrome, relapsing-remitting disease, and active secondary progressive disease?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the request for monotherapy and is not intended to be used in combination with other MS drugs?
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 5a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/30/2022
- **Last Updated Date:** 3/30/2022

Antineoplastic Gonadotropin Releasing Hormone Agonist

Policy Number: Rx028

I. MEDICATION NAME(S):

- Zoladex (goserelin acetate)
- Vantas (histrelin acetate)
- Eligard (leuprolide acetate)
- leuprolide acetate
- Lupron depot (leuprolide acetate)
- Lupaneta (leuprolide/norethindrone)
- Trelstar (triptorelin pamoate)

II. LENGTH OF AUTHORIZATION:

- Cancer: initial and renewal: one year
- Endometriosis: initial and renewal: six months (max duration is one year)
- Leiomyoma: initial: three months (max duration)
- Gender dysphoria: initial and renewal: one year (up to age 18 years)
- Precocious puberty: initial and renewal: one year (up to age 11 years for females and 12 years for males)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy (cancer, endometriosis, gender dysphoria, leiomyoma, precocious puberty)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the treatment appropriate for the member's age and condition according to product labeling?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the medication prescribed by or in consultation with an appropriate health care provider with expertise in treating this condition: hematologist/oncologist for cancer; obstetrician/gynecologist for endometriosis and leiomyoma; or pediatric endocrinologist for gender dysphoria and precocious puberty?

- a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
- 4. Is the request for a leuprolide product?
 - a. Yes (go to #6)
 - b. No (go to #5)

5. Has the member had an adequate trial and failure of, contraindication to, or intolerance to a leuprolide product, or is leuprolide not indicated? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5k])
6. Is the drug prescribed for a diagnosis of cancer?
 - a. Yes (go to #12)
 - b. No (go to #7)
7. Is the drug prescribed for a diagnosis of endometriosis?
 - a. Yes (go to #15)
 - b. No (go to #8)
8. Is the drug prescribed for a diagnosis of leiomyoma?
 - a. Yes (go to #17)
 - b. No (go to #9)
9. Is the drug prescribed for a diagnosis of gender dysphoria?
 - a. Yes (go to #18)
 - b. No (go to #10)
10. Is the drug prescribed for a diagnosis of precocious puberty)?
 - a. Yes (go to #19)
 - b. No (forward to pharmacist for review [deny 8a])
11. Is the drug used for an FDA-approved indication, OR a medically appropriate off-label use with strong evidence supporting safety and efficacy, AND listed as a preferred intervention by NCCN with quality and consistency of evidence of at least 3, OR listed as an alternative options with additional compelling information provided? NOTE: Includes all information required in the FDA approval or NCCN recommendation, including but not limited to diagnosis, stage of cancer, biomarkers, place in therapy, and use as monotherapy or combination therapy. (Refer to Table 1 in 'Additional Information' for NCCN quality of evidence and consistency of evidence ratings.)
 - a. Yes (go to #12)
 - b. No (forward to pharmacist for review [deny 8a])
12. Is the member under age 21?
 - a. Yes (go to #13)
 - b. No (go to #14)
13. Is the intent of treatment to prolong survival for progressive metastatic cancer with: A) Severe co-morbidities unrelated to the cancer that result in significant impairment in two or more major organ systems which would affect efficacy and/or toxicity of therapy; OR B) A continued decline in spite of best available therapy with a non-reversible Karnofsky Performance Status or Palliative Performance score of <50% with ECOG performance status of 3 or higher which are not due to a pre-existing disability.
 - a. Yes (forward to pharmacist for review [deny 5a])
 - b. No (approve for one year)
14. If applicable, does the request meet criteria for treatment coverage specified in Guideline Note 12 of the Health Evidence Review Commission (HERC) Prioritized List of

Health Services, considering treatment of cancer with little or no benefit (Refer to Guideline Note 12)?

- a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a GLN 12])
15. Has the endometriosis diagnosis been confirmed by laparoscopy?
- a. Yes (go to #16)
 - b. No (forward to pharmacist for review [deny 5a])
16. Has the member had an adequate trial and failure of, contraindication to, or intolerance to hormonal therapies (combined oral contraceptives, progestins, or levonorgestrel IUD)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
17. Is the request for preoperative treatment of anemia caused by fibroids (uterine leiomyoma)?
- a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 8a])
18. Is the member's age less than 18 years?
- a. Yes (approve up to one year or until the age of 18, whichever comes first)
 - b. No (forward to pharmacist for review [deny 5a])
- a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
19. Is the member's age less than 11 years for females and 12 years for males?
- a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 8a])

V. RENEWAL CRITERIA:

1. Is the drug prescribed for a diagnosis of cancer?
 - a. Yes (go to #6)
 - b. No (go to #2)
2. Is the drug prescribed for a diagnosis of endometriosis?
 - a. Yes (go to #7)
 - b. No (go to #3)
3. Is the drug prescribed for a diagnosis of leiomyoma?
 - a. Yes (forward to pharmacist for review [deny 8a, max treatment duration is three months])
 - b. No (go to #4)
4. Is the drug prescribed for a diagnosis of gender dysphoria?
 - a. Yes (go to #8)
 - b. No (go to #5)
5. Is the drug prescribed for a diagnosis of precocious puberty?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review [deny 8a])
6. Has there been evidence of disease responsiveness to therapy?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])

7. Has the length of therapy been less than one year?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 8a])
8. Is the member's age less than 18 years?
 - a. Yes (approve up to one year or until the age of 18, whichever comes first)
 - b. No (forward to pharmacist for review [deny 5a])
9. Is the member's age less than 11 years for females and 12 years for males?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 8a])

VI. ADDITIONAL INFORMATION:

- Table 1. NCCN Evidence Blocks Categories and Definitions

NCCN EVIDENCE BLOCKS CATEGORIES AND DEFINITIONS		Example Evidence Block
5		E = 4
4		S = 4
3		Q = 3
2		C = 4
1		A = 3
	E S Q C A	E S Q C A

Efficacy of Regimen/Agent		Quality of Evidence	
5	Highly effective: Cure likely and often provides long-term survival advantage	5	High quality: Multiple well-designed randomized trials and/or meta-analyses
4	Very effective: Cure unlikely but sometimes provides long-term survival advantage	4	Good quality: One or more well-designed randomized trials
3	Moderately effective: Modest impact on survival, but often provides control of disease	3	Average quality: Low quality randomized trial(s) or well-designed non-randomized trial(s)
2	Minimally effective: No, or unknown impact on survival, but sometimes provides control of disease	2	Low quality: Case reports or extensive clinical experience
1	Palliative: Provides symptomatic benefit only	1	Poor quality: Little or no evidence

Safety of Regimen/Agent		Consistency of Evidence	
5	Usually no meaningful toxicity: Uncommon or minimal toxicities; no interference with activities of daily living (ADLs)	5	Highly consistent: Multiple trials with similar outcomes
4	Occasionally toxic: Rare significant toxicities or low-grade toxicities only; little interference with ADLs	4	Mainly consistent: Multiple trials with some variability in outcome
3	Mildly toxic: Mild toxicity that interferes with ADLs	3	May be consistent: Few trials or only trials with few patients, whether randomized or not, with some variability in outcome
2	Moderately toxic: Significant toxicities often occur but life threatening/fatal toxicity is uncommon; interference with ADLs is frequent	2	Inconsistent: Meaningful differences in direction of outcome between quality trials
1	Highly toxic: Significant toxicities or life threatening/fatal toxicity occurs often; interference with ADLs is usual and severe	1	Anecdotal evidence only: Evidence in humans based upon anecdotal experience

Affordability of Regimen/Agent (includes drug cost, supportive care, infusions, toxicity monitoring, management of toxicity)	
5	Very inexpensive
4	Inexpensive
3	Moderately expensive
2	Expensive
1	Very expensive

Note: For significant chronic or long-term toxicities, score decreased by 1

VII. REVISION HISTORY:

- Last Reviewed Date: 7/2/24
- Last Updated Date: 7/2/24

Desmopressin

Policy Number: Rx029

I. MEDICATION NAME(S):

- desmopressin acetate nasal spray

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for a diagnosis of hemophilia A with factor VIII level greater than 5% or von Willebrand disease type 1 with factor VIII levels greater than 5%?
 - a. Yes (approve nasal spray for LOB)
 - b. No (forward to pharmacist for review [deny 8a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Growth Hormones

Policy Number: Rx030

I. MEDICATION NAME(S):

- Norditropin (somatropin) (*preferred*)
- Genotropin (somatropin)
- Humatrope (somatropin) cartridge
- Omnitrope (somatropin)
- Multiple non-formulary drugs

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy (see chart under Additional Information section)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the member under age 21?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services, OR is there a comorbid condition for which coverage would be allowed? (Treatment with a growth hormone is not funded for most adult conditions. Refer to Guideline Note 74 of the Health Evidence Review Commission (HERC) Prioritized List of Health Services for coverage of hypopituitarism.)
 - a. Yes (go to #10)

- b. No (forward to pharmacist for review [deny 3a, and 5a GLN 74])
- 5. Is the drug used for a member who is less than 18 years of age OR a member with bone age that is less than or equal to 14 years for females or 16 years for males?

- a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a])
6. Does the member have documented biochemical Growth Hormone Deficiency (GHD) by one of the following tests: (1) Two growth hormone (GH) stimulations tests < 10 ng/mL (microgram/L); OR (2) One GH stimulation test < 15 ng/mL and IGF – 1 below normal for bone age and sex?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])
7. Is the member over 12 years of age?
 - a. Yes (go to #8)
 - b. No (go to #9)
8. Is there evidence of non-closure of epiphyses confirmed by X-ray?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review [deny 5a])
9. Is the medication prescribed by or in consultation with a pediatric endocrinologist or a pediatric nephrologist?
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review [deny 5a])
10. Has the member had an adequate trial and failure of, contraindication to, or intolerance to Norditropin, OR is Norditropin not appropriate for the diagnosis (see chart under Additional Information section)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Is there evidence of growth velocity (GV) greater than 2.5 cm/year?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a])
2. Is the member over 12 years of age?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Is there evidence of non-closure of epiphyses confirmed by X-ray?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
4. Has the member's bone age not reached height potential defined as bone age not exceeding 16 years for males (required annually when chronological age reaches 15) and bone age not exceeding 14 years for females (required annually when chronological age reaches 13)?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

- **Pediatric and Adult FDA Approved Indications for Growth Hormone**

	Genotropin®	Humatrope®	Norditropin®	Nutropin	Omnitrope®	Saizen®	Serostim®	Zomacton®	Zorbtive®
Pediatric Indications									
GHD	X	X	X	X	X	X		X	
Prader-Willi Syndrome	X		X		X				
Noonan Syndrome			X						
Turner Syndrome	X	X	X	X	X			X	
Idiopathic Short Stature	X	X	X	X	X			X	
SHOX Deficiency		X						X	
CKD with Growth Failure				X					
Small for Gestational Age	X	X	X		X			X	
HIV Associated Cachexia							X		
Adult Indications (not funded)									
GHD	X	X	X	X	X	X		X	
HIV Associated Cachexia							X		
Short Bowel Syndrome									X

ABBREVIATIONS: CKD = CHRONIC KIDNEY DISEASE; FDA = FOOD AND DRUG ADMINISTRATION; GHD = GROWTH HORMONE DEFICIENCY; HIV = HUMAN IMMUNODEFICIENCY VIRUS; SHOX = SHORT STATURE HOMEBOX-CONTAINING GENE

VII. REVISION HISTORY:

- Last Reviewed Date: 12/7/2022
- Last Updated Date: 12/7/2022

Pancreatic Enzymes

Policy Number: Rx031

I. MEDICATION NAME(S):

- Creon (lipase/protease/amylase)
- Pancreaze (lipase/protease/amylase)
- Zenpep (lipase/protease/amylase)
- Multiple non-formulary drugs (Pertzye, Viokace)

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug being used for a diagnosis of cystic fibrosis?
 - a. Yes (go to #6)
 - b. No (go to #2)
2. Has the member had a pancreatectomy?
 - a. Yes (go to #6)
 - b. No (go to #3)
3. Is the drug being used for a diagnosis of exocrine pancreatic cancer?
 - a. Yes (go to #6)
 - b. No (go to #4)
4. Is the drug being used for a diagnosis of chronic pancreatitis confirmed by imaging?
 - a. Yes (go to #6)
 - b. No (go to #5)
5. Does the member have exocrine pancreatic insufficiency confirmed with one of the following methods: (1) Confirmed steatorrhea with fecal fat determination; (2) Measurement of fecal elastase; OR (3) Secretin or CCK pancreatic function testing?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a, 8a])
6. Is the request for a drug that is on the UHA formulary (Creon, Pancreaze, or Zenpep)?
 - a. Yes (approve for LOB)
 - b. No (go to #7)
7. Is the request for Viokace?
 - a. Yes (go to #8)
 - b. No (go to #9)

8. Is the member taking a proton pump inhibitor like omeprazole or pantoprazole? (Note: Viokace must be administered with a proton pump inhibitor (PPI) since it is not enteric coated.)
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review [deny 5a])
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to all formulary drugs (Creon, Pancreaze, and Zenpep)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5k])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/14/2022
- **Last Updated Date:** 12/11/2019

Aprepitant

Policy Number: Rx032

I. MEDICATION NAME(S):

- aprepitant capsules

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the member currently receiving moderate to highly emetogenic chemotherapy (refer to NCCN antiemesis guidelines)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a, 7a])
2. Is the member receiving concurrent treatment with IV or oral ondansetron, granisetron, or palonosetron, AND dexamethasone?
 - a. Yes (approve for three months)
 - b. No (deny 5a)

V. RENEWAL CRITERIA:

See Initial Criteria

VI. ADDITIONAL INFORMATION:

LEVEL	AGENT		
Low emetic risk (10%–30% frequency of emesis) ^b	<ul style="list-style-type: none"> • Ado-trastuzumab emtansine • Aldesleukin ≤12 million IU/m² • Amifostine ≤300 mg/m² • Atezolizumab • Belinostat • Blinatumomab • Brentuximab vedotin • Cabazitaxel • Carfilzomib • Cytarabine (low dose) 100–200 mg/m² • Docetaxel • Doxorubicin (liposomal) • Eribulin 	<ul style="list-style-type: none"> • Etoposide • 5-Fluorouracil (5-FU) • Floxuridine • Gemcitabine • Interferon alfa >5 - <10 million international units/m² • Irinotecan (liposomal) • Ixabepilone • Methotrexate >50 mg/m² - <250 mg/m² • Mitomycin • Mitoxantrone • Necitumumab • Olaratumab 	<ul style="list-style-type: none"> • Omacetaxine • Paclitaxel • Paclitaxel-albumin • Pemetrexed • Pentostatin • Pralatrexate • Romidepsin • Talimogene laherparepvec • Thiotepea • Topotecan • Ziv-aflibercept
Minimal emetic risk (<10% frequency of emesis) ^b	<ul style="list-style-type: none"> • Alemtuzumab • Avelumab • Asparaginase • Bevacizumab • Bleomycin • Bortezomib • Cetuximab • Cladribine • Cytarabine <100 mg/m² • Daratumumab • Decitabine • Denileukin diftitox • Dexrazoxane • Durvalumab 	<ul style="list-style-type: none"> • Elotuzumab • Fludarabine • Interferon alpha ≤5 million IU/m² • Ipilimumab • Methotrexate ≤50 mg/m² • Nelarabine • Nivolumab • Obinutuzumab • Ofatumumab • Panitumumab • Pegaspargase • Peginterferon • Pembrolizumab • Pertuzumab 	<ul style="list-style-type: none"> • Ramucirumab • Rituximab • Rituximab and hyaluronidase human injection for SQ use • Siltuximab • Temsirolimus • Trastuzumab • Valrubicin • Vinblastine • Vincristine • Vincristine (liposomal) • Vinorelbine

VII. REVISION HISTORY:

- Last Reviewed Date: 9/14/2022
- Last Updated Date: 12/11/2019

Sedatives

Policy Number: Rx033

I. MEDICATION NAME(S):

- temazepam capsules
- zolpidem

II. LENGTH OF AUTHORIZATION:

- Initial: one to six months (one year for malignant neoplasm, other end-of-life diagnosis or under palliative care services)
- Renewal: up to six months (one year for malignant neoplasm, other end-of-life diagnosis or under palliative care services)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for a member with a malignant neoplasm, other end-of-life diagnosis or under palliative care services?
 - a. Yes (approve for one year)
 - b. No (go to #2)
2. Is the request for melatonin in an adult over 18 years of age?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #3)
3. Is the request for zolpidem at a higher dose than covered by UHA?
 - a. Yes (forward to pharmacist)
 - b. No (go to #4)
4. Has the member been treated with a different non-benzodiazepine sedative, benzodiazepine, or opioid within the past 30 days?
 - a. Yes (go to #5)
 - b. No (go to #7)
5. Is this a switch in sedative therapy due to intolerance, allergy, or ineffectiveness?
 - a. Yes (go to #7)
 - b. No (go to #6)
6. Is concurrent sedative therapy part of a plan to switch and taper off a long-acting benzodiazepine (such as diazepam, clonazepam, or chlordiazepoxide) AND has the provider included a detailed strategy to taper?
 - a. Yes (approve for the duration specified in the taper plan (not to exceed 6 months))
 - b. No (forward to pharmacist)

7. Does the member have a diagnosis of insomnia with obstructive sleep apnea?
 - a. Yes (go to #8)
 - b. No (go to #9)
8. Is the member on CPAP?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist; sedative/hypnotics are contraindicated due to depressant effect)
9. Is the request for treatment of insomnia?
 - a. Yes (go to #10)
 - b. No (go to #11)
10. Is the member currently engaged in cognitive behavioral therapy focused on insomnia treatment (CBT-I), failed to have benefit in symptoms after 5-6 CBT interventions, OR have inability to access CBT-I?
 - a. Yes (approve for 30 days; long-term treatment must document that benefits outweigh risks)
 - b. No (forward to pharmacist, GLN 233)
11. Is member eligible for EPSDT review?
 - a. Yes (go to #13)
 - b. No (go to #12)
12. Is diagnosis being treated a funded condition and is there medical evidence of benefit for the prescribed sedative?
 - a. Yes (approve for 30 days; document supporting literature)
 - b. No (forward to pharmacist)
13. Is there documentation that the condition is of sufficient severity that it impacts the member's health (e.g., quality of life, function, growth, development, ability to participate in school, perform activities of daily living, etc.)?
 - a. Yes (go to #14)
 - b. No (forward to pharmacist)
14. Is the request for a melatonin agonist (e.g., melatonin, ramelteon, tasimelteon) for treatment of one of the following circadian rhythm sleep-wake disorders (People with delayed sleep-wake; phase disorder; or adults with non-24-hour sleep-wake disorder; or children and adolescents with neurologic disorders and irregular sleep-wake rhythm disorder)?
 - a. Yes (approve for 30 days)
 - b. No (forward to pharmacist)

V. RENEWAL CRITERIA:

1. Is the request for a slow taper plan?
 - a. Yes (approve for duration of taper (not to exceed 3 months; future renewals should document progress toward discontinuation)
 - b. No (go to #2)
2. Is member eligible for EPSDT review?
 - a. Yes (go to #3)
 - b. No (go to # 4)
3. Is there documentation of improvement (e.g., symptoms, function, quality of life, etc.) since treatment was started?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist)
4. Is there documentation based on medical records that the member and provider have discussed whether benefits of ongoing therapy (hospitalizations, function, quality of life) continue to outweigh risks (memory problems, dementia, cognitive impairment, daytime sedation, falls, fractures, dependence, and reduced long-term efficacy)?
 - a. Yes (approve for 3 months)
 - b. No (forward to pharmacist)

VI. ADDITIONAL INFORMATION:

GUIDELINE NOTE 233, INSOMNIA: *LINE 201*

Insomnia is included on this line for pairing with cognitive behavioral therapy (CBT). Short term (up to 1 month per year) treatment with sedative-hypnotic medications is included on this line only if the patient is currently in CBT or has failed to respond to recent CBT (in the past year). Long-term (more than 1 month) treatment with sedative-hypnotic medications is not included on this line.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/12/2025
- **Last Updated Date:** 12/12/2025

Pulmonary Antihypertensive Phosphodiesterase Inhibitors

Policy Number: Rx034

I. MEDICATION NAME(S):

- sildenafil citrate (generic Revatio)
- Alyq (tadalafil)
- tadalafil (generic Adcirca)

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for a diagnosis of pulmonary arterial hypertension WHO Group I diagnosed by right heart catheterization? (Note: Sexual dysfunction is not a condition funded by the Oregon Health Plan (OHP) according to the Health Evidence Review Commission (HERC) Prioritized List of Health Services.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the drug prescribed by or in consultation with a pulmonologist or cardiologist?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is the request for sildenafil (generic Revatio)?
 - a. Yes (approve for LOB)
 - b. No (go to #4)
4. Has the member had an adequate trial and failure of, contraindication to, or intolerance to sildenafil? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/15/2023
- **Last Updated Date:** 12/11/2019

Omalizumab

Policy Number: Rx035

I. MEDICATION NAME(S):

- Xolair (omalizumab)

II. LENGTH OF AUTHORIZATION:

- Initial: four months
- Renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug being used for a diagnosis of moderate to severe persistent asthma?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member six years of age or older?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is the drug prescribed by or in consultation with a pulmonologist or immunologist?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Is the member a current smoker?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #5)
5. Does the member have a positive skin test or RAST to a perennial aeroallergen?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review)
6. Is the member's baseline IgE serum level between 30 to 1,300 IU/mL for members age 6 to 11, OR between 30 to 700 IU/mL for members age 12 and older?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
7. Have the provider and member taken all steps to reduce and maximally manage environmental allergens and other triggers (e.g., tobacco smoke, dust mites, pets, molds, occupational exposures, GERD)?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)

8. Has the member had an adequate trial and failure of, contraindication to, or intolerance to all of the following agents used as combination therapy: (1) High-dose inhaled corticosteroid with a long-acting beta agonist (such as fluticasone-salmeterol [generic Advair] or Symbicort); (2) Long-acting muscarinic antagonist (such as Incruse Ellipta, Tudorza, or Spiriva); AND (3) Leukotriene inhibitor (such as montelukast)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review)
9. Has the member tried and failed or have contraindications to allergen immunotherapy?
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review)
10. Does the member have a history of compliance with all asthma medications?
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review)
11. In the past year has the member had frequent asthma exacerbations resulting in repeated use of health care services, such as urgent care or ED visits or hospitalization?
 - a. Yes (go to #12)
 - b. No (forward to pharmacist for review)
12. Will this drug be professionally administered and billed under the medical benefit?
 - a. Yes (approve for four months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Has the member had a reduction in asthma exacerbations necessitating frequent office visits, ED or urgent care visits, hospitalizations, oral steroids and demonstrated sustained clinical improvement from baseline while on omalizumab?
 - a. Yes (go to #12)
 - b. No (forward to pharmacist for review)
2. Will this drug be professionally administered and billed under the medical benefit?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/15/2023
- **Last Updated Date:** 12/11/2019

Topical Immunosuppressants

Policy Number: Rx036

I. MEDICATION NAME(S):

- tacrolimus oint.

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
3. Is the drug prescribed for chronic, severe atopic dermatitis with functional impairment as indicated by Dermatology Life Quality Index (DLQI) ≥ 11 (or severe score on other validated tool) AND one or more of the following: (1) at least 10% body surface area involved; or (2) hand, foot, face, or mucous membrane involvement?
 - a. Yes (go to #5)
 - b. No (go to #4)
4. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
5. Has the member experienced an adequate trial and failure of, contraindication to, or intolerance to high-potency topical corticosteroids – betamethasone dipropionate, clobetasol, fluocinonide (may require prior authorization) (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 7/2/24
- **Last Updated Date:** 7/2/24

Topical Antipsoriatic Agents

Policy Number: Rx037

I. MEDICATION NAME(S):

- calcipotriene cream
- calcipotriene oint.
- calcipotriene solution
- tazarotene cream

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
3. Is the drug prescribed for chronic, moderate to severe plaque psoriasis with functional impairment as indicated by Dermatology Life Quality Index (DLQI) ≥ 11 (or severe score on other validated tool) AND one or more of the following: (1) at least 10% body surface area involved; or (2) hand, foot, face, or mucous membrane involvement?
 - a. Yes (go to #5)
 - b. No (go to #4)
4. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
5. Has the member experienced an adequate trial and failure of, contraindication to, or intolerance to high-potency topical corticosteroids – betamethasone dipropionate, clobetasol, fluocinonide (may require prior authorization)? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 7/2/24
- **Last Updated Date:** 7/2/24

Acitretin

Policy Number: Rx038

I. MEDICATION NAME(S):

- acitretin capsule

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for chronic, moderate to severe plaque psoriasis with functional impairment as indicated by Dermatology Life Quality Index (DLQI) ≥ 11 or Children's Dermatology Life Quality Index (CDLQI) ≥ 13 (or severe score on other validated tool) AND one or more of the following: (1) at least 10% body surface area involved; or (2) hand, foot, face, or mucous membrane involvement?
 - a. Yes (go to #3)
 - b. No (go to #2)
2. Is there a comorbid condition for which coverage would be allowed?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the medication prescribed by or in consultation with a dermatologist?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a (prescriber)])
4. Has the member had an adequate trial and failure of, contraindication to, or intolerance to **all** of the following: (1) high-potency topical corticosteroids – betamethasone dipropionate, clobetasol, fluocinonide (all require prior authorization); (2) at least one other topical – calcipotriene, tazarotene, anthralin (all require prior authorization); (3) PUVA or UVB phototherapy; (4) methotrexate; and (5) at least one other second line systemic agent such as cyclosporine? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Has the prescriber submitted documentation of at least a 50% reduction in plaques and/or is there evidence of functional improvement?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a (renewal)])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/20/2023
- **Last Updated Date:** 3/31/2021

Tolterodine

Policy Number: Rx039

I. MEDICATION NAME(S):

- tolterodine tartrate tablets
- tolterodine tartrate ER capsules

II. LENGTH OF AUTHORIZATION:

- Length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for overactive bladder that is a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Has the member had an adequate trial and failure of, contraindication to, or intolerance to oxybutynin IR, oxybutynin ER, solifenacin succinate, or trospium IR? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a, oxybutynin IR/ER or trospium IR])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/20/2023
- **Last Updated Date:** 12/20/2023

Biologics for Inflammatory Disease

Policy Number: Rx040

I. MEDICATION NAME(S):

- Humira (adalimumab)
- Siliq (brodalumab)
- Cimzia (certolizumab pegol)
- Enbrel (etanercept)
- Simponi (golimumab)
- Simponi Aria (golimumab)
- Tremfya (guselkumab)
- Remicade (infliximab)
- Renflexis (infliximab-abda)
- Inflectra (infliximab-dyyb)
- Taltz (ixekizumab)
- Skyrizi (risankizumab-rzaa)
- Cosentyx (secukinumab)
- Ilumya (tildrakizumab-asmn)
- Stelara (ustekinumab)
- Entyvio (vedolizumab)

II. LENGTH OF AUTHORIZATION:

- Initial: three months for HS, six months for all others
- Renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy (see indications chart under the 'Additional Information' section)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the request for maintenance of remission in a patient who already achieved remission with the requested product or has already initiated therapy?
 - a. Yes (go to 'Renewal Criteria')
 - b. No (go to #3)
3. Is the medication prescribed by or in consultation with an appropriate health care provider with expertise in treating this condition (rheumatologist, gastroenterologist, or dermatologist)?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])

4. Has the risk of infection been assessed including: (1) Initial testing for latent TB and treatment (if necessary); (2) No current active infection; (3) Risks and benefits documented in cases of chronic or recurrent infection?

- a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 5a])
5. Is the requested drug to be used in combination with another biologic or Otezla?
 - a. Yes (forward to pharmacist for review [deny 5a])
 - b. No (go to #6)
6. Is the request for the least costly infliximab biosimilar (Remicade, Inflectra, or Renflexis) (refer to DMAP fee schedule if professionally administered)?
 - a. Yes (go to #10)
 - b. No (go to #7)
7. Has the member had an adequate trial and failure of, contraindication to, or intolerance to the least costly infliximab biosimilar (Remicade, Inflectra or Renflexis), if appropriate to treat the member's condition (see indications chart under the 'Additional Information' section)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 7a])
8. Is the request for Enbrel (etanercept) or Humira (adalimumab)?
 - a. Yes (go to #10)
 - b. No (go to #9)
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to Enbrel (etanercept) AND Humira (adalimumab) if appropriate for the condition (see indications chart under the 'Additional Information' section)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review [deny 7a])
10. Is the diagnosis ankylosing spondylitis (AS) or axial spondyloarthritis (axSpA)?
 - a. Yes (go to #19)
 - b. No (go to #11)
11. Is the diagnosis Crohn's disease (CD)?
 - a. Yes (go to #23)
 - b. No (go to #12)
12. Is the diagnosis hidradenitis suppurativa (HS)?
 - a. Yes (go to #32)
 - b. No (go to #13)
13. Is the diagnosis juvenile idiopathic arthritis (JIA)?
 - a. Yes (go to #34)
 - b. No (go to #14)
14. Is the diagnosis plaque psoriasis (Ps)?
 - a. Yes (go to #40)
 - b. No (go to #15)
15. Is the diagnosis psoriatic arthritis (PsA)?
 - a. Yes (go to #44)
 - b. No (go to #16)
16. Is the diagnosis rheumatoid arthritis (RA)?

- a. Yes (go to #48)
 - b. No (go to #17)
17. Is the diagnosis ulcerative colitis (UC)?
- a. Yes (go to #53)
 - b. No (go to #18)
18. Is the diagnosis non-infectious uveitis?
- a. Yes (go to #61)
 - b. No (forward to pharmacist for review [deny 8a])
19. Does the member have a definitive diagnosis ankylosing spondylitis or axial spondyloarthritis (radiographic or non-radiographic)? Diagnosis is definitive if the following are met: (1) Back pain and stiffness for more than 3 months; AND (2) Signs of active inflammation on MRI OR radiological evidence of sacroiliitis OR HLA-B27 positive.
- a. Yes (go to #20)
 - b. No (forward to pharmacist for review [deny 5a])
20. Does the member have moderate to severe active disease at baseline, evidenced by a Bath AS Disease Activity Index (BASDAI) score of at least 4?
- a. Yes (go to #21)
 - b. No (forward to pharmacist for review [deny 5a])
21. Is the member transitioning to the requested drug from a different biologic product?
- a. Yes (approve for six months)
 - b. No (go to #22)
22. Has the member tried and failed conventional therapy with both of the following: (1) At least two NSAIDs for three months at maximum recommended or tolerated anti-inflammatory dose unless contraindicated; AND (2) Physical therapy/exercise program?
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
23. Does the member have a diagnosis of severe fistulizing Crohn's disease?
- a. Yes (go to #30)
 - b. No (go to #24)
24. Does the member have moderate to severe Crohn's disease?
- a. Yes (go to #25)
 - b. No (forward to pharmacist for review [deny 5a])
25. Is the member transitioning to the requested treatment from a different biologic product?
- a. Yes (go to #30)
 - b. No (go to #26)
26. Is the request for induction of remission?
- a. Yes (go to #27)
 - b. No (go to #28)
27. Has the member failed to achieve remission with a systemic corticosteroid?
- a. Yes (go to #30)
 - b. No (forward to pharmacist for review [deny 7a])
28. Is the member currently stable on steroids and considered steroid-dependent?
- a. Yes (go to #29)
 - b. No (forward to pharmacist for review [deny 5a])

29. Has the member tried and failed azathioprine, 6-mercaptopurine, or methotrexate for maintenance?
 - a. Yes (go to #30)
 - b. No (forward to pharmacist for review [deny 7a])
30. Is the request for Stelara (ustekinumab)?
 - a. Yes (go to #31)
 - b. No (approve for six months)
31. Has the member tried and failed ALL the following biologics: (1) Cimzia (certolizumab); AND (2) An anti-integrin alpha-4 (i.e., Entyvio [vedolizumab] or Tysabri [natalizumab])? Note: as asked above, member must have also tried and failed infliximab (Remicade, Inflectra or Renflexis) and adalimumab (Humira).
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
32. Does the member have a diagnosis of moderate to severe hidradenitis suppurativa (Hurley II/Hurley III stage), characterized by recurrent, painful, and suppurating lesions recurring at least twice in 6 months?
 - a. Yes (go to #33)
 - b. No (forward to pharmacist for review [deny 5a])
33. Has the member tried and failed a three-month treatment course of ALL the following: (1) Oral antibiotics, such as clindamycin and rifampin, dapsone, or doxycycline; (2) Intralesional corticosteroid injections; (3) Antiandrogenic hormonal treatments for women (OCP or spironolactone); AND (4) Acitretin if not of child-bearing potential?
 - a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 5a, and 7a])
34. Is the member transitioning to the requested treatment from a different biologic product?
 - a. Yes (approve for six months)
 - b. No (go to #35)
35. Does the member have juvenile idiopathic arthritis with active systemic features of juvenile idiopathic arthritis, with a physician global assessment of 5 or higher (or any systemic activity in the absence of active joint involvement)?
 - a. Yes (go to #38)
 - b. No (go to #36)
36. Does the member have juvenile idiopathic arthritis without active systemic features of juvenile idiopathic arthritis?
 - a. Yes (go to #37)
 - b. No (forward to pharmacist for review [deny 5a])
37. Has the member tried and failed either: (1) Intra-articular glucocorticoid injections (if fewer than 4 joints affected); OR (2) NSAIDS for at least one month?
 - a. Yes (go to #39)
 - b. No (forward to pharmacist for review [deny 7a])
38. Has the member had an adequate trial and failure of, contraindication to, or intolerance to systemic corticosteroids? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between
 - a. Yes (go to #39)

fills that exceed 5 days.)

a. Yes (go to #39)

- b. No (forward to pharmacist for review [deny 7a])
39. Has the member had an adequate trial and failure of methotrexate or leflunomide, or a contraindication to both? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
40. Does the member have chronic, moderate to severe plaque psoriasis defined as having functional impairment as indicated by Dermatology Life Quality Index (DLQI) ≥ 11 or Children's Dermatology Life Quality Index (CDLQI) ≥ 13 (or severe score on other validated tool) and one or more of the following: (1) At least 10% body surface area involved; OR (2) Hand, foot, face, or mucous membrane involvement?
- a. Yes (go to #41)
 - b. No (forward to pharmacist for review [deny 5a])
41. Is the member transitioning to the requested treatment from a different biologic product?
- a. Yes (go to #43)
 - b. No (go to #42)
42. Has the member tried and failed or have contraindications to ALL the following: (1) High-potency topical corticosteroids, such as augmented betamethasone cream 0.05%, desoximetasone 0.25% cream, or clobetasol; (2) At least one other topical agent, such as calcipotriene, tazarotene, anthralin, or tar; (3) PUVA or UVB Phototherapy; (4) Methotrexate; AND (5) At least one other second line systemic agent, such as cyclosporine or acitretin?
- a. Yes (go to #43)
 - b. No (forward to pharmacist for review [deny 5a, and 7a])
43. Has the member tried and failed other less costly biologics, if indicated (see indications chart under the 'Additional Information' section)?
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
44. Does the member have psoriatic arthritis based on presence of at least 3 out of 5 of the following: (1) Psoriasis (1 point for personal or family history, 2 points for current); (2) Psoriatic nail dystrophy; (3) Negative test result for rheumatoid factor; (4) Dactylitis (current or history); or (5) Radiological evidence of juxta-articular new bone formation?
- a. Yes (go to #45)
 - b. No (forward to pharmacist for review [deny 5a])
45. Is the member transitioning to the requested treatment from a different biologic product?
- a. Yes (go to #47)
 - b. No (go to #46)
46. Has the member had an adequate trial and failure of, contraindication to, or intolerance to conventional therapy with ALL the following: (1) NSAIDs; AND (2) Methotrexate or other DMARD such as leflunomide, sulfasalazine, or cyclosporine? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than
- a. Yes (go to #47)

or equal to 80% or no gaps between fills that exceed 5 days.)

a. Yes (go to #47)

- b. No (forward to pharmacist for review [deny 7a])
- 47. Has the member tried and failed other less costly biologics, if indicated (see indications chart under the 'Additional Information' section)?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
- 48. Does the member have a baseline of moderate to high disease activity of rheumatoid arthritis measured as such by an accepted assessment instrument (PAS, PASII, RAPID3, CDAI, DAS28, SDAI)?
 - a. Yes (go to #49)
 - b. No (forward to pharmacist for review [deny 5a])
- 49. Is the member transitioning to the requested treatment from a different biologic product?
 - a. Yes (go to #52)
 - b. No (go to #50)
- 50. Has the member had an adequate trial and failure of, contraindication to, or intolerance to methotrexate dosed at least 20 mg per week? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #51)
 - b. No (forward to pharmacist for review [deny 7a])
- 51. Has the member had an adequate trial and failure of, contraindication to, or intolerance to leflunomide, hydroxychloroquine, or sulfasalazine? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #52)
 - b. No (forward to pharmacist for review [deny 7a])
- 52. Is the requested product being prescribed along with at least one of the following DMARDs (unless contraindicated): methotrexate, leflunomide, hydroxychloroquine, or sulfasalazine?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 5a])
- 53. Does the member have a diagnosis of moderate to severe ulcerative colitis defined by the following criteria: (1) for moderate, greater than or equal to four stools daily; OR (2) for severe, greater than or equal to six bloody stools daily and evidence of toxicity such as fever, anemia, elevated ESR, or tachycardia?
 - a. Yes (go to #54)
 - b. No (forward to pharmacist for review [deny 5a])
- 54. Is the member transitioning to the requested treatment from a different biologic product?
 - a. Yes (go to #59)
 - b. No (go to #55)
- 55. Is the request for induction of remission?
 - a. Yes (go to #56)
 - b. No (go to #57)
- 56. Has the member failed to achieve remission with a systemic corticosteroid?
 - a. Yes (go to #59)

- b. No (forward to pharmacist for review [deny 5a, 7a])
57. Is the member currently stable on steroids and considered steroid-dependent?
- a. Yes (go to #58)
 - b. No (forward to pharmacist for review [deny 5a])
58. Has the member had an adequate trial and failure of, contraindication to, or intolerance to azathioprine, 6-mercaptopurine, or a 5-ASA for maintenance? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
- a. Yes (go to #59)
 - b. No (forward to pharmacist for review [deny 7a])
59. Is the request for Stelara?
- a. Yes (go to #60)
 - b. No (approve for six months)
60. Has the member had an adequate trial and failure of, contraindication to, or intolerance to Entyvio (vedolizumab) AND Simponi (golimumab) (in addition to infliximab, Humira and Enbrel as mentioned above)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])
61. Does the member have a diagnosis of non-infectious, intermediate, posterior or panuveitis?
- a. Yes (go to #62)
 - b. No (forward to pharmacist for review [deny 5a])
62. Is the member transitioning to the requested treatment from a different biologic product?
- a. Yes (approve for six months)
 - b. No (go to #63)
63. Has the member had an adequate trial and failure of, contraindication to, or intolerance to ALL of the following: (1) Topical glucocorticoids for at least one month, or periocular steroid injections; (2) Oral corticosteroids; AND (3) one immunomodulatory – mycophenolate, tacrolimus, cyclosporine, azathioprine, or methotrexate?
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Is the diagnosis ankylosing spondylitis (AS) or axial spondyloarthritis (axSpA)?
 - a. Yes (go to #10)
 - b. No (go to #2)
2. Is the diagnosis Crohn's disease (CD)?
 - a. Yes (go to #11)
 - b. No (go to #3)
3. Is the diagnosis hidradenitis suppurativa (HS)?
 - a. Yes (go to #12)
 - b. No (go to #4)
4. Is the diagnosis juvenile idiopathic arthritis (JIA)?

- a. Yes (go to #14)
 - b. No (go to #5)
5. Is the diagnosis plaque psoriasis (Ps)?
 - a. Yes (go to #15)
 - b. No (go to #6)
6. Is the diagnosis psoriatic arthritis (PsA)?
 - a. Yes (go to #16)
 - b. No (go to #7)
7. Is the diagnosis rheumatoid arthritis (RA)?
 - a. Yes (go to #17)
 - b. No (go to #8)
8. Is the diagnosis ulcerative colitis (UC)?
 - a. Yes (go to #18)
 - b. No (go to #9)
9. Is the diagnosis non-infectious uveitis?
 - a. Yes (go to #19)
 - b. No (forward to pharmacist for review [deny 8a])
10. Does the member have significant improvement in signs and symptoms of AS/axSpA and/or functioning, such as 50% relative change or 2-point improvement in BASDAI?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
11. Has the member experienced a decrease in symptoms, reduction in enterocutaneous fistulas or clinical remission?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
12. Is there a valid, medical reason surgical intervention is not being pursued?
 - a. Yes (go to #13)
 - b. No (forward to pharmacist for review [deny 5a])
13. Has there been a significant treatment response as defined as ALL the following: (1) A reduction of 25% or more in the total abscess and inflammatory nodule count; AND (2) No increase in abscesses and draining fistulas?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
14. Has the member experienced 20% or greater improvement in tender joint count and swollen joint count or has there been an improvement in functional ability?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
15. Has the member experienced a clinically significant response, such as PASI-75 (75% improvement) or is there evidence of functional improvement?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
16. Has the member experienced 20% or greater improvement in tender joint count and swollen joint count or has there been an improvement in functional ability?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])

17. Has the member experienced 20% or greater improvement in tender joint count and swollen joint count or has there been and improvement in functional ability?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
18. Has the member demonstrated a significant response including the following: (1) Decrease in bloody stools per day; OR (2) Elimination of signs of toxicity?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])
19. Is there documentation that disease activity has been controlled, such as a lack of inflammation, no new inflammatory vascular lesions, no vitreous haze or decreases in visual acuity?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

- Indications:

Drug	AS	axSpA	CD	HS	JIA	Ps	PsA	RA	UC	Uveitis
Humira (adalimumab)	x	x*	x	x	x	x	x	x	x	x
Siliq (brodalumab)						x				
Cimzia (certolizumab pegol)	x	x	x			x	x	x		
Enbrel (etanercept)	x				x	x	x	x		
Simponi, Simponi Aria (golimumab)	x	x*			x		x	x	x	
Tremfya (guselkumab)						x	x			
Remicade, Renflexis, Inflectra (infliximab)	x		x	x*		x	x	x	x	
Taltz (ixekizumab)	x	x				x	x			
Skyrizi (risankizumab)			x			x	x			
Cosentyx (secukinumab)	x	x				x	x			
Ilumya (tildrakizumab)						x				
Stelara (ustekinumab)			x			x	x		x	
Entyvio (vedolizumab)			x						x	

*Off-label

Abbreviations:

AS = Ankylosing Spondylitis

axSpA = Axial Spondyloarthritis

CD = Crohn's Disease

HS = Hidradenitis Suppurativa

JIA = Juvenile Idiopathic Arthritis

Ps = Plaque Psoriasis

PsA = Psoriatic Arthritis

RA = Rheumatoid Arthritis

UC = Ulcerative Colitis

VII. REVISION HISTORY:

- Last Reviewed Date: 8/15/24
- Last Updated Date: 12/7/2022

Long-Acting Muscarinic Antagonist/Long-acting Beta-agonist/ Inhaled Corticosteroid (LAMA/LABA/ICS) Combinations

Policy Number: Rx041

I. MEDICATION NAME(S):

- Trelegy Ellipta (fluticasone/umeclidinium/vilanterol)
- Breztri Aerosphere (budesonide/glycopyrrolate/formoterol)

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for a diagnosis of asthma or COPD and prescribed at an FDA approved dose and indication?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Has the member had an adequate trial and failure of either a combined LAMA/LABA (Bevespi Aerosphere, Utibron Neohaler, Stiolto Respimat, or Anoro Ellipta) OR a combined LABA/ICS (fluticasone/salmeterol, Dulera or Symbicort) inhaler? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days AND documentation of persistent symptoms or exacerbations.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the member adherent to therapy? (Adherence defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)

2. Has documentation been submitted stating this medication has been effective for reducing COPD or asthma symptoms or exacerbations?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 3/15/2023
- **Last Updated Date:** 3/15/2023

Erythropoiesis-Stimulating Agents (ESA)

Policy Number: Rx042

I. MEDICATION NAME(S):

- Aranesp (darbepoetin alfa)
- Epogen (epoetin alfa)
- Procrit (epoetin alfa)
- Retacrit (epoetin alfa-epbx)

II. LENGTH OF AUTHORIZATION:

- Initial: three months
- Renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug being used for a diagnosis of chronic renal failure (CRF) OR anemia due to myelosuppressive chemotherapy?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Does the member meet all of the following criteria: (1) hemoglobin (HGB) less than 10 g/dL or hematocrit (HCT) less than 30%; (2) transferrin saturation greater than 20%; AND (3) ferritin greater than 100 ng/mL?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug being used for a diagnosis of anemia associated with HIV/AIDS zidovudine therapy?
 - a. Yes (go to #4)
 - b. No (go to #5)
4. Does the member meet all of the following criteria: (1) HGB less than 10 g/dL or HCT less than 30%; (2) transferrin saturation greater than 20%; (3) ferritin greater than 100 ng/mL; (4) endogenous erythropoietin levels of 500IU/L or less; AND (5) zidovudine dose of 4200 mg per week or less?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])
5. Is the drug being used for pre-operative treatment to raise hemoglobin and hematocrit prior to scheduled surgical procedures AND the member has religious beliefs that preclude blood product transfusions?
 - a. Yes (go to #6)

- b. No (forward to pharmacist for review [deny 8a])
6. Is the member currently anemic with a hemoglobin less than 13 g/dL for men or less than 12 g/dL for women?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])
7. Is the medication prescribed by or in consultation with an appropriate health care provider with expertise in treating this condition (e.g., hematologist/oncologist, nephrologist, surgeon etc.)?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 5a])
8. Is the request for the least costly product (refer to DMAP fee schedule if professionally administered)?
 - a. Yes (approve for three months)
 - b. No (go to #9)
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to the less costly alternative agent(s)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Has the member maintained adequate iron stores (transferrin saturation greater than 20%)?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a])
2. Has the member continued to see a response to treatment demonstrated by an increase from baseline HGB/HCT or at HGB/HCT target?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/20/2023
- **Last Updated Date:** 6/23/2021

Colony-Stimulating Factors

Policy Number: Rx043

I. MEDICATION NAME(S):

- Neupogen (filgrastim)
- Nivestym (filgrastim-aafi) *preferred*
- Zarxio (filgrastim-sndz) *preferred*
- Granix (tbo-filgrastim) *preferred*
- Neulasta (pegfilgrastim)
- Udenyca (pegfilgrastim-cbqv)
- Fulphila (pegfilgrastim-jmdb)
- Leukine (sargramostim)

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: four months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the request for pegfilgrastim?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Has the provider submitted medically appropriate rationale explaining why filgrastim cannot be used (i.e., dexterity issues)?
 - a. Yes (go to #13)
 - b. No (forward to pharmacist for review [deny 7a])
3. Is the request for Neupogen?
 - a. Yes (go to #4)
 - b. No (go to #5)
4. Has the provider submitted medically appropriate rationale explaining why a filgrastim biosimilar cannot be used (Nivestym, Zarxio, or Granix)?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 7a])
5. Is the drug being used to treat chemotherapy-induced neutropenia?
 - a. Yes (go to #6)
 - b. No (go to #8)
6. Has the member been on prophylactic therapy with a colony-stimulating factor?
 - a. Yes (approve for four months)
 - b. No (go to #7)
7. Does the member have one or more of the following risk factors for developing infection-related complications: Sepsis Syndrome; age over 65 or older; absolute

- neutrophil count [ANC] <100/mcL; duration of neutropenia expected to be greater than 10 days; pneumonia or other clinically documented infections; invasive fungal infection; hospitalization at the time of fever; prior episode of febrile neutropenia?
- a. Yes (approve for four months)
 - b. No (forward to pharmacist for review [deny 5a])
8. Is the drug being used for Myelodysplastic Syndromes (MDS)?
 - a. Yes (go to #9)
 - b. No (go to #13)
 9. Does the member have an endogenous serum erythropoietin level of 500 mU/mL or less?
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review [deny 5a])
 10. Does the member have lower risk disease (i.e., defined as IPSS-R [Very Low, Low, Intermediate], IPSS [Low/Intermediate-1], WPSS [Very Low, Low, Intermediate])?
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review [deny 5a])
 11. Is the drug being used for treatment of symptomatic anemia in members without del(5q)?
 - a. Yes (go to #12)
 - b. No (forward to pharmacist for review [deny 5a])
 12. Is the member receiving concurrent therapy with an Erythropoiesis Stimulating Agent (ESA) and have one of the following: (1) Ring sideroblasts less than 15% and will use in combination with lenalidomide following no response (despite adequate iron stores) or loss of response to an ESA alone; OR (2) Ring sideroblasts greater than or equal to 15%?
 - a. Yes (approve for four months)
 - b. No (forward to pharmacist for review [deny 5a])
 13. Is the drug being used prophylactically in a member with a non-myeloid malignancy?
 - a. Yes (go to #14)
 - b. No (go to #16)
 14. Is the member undergoing myelosuppressive chemotherapy with an expected incidence of febrile neutropenia of 20% or greater? (See NCCN Guidelines for Management of Neutropenia https://www.nccn.org/professionals/physician_gls/pdf/growthfactors.pdf.)
 - a. Yes (approve for four months)
 - b. No (go to #15)
 15. Is the member undergoing myelosuppressive chemotherapy with an expected incidence of febrile neutropenia of 10% or greater AND has one or more of the following comorbidities: age 65 or older receiving full dose intensity chemotherapy; history of recurrent febrile neutropenia from chemotherapy; extensive prior exposure to chemotherapy; previous exposure of pelvis, or other areas of large amounts of bone marrow, to radiation; pre-existing neutropenia (ANC ≤ 1000/mm³) or bone marrow involvement with tumor; patient has a condition that can potentially increase the risk of serious infection (i.e. HIV/AIDS); infection/open wounds; recent surgery; poor performance status; poor renal function (creatinine clearance <50); liver dysfunction (elevated bilirubin >2.0); chronic immunosuppression in the post-transplant setting including organ transplant? (See NCCN Guidelines for Management of Neutropenia https://www.nccn.org/professionals/physician_gls/pdf/growthfactors.pdf.)

- a. Yes (approve for four months)
 - b. No (forward to pharmacist for review [deny 5a])
16. Is the drug being used for a member who experienced a neutropenic complication from a prior cycle of the same chemotherapy?
- a. Yes (approve for four months)
 - b. No (go to #17)
17. Is the drug being used for Bone Marrow Transplantation (BMT) failure or Engraftment Delay?
- a. Yes (approve for four months)
 - b. No (go to #18)
18. Is the drug being used for Peripheral Blood Stem Cell (PBSC) mobilization and transplant?
- a. Yes (approve for four months)
 - b. No (go to #19)
19. Is the drug being used for members acutely exposed to myelosuppressive doses of radiation (Hematopoietic Subsyndrome of Acute Radiation Syndrome)?
- a. Yes (approve for four months)
 - b. No (forward to pharmacist for review [deny 8a])

V. RENEWAL CRITERIA:

See Initial Criteria

VI. ADDITIONAL INFORMATION:

- Febrile neutropenia is defined as:
 - A single temperature ≥ 38.3 °C orally or ≥ 38.0 °C over 1 hour; AND
 - Neutropenia < 500 neutrophils/mcL or $< 1,000$ neutrophils/mcL and a predicted decline to ≤ 500 neutrophils/mcL over the next 48 hours.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/14/2022
- **Last Updated Date:** 12/11/2019

Nicotine Replacement Preparations

Policy Number: Rx044

I. MEDICATION NAME(S):

- nicotine gum (QL)
- Nicorelief gum (QL)
- Quit 2 gum (QL)
- Quit 4 gum (QL)
- nicotine lozenge (QL)
- Nicorette lozenge (QL)
- Quit 2 lozenge (QL)
- Quit 4 lozenge (QL)
- Stop Smoking Aid lozenge (QL)
- nicotine patch (QL)
- Nicotrol inhaler (PA, non-preferred)
- Nicotrol NS nasal spray (PA, non-preferred)

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: up to 12 weeks

III. QUANTITY LIMITS:

- All products are limited to two quit attempts per year
- Patches: 30 patches per 30 days; 180 patches per year
- Gum and lozenges: 120 units per 5 days; 4,320 units per year

IV. INITIAL CRITERIA:

1. Is the request for a quantity exception for nicotine gum, lozenge or patches?
 - a. Yes (go to #2)
 - b. No (go to #5)
2. Has the member completed two quit attempts in the past year?
 - a. Yes (forward to pharmacist for review [deny 5q])
 - b. No (go to #3)
3. Has the provider submitted documentation that the member has stopped using tobacco?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the member enrolled in a tobacco cessation support program, such as Quit 4 Life?
 - a. Yes (approve up to 12 weeks [QL: patches 30/30; gum and lozenges 120/5])
 - b. No (approve up to 12 weeks [QL: patches 30/30; gum and lozenges 120/5] and refer to tobacco cessation support program))
5. Has the member had a documented medical reason why they cannot use ALL of the following: nicotine gum, nicotine lozenge, AND nicotine patch?
 - a. Yes (approve for 12 weeks)

- b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

See Initial Criteria

VI. ADDITIONAL INFORMATION:

- For tobacco cessation support, UHA recommends using Quit 4 Life. Quit 4 Life has a team of trained experts to help members develop a quit plan and provides tools for tobacco cessation. Expert support and assistance is available from coaches who specialize in tobacco cessation. For additional details or for enrollment, call 1-866-QUIT-4-LIFE (1-866-784-8454), or visit www.quitnow.net.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 6/22/2022
- **Last Updated Date:** 6/22/2022

Testosterone

Policy Number: Rx045

I. MEDICATION NAME(S):

- testosterone cypionate vials
- testosterone 1% topical gel
- all other products, see Additional Information section

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: one year

III. QUANTITY LIMITS:

- N/A

1. Is the request for injectable testosterone cypionate?
 - a. Yes (go to #4)
 - b. No (go to #2)
2. Is the request for topical 1% testosterone gel?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is there chart note documentation of at least one of the following: 1. Trial and failure of injectable testosterone, 2. An accepted reason to avoid injections, or 3. Contraindication to injectable testosterone?
 - a. Yes (go to #4)
 - b. No (deny 7a)
4. Is the drug used for a diagnosis of gender dysphoria, female-to-male transsexualism?
 - a. Yes (approve for LOB)
 - b. No (go to #5)
5. Is the drug used for a diagnosis of primary or secondary hypogonadism?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review)
6. Is the member a male age 18 years or older?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
7. Does the member have a total testosterone level < 300ng/dL or a free testosterone level < 50ng/dL? For obese members with a BMI greater than 30, use free testosterone levels only. (For renewals or new members previously taking testosterone, proceed to renewal criteria.)

- a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
8. Does the member have any of the following: Breast cancer or known/suspected prostate cancer, elevated hematocrit (>50%), untreated severe obstructive sleep apnea, severe lower urinary tract symptoms, uncontrolled or poorly-controlled heart failure.
 - a. Yes (deny 5a)
 - b. No (approve for 1 year)

V. RENEWAL CRITERIA:

1. Has testosterone levels been drawn after the member-initiated therapy and/or after any dose changes?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Has the member had any of the following contraindications occur: breast cancer or known/suspected prostate cancer, elevated hematocrit (>50%), untreated severe obstructive sleep apnea, severe lower urinary tract symptoms, or uncontrolled or poorly-controlled heart failure?
 - a. Yes (forward to pharmacist for review)
 - b. No (approve for one year)

VI. ADDITIONAL INFORMATION:

- Oral testosterone products are not on the UHA formulary. These products must meet this criteria as well as the General Utilization Management criteria. Specifically, trial and failure of formulary alternatives (testosterone cypionate vials or topical testosterone 1% gel) and all less-costly non-formulary alternatives.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 1/8/2025
- **Last Updated Date:** 1/8/2025

Oral Antifungals

Policy Number: Rx046

I. MEDICATION NAME(S):

- itraconazole capsule
- ketoconazole tablet
- Lamisil (terbinafine HCl) gran pack

II. LENGTH OF AUTHORIZATION:

- Initial: up to six months
- Renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the member under age 21?
 - a. Yes (go to #3)
 - b. No (go to #4)
3. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services? (Fungal infections of the skin, scalp, groin and nails are not funded for most members. Some conditions are covered if the member is immunocompromised, like those with AIDS or cancer.)
 - a. Yes (go to #6)
 - b. No (go to #5)
5. Is there a comorbid condition for which coverage would be allowed? For example, type 2 diabetes or other conditions that may increase the risk of serious secondary skin infections.
 - a. Yes (go to #6)

- b. No (forward to pharmacist for review [deny 3a/3c])
6. Is the request for itraconazole?
 - a. Yes (go to #7)
 - b. No (approve for up to six months)
7. Has the member tried and failed terbinafine and ketoconazole, if indicated, and all less costly topical options when appropriate for the submitted condition?
 - a. Yes (approve for up to six months)
 - b. No (forward to pharmacist for review [deny 5k])

V. RENEWAL CRITERIA:

1. Is the requested drug being used outside of the FDA-approved treatment duration?
 - a. Yes (deny 8a)
 - b. No (go to #2)
2. Has documentation been submitted to support the continued use of this medication in accordance with clinical guidelines? (Refer to UpToDate or product labeling for appropriate treatment duration.)
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Rifaximin

Policy Number: Rx047

I. MEDICATION NAME(S):

- Xifaxan (rifaximin)

II. LENGTH OF AUTHORIZATION:

- Length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #5)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug used for an FDA-approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - c. Yes (go to #4)
 - d. No (forward to pharmacist for review [deny 8a])
4. Has the member tried and failed all less costly alternative therapies used to treat the member's condition according to UpToDate)?
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a and/or 5k])
5. Is the drug used for hepatic encephalopathy associated with chronic liver disease? Note: Irritable bowel syndrome (IBS) and travelers' diarrhea are not funded conditions according to the Oregon Health Plan Prioritized List of Health Services.
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 3a or 8a])
6. Has the member had an adequate trial and failure of, contraindication to, or intolerance to lactulose? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)

- a. Yes (approve for LOB)
- b. No (forward to pharmacist for review [deny 7a, lactulose])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Palivizumab

Policy Number: Rx048

I. MEDICATION NAME(S):

- Synagis (palivizumab)

II. LENGTH OF AUTHORIZATION:

- Typically, approval is given from November 1st through March 31st of the following year for a maximum of five doses during each season. Authorizations may be allowed outside of this window depending on the start and end of Respiratory Syncytial Virus (RSV) season according to the OHA RSV surveillance data for Southern Oregon (report link: <https://www.oregon.gov/oha/PH/DiseasesConditions/CommunicableDisease/DiseaseSurveillanceData/Pages/RespiratorySyncytialVirusSurveillanceData.aspx>). As defined by the CDC:
 - RSV season onset is the first of two consecutive weeks during which the mean percentage of specimens testing positive for RSV antigen is $\geq 10\%$ or the mean percentage of specimens testing positive for RSV by PCR is $\geq 3\%$, whichever occurs first.
 - RSV season offset is the last of two consecutive weeks during which the mean percentage of positive specimens by antigen is $< 10\%$, or the mean percentage of positive specimens by PCR is $< 3\%$, whichever occurs last.
- Qualifying infants born during RSV season may require fewer doses. If any infant or young child receiving monthly palivizumab prophylaxis experiences a breakthrough RSV hospitalization, monthly prophylaxis should be discontinued.

III. QUANTITY LIMITS:

- A maximum of five doses per season.
- A maximum of two seasons may be allowed for some members; until the member's age is 24 months or less at the start of RSV season.

IV. INITIAL CRITERIA:

1. See FFS Approval Criteria
https://www.orpdl.org/durm/PA_Docs/palivizumab.pdf

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

- UHA aligns with the OHA FFS PDL and prior authorization criteria for the duration of Governor Brown's emergency declaration for the 2022-2023 RSV season, whichever is longer
- Dose: 15 mg/kg via intramuscular injection once monthly throughout RSV season.
- The start date for Synagis® is November 1 each year (or sooner when the Oregon Public Health Division has determined that RSV season onset has occurred) for a total of up to 5 doses.
- Approval for more than 5 doses or additional doses after March 31 will be considered on a case-by-case basis.
- Results from clinical trials indicate that Synagis® trough concentrations greater than 30 days after the 5th dose are well above the protective concentration. Therefore, 5 doses will provide more than 20 weeks of protection.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/2/2022

Lacosamide

Policy Number: Rx049

I. MEDICATION NAME(S):

- lacosamide tablets

II. LENGTH OF AUTHORIZATION:

- Length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug used for partial-onset seizures?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the member at least four years of age?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 8a])
3. Has the member failed to achieve successful control of their seizures with at least two other antiepileptic drugs, such as carbamazepine, oxcarbazepine, phenytoin, topiramate, or valproic acid? (Note: members who are currently taking lacosamide should not be required to try and fail alternative agents.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 6/22/2022
- **Last Updated Date:** 12/11/2019

Mesalamine

Policy Number: Rx050

I. MEDICATION NAME(S):

- mesalamine DR 800 mg tab (generic Asacol HD)
- Apriso (mesalamine) 0.375 g cap ER 24h
- mesalamine DR 400 mg cap (generic Delzicol)
- mesalamine DR 1.2 g tab (generic Lialda)
- mesalamine 1000 mg rectal suppository
- *Pentasa (mesalamine) 250 mg cap ER (non-formulary)*
- *Pentasa (mesalamine) 500 mg cap ER (non-formulary)*

II. LENGTH OF AUTHORIZATION:

- Initial: length of benefit (LOB)

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for Crohn's disease?
 - a. Yes (go to #4)
 - b. No (go to #2)
2. Is the drug prescribed for ulcerative colitis?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 8a])
3. Is the disease described as active in the small bowel (proximal to the colon)?
 - a. Yes (go to #5)
 - b. No (go to #4)
4. Has the member had an adequate trial and failure of, contraindication to, or intolerance to one of the following: sulfasalazine or balsalazide? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a])
5. Is the request for Pentasa?
 - a. Yes (go to #6)

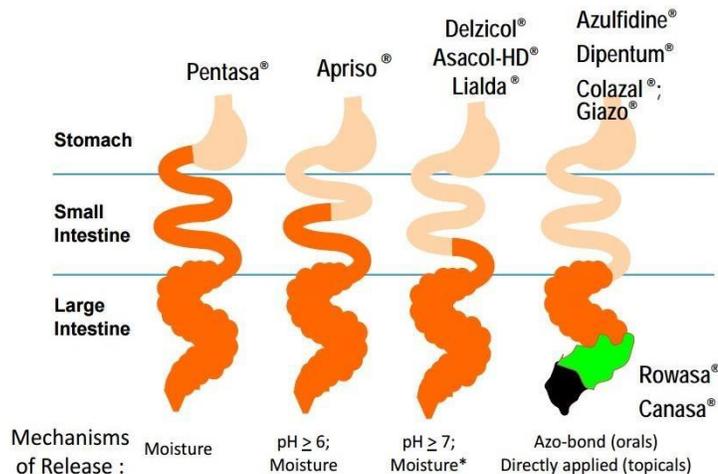
b. No (go to #7)

6. Does the member have full GI tract involvement that requires the Pentasa release mechanism?
 - a. Yes (approve for LOB)
 - b. No (go to #7)
7. Has the member had an adequate trial and failure of, contraindication to, or intolerance to at least one generic oral mesalamine product (generic Lialda, Asacol, Delzicol) or Apriso? (Adequate trial is defined as compliant with therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for LOB)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

VI. ADDITIONAL INFORMATION:

- 5-ASA Release Sites:



- Medications:

Drug Name	Strength	Site of Delivery	Qt/DS	Price	Ulcerative Colitis		Crohn's Colitis		Crohn's Ileitis	
					Active	Maint	Active	Maint	Active	Maint
Pentasa (mesalamine CR) oral cap	500 mg	Jejunum, ileum, colon	240/30	\$1,404	4	2-4	4*	2-4*	4*	2-4*
Pentasa (mesalamine CR) oral cap	250 mg	Jejunum, ileum, colon	480/30	\$1,404	4	2-4	4*	2-4*	4*	2-4*
Apriso (mesalamine ER) oral cap	0.375 g	Terminal ileum, colon	120/30	\$489	1.5-3*	1.5	2.4-4.8*	2.4-4.8*	2.4-4.8*	2.4-4.8*
mesalamine DR (generic Asacol HD) oral tab	800 mg	Distal ileum, colon	180/30	\$1,107	2.4-4.8	2.4-4.8	2.4-4.8*	2.4-4.8*	2.4-4.8*	2.4-4.8*
mesalamine DR (generic Delzicol) oral cap	400 mg	Distal ileum, colon	180/30	\$395	2.4-4.8	2.4-4.8	2.4-4.8*	2.4-4.8*	2.4-4.8*	2.4-4.8*
mesalamine DR (generic Lialda) oral tab	1.2 g	Distal ileum, colon	120/30	\$443	2.4-4.8	2.4	2.4-4.8*	2.4-4.8*	2.4-4.8*	2.4-4.8*
sulfasalazine (generic Azulfidine) oral tab	500 mg	Colon	120/30	\$21	2-4	2-4	2-4*	NR	NR	ID
sulfasalazine DR (generic Azulfidine EC) oral tab	500 mg	Colon	120/30	\$37	2-4	2-4	2-4*	NR	NR	ID

Dipentum (olsalazine sodium) oral cap	250 mg	Colon	120/30	\$1,567	2-3*	1	2-3*	1*	NR	NR
balsalazide disodium (generic Colazal) oral cap	750 mg	Colon	270/30	\$104	6.75	3-6*	ID	ID	NR	NR
mesalamine (generic SFRowasa) rectal enema	4 G/60 mL	Sigmoid colon, rectum	1680/28	\$353	4	2-4*	4*	ID	NR	NR
mesalamine (generic Rowasa) rectal enema kit	4 G/60 mL	Sigmoid colon, rectum	4/28	\$479	4	2-4*	4*	ID	NR	NR
mesalamine (generic Canasa) rectal supp	1000 mg	Rectum	30/30	\$750	1	1*	ID	ID	NR	NR

**Off-label indication*

Maint: maintenance; ID: insufficient data; NR: not recommended.

Doses shown are total grams per day and must be divided in 3 or 4 equally divided doses for certain formulations. For details, see Lexi-Comp drug information included with UpToDate and the official prescribing information.

VII. REVISION HISTORY:

- **Last Reviewed Date: 3/30/2022**
- **Last Updated Date: 3/30/2022**

Calcitonin Gene-Related Peptide (CGRP) Antagonists

Policy Number: Rx051

I. MEDICATION NAME(S):

- Vyepti (eptinezumab)
- Aimovig (erenumab)
- Ajovy (fremanezumab)
- Qulipta (atogepant)
- Emgality (galcanezumab)
- Nurtec (rimegepant)
- Ubrelvy (ubrogepant)
- Zavzpret (zavegepant)

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for an FDA-approved indication AND is the appropriate dose and duration being prescribed consistent with the FDA approved prescribing information? (CGRP antagonists are FDA-approved for adults aged 18 years and older except for Ajovy (fremanezumab) which is the only CGRP approved for children 6 years and older for prevention of episodic migraines. Refer to Table 1. Indications and Dosing in 'Additional Information' section.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Have medication overuse headaches been ruled out (i.e. member is not frequently using opioids, butalbital-containing products, triptans, acetaminophen, aspirin or NSAIDs)?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the request for migraine prophylaxis/prevention with Nurtec (rimegepant), Vyepti (eptinezumab), Aimovig (erenumab), Ajovy (fremanezumab), Qulipta (atogepant) or Emgality (galcanezumab)?
 - a. Yes (go to #6)
 - b. No (go to #4)
4. Is the request for acute migraine treatment with Zavzpret (zavegepant), Nurtec (rimegepant) or Ubrelvy (ubrogepant)?
 - a. Yes (go to #8)
 - b. No (go to #5)

5. Is the request for Emgality (galcanezumab) for cluster headache prophylaxis?
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review [deny 8a])

6. Does the member have episodic migraines (4 - 14 headaches per month) or chronic migraines (at least 15 headaches per month)?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 5a])

7. Has the member had an adequate trial and failure of, contraindication to, or intolerance to at least three drugs from the following classes (same or different classes): (1) Beta-blockers (e.g. propranolol immediate-release, atenolol, metoprolol, nadolol, timolol); (2) Anticonvulsants (e.g. topiramate, valproate, divalproex sodium); (3) Antidepressants (e.g. amitriptyline, nortriptyline, venlafaxine) AND (4) ARBs (e.g. losartan, irbesartan)? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #11)
 - b. No (forward to pharmacist for review [deny 7a])

8. Has the member had an adequate trial and failure of, contraindication to, or intolerance to simple analgesics such as NSAIDS (e.g. ibuprofen, naproxen) or acetaminophen, AND at least two different triptans (e.g. naratriptan, rizatriptan, sumatriptan, zolmitriptan) or have a contraindication to triptans?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review [deny 7a])

9. Does the patient have chronic migraines?
 - a. Yes (go to #12)
 - b. No (approve for six months (only approve up to formulary quantity limit))

10. Has the patient had an adequate trial (2-6 months) without response, or has contraindications, to at least 2 of the following OHP preferred drugs:
Lithium, Verapamil, Suboccipital steroid injection, Sumatriptan subcutaneous OR Zolmitriptan nasal spray?
 - a. Yes (approve for six months (only approve up to formulary quantity limit))
 - b. No (forward to pharmacist for review [deny 7a])

11. Has the patient received an injection with botulinum toxin for headache treatment once in the previous 2 months?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #13)

12. Does the patient have a history of at least 4 migraines a month AND is on preventative migraine therapy (excluding other CGRP inhibitors)?
 - a. Yes (go to #13)
 - b. No (forward to pharmacist for review)

13. If applicable, has the member tried and failed other less costly CGRP Antagonists for the indication being treated?
 - a. Yes (approve for six months (only approve up to formulary quantity limit))

- b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Do chart notes indicate headaches are due to medication overuse?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #2)

2. Is the request for Nurtec (rimegepant), Vyepti (eptinezumab), Aimovig (erenumab), Ajovy (fremanezumab), Qulipta (atogepant) or Emgality (galcanezumab) for migraine prophylaxis?
 - a. Yes (go to #5)
 - b. No (go to #3)

3. Is the request for Nurtec (rimegepant), Ubrelvy (ubrogepant), or Zavzpret (zavegepant) for acute migraine treatment?
 - a. Yes (go to #6)
 - b. No (go to #4)

4. Is the request for Emgality (galcanezumab) for cluster headache prophylaxis?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 8a])

5. Has the patient experienced a documented positive response to therapy, as demonstrated by a reduction in migraine headache frequency and/or intensity from baseline?
 - a. Yes (approve for one year (only approve up to formulary quantity limit))
 - b. No (forward to pharmacist for review [deny 5a])

6. Has the member had an objective response to therapy as indicated by a reduction in headache frequency and/or intensity?
 - a. Yes (approve for one year (only approve up to formulary quantity limit))
 - b. No (forward to pharmacist for review [deny 5a])

7. Has the member had an objective response to therapy defined as a reduction in the number of cluster headaches per month?
 - a. Yes (approve for one year (only approve up to formulary quantity limit))
 - b. No (forward to pharmacist for review [deny 5a])

V. ADDITIONAL INFORMATION:

- Table 1. Indications and Dosing

Drug	Indication	Dose
Qulipta (atogepant)	Migraine Prophylaxis, Episodic	10mg, 30mg or 60mg orally once daily
	Migraine Prophylaxis, Chronic	60mg orally once daily
Vyepti (eptinezumab)	Migraine Prophylaxis	100 mg IV every 3 months; some patients may benefit from 300 mg IV every 3 months
Aimovig (erenumab)	Migraine Prophylaxis	70 mg SC monthly; some patients may benefit from 140 mg SC monthly
Ajovy (fremanezumab)	Migraine Prophylaxis	225 mg SC monthly or 675 mg SC every 3 months
	Migraine Prophylaxis, Episodic	Children > 6y/o and adolescents <17y/o, >45kg: 225mg SC monthly

Emgality (galcanezumab)	Migraine Prophylaxis Cluster Headache Prophylaxis	Migraine: 240 mg SC as a single loading dose, then 120 mg SC monthly Cluster HA: 300 mg SC at onset, then monthly until the end of the cluster period
Nurtec (rimegepant)	Acute Migraine Treatment Migraine Prophylaxis	Acute: 75 mg orally as needed for acute migraine attack Prophylaxis: 75 mg every other day
Ubrelvy (ubrogepant)	Acute Migraine Treatment	50 mg, 100 mg orally as needed for acute migraine attack
Zavzpret (zavegepant)	Acute Migraine Treatment	10mg intranasally once as needed for acute migraine attack

VI. REVISION HISTORY:

- **Last Reviewed Date:** 12/12/2025
- **Last Updated Date:** 12/12/2025

Sacubitril-Valsartan

Policy Number: Rx052

I. MEDICATION NAME(S):

- Entresto (sacubitril-valsartan)

II. LENGTH OF AUTHORIZATION:

- Initial: 6 months
- Renewal: 12 months

III. QUANTITY LIMITS:

- Adult: 60 tablets per 30 days

IV. INITIAL CRITERIA:

1. Is the drug prescribed for chronic heart failure with New York Heart Association (NYHA) Class II,III,IV (Refer to Table 1. Heart Failure Classifications in 'Additional Information' section.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member a child age 1 to 18 with a reduced ejection fraction (LVEF) of ≤ 40 , or is the member age 18 or older?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug prescribed at the FDA-approved dose to treat the covered condition? (Refer to Table 2. Indications and Dosing in 'Additional Information' section.)
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Does the member have a history of angioedema or will they be continuing use of an ACE inhibitor or aliskiren?
 - a. Yes (forward to pharmacist for review)
 - b. No (go to #6)
5. Has the member had an adequate trial and failure of an ACE-inhibitor or ARB or was sacubitril-valsartan initiated during heart failure related hospitalization? (Adequate trial is defined as adherent to therapy for at least 30 days at or above the recommended target dose of an agent with clinical evidence for use in heart failure.) Refer to Table 2. Doses of ACE/ARBs in 'Additional Information' section.
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)

6. Has the member had an adequate trial and failure of, contraindication to, or intolerance to carvedilol, sustained-release metoprolol succinate, or bisoprolol? (Clinical guidelines recommend concurrent use of a beta blocker at the highest tolerated dose.)
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member adherent to therapy? (Adherence defined as MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

- Table 1. New York Heart Association Functional Classifications

NYHA Functional Classifications	
I	No limitation of physical activity. Ordinary physical activity does not cause symptoms of heart failure.
II	Slight limitation of physical activity. Comfortable at rest but ordinary physical activity results in symptoms of heart failure.
III	Marked limitation of physical activity. Comfortable at rest but less than ordinary physical activity causes symptoms of heart failure.
IV	Unable to carry on any physical activity without symptoms of HF. Experiences symptoms of heart failure at rest.

- Table 2. Minimum Daily Doses of ACEI/ARB Required

ACE	TARGET DOSE	ARB	TARGET DOSE
Captopril	50mg Three times daily	Candesartan	32 mg Once daily
Enalapril	10 mg Twice daily	Losartan	150 mg Once daily
Lisinopril	20 mg Once daily	Valsartan	160 mg Once daily
Ramipril	5mg Two times daily		
Trandolopril	4 mg Once daily		

Patients much achieve a minimum daily dose of one of the drugs listed for at least 30 days to improve changes of tolerability to the target maintenance dose of sacubitril/valsartan (97/103 mg BID). Target daily doses of other ACE-I and ARBS for heart failure have not been established. The agents listed have demonstrated efficacy in heart failure.

- Table 3. FDA Approved Dosing for Entresto®

Indication	Starting step (BID)	Second Step (BID)	Final Step (BID)
Adult Heart Failure	49/51 mg	97/103**	-
Pediatric HF (less than 40 kg)	1.6 mg/kg*	2.3 mg/kg	3.1 mg/kg
Pediatric HF (40kg-50 KG)	24/26 mg	49/51 mg	72/78
Pediatric HF (>50 kg)	49/51 mg	72/78	97/103

The clinical trial dose of Entresto was 97/103 mg twice daily. To prevent occurrence of angioedema and hypotension, ARNI is available in 3 doses use for initiation and titration:

**The 49/51 mg tablets may be used to compound an oral suspension*

***The valsartan in Entresto is more bioavailable vs valsartan in other marketed tables.*

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/20/2023
- **Last Updated Date:** 9/20/2023

Acne Agents

Policy Number: Rx053

I. MEDICATION NAME(S):

- adapalene gel
- benzoyl peroxide
- isotretinoin
- Accutane (isotretinoin)
- Amnesteem (isotretinoin)
- Clavaris (isotretinoin)
- Myorisan (isotretinoin)
- Zenatane (isotretinoin)
- tretinoin cream
- multiple non-formulary acne topical agents (must try and fail formulary alternatives if applicable)

II. LENGTH OF AUTHORIZATION:

- Initial: 3 months
- Renewal: 6 months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the member under age 21?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Is there documentation that treating the condition is medically appropriate and necessary in which it will enhance the member's ability to grow, develop, or participate in school per the EPSDT Medicaid benefit?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the drug prescribed for a condition funded by the Oregon Health Plan (OHP) in a manner consistent with the Health Evidence Review Commission (HERC) Prioritized List of Health Services? (Mild acne is not covered. Refer to Guideline Note 65 for coverage of severe cystic acne or Guideline Note 132 for acne conglobata and acne fulminans: persistent or recurrent inflammatory nodules and cysts AND ongoing scarring OR acne conglobata with recurrent abscesses or communicating sinuses.)
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a GLN65 and/or GLN132])
4. Is the drug prescribed for an FDA approved indication or a medically appropriate off-label use with strong evidence supporting safety and efficacy?
 - a. Yes (go to #5)

- b. No (forward to pharmacist for review [deny 8a])
5. Is the request for oral isotretinoin?
 - a. Yes (go to #6)
 - b. No (go to #8)
6. Has the member tried and failed three months of oral doxycycline or minocycline?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review [deny 7a])
7. Has the member tried and failed a topical antibiotic (such as clindamycin 1%)?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review [deny 7a])
8. Is the request for adapalene gel, tretinoin cream, clindamycin solution, or benzyoyl peroxide?
 - a. Yes (approve for 3 months)
 - b. No (go to #9)
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to adapalene gel, tretinoin cream, clindamycin solution, or benzoyl peroxide?
 - a. Yes (approve for three months)
 - b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/7/2022
- **Last Updated Date:** 12/7/2022

Cystic Fibrosis Modulators

Policy Number: Rx054

I. MEDICATION NAME(S):

- Kalydeco (ivacaftor)
- Orkambi (lumacaftor/ivacaftor)
- Symdeko (tezacaftor/ivacaftor)
- Trikafta (elexacaftor/tezacaftor/ivacaftor)

II. LENGTH OF AUTHORIZATION:

- Initial: three months
- Renewal: twelve months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for Cystic Fibrosis with confirmed genetic testing and for an FDA approved age and CFTR gene mutation?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the drug prescribed by or in consultation with a pulmonologist or practitioner at an accredited Cystic Fibrosis center?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is there documentation of pulmonary function testing completed in the last 90 days with percent forced expiratory volume in 1 second (ppFEV1) between 40-90%?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Has the member had an adequate trial and failure of, contraindication to, or intolerance to dornase alpha AND hypertonic saline AND inhaled antibiotic therapy, if appropriate for age and condition? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for 3 months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Has the member had an objective response to therapy as defined by lack of decline in FEV1, reduction in incidence of pulmonary exacerbations, significant improvement in BMI by 10% from baseline, or reduction in cystic fibrosis exacerbations?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is there evidence of adherence and tolerance to therapy?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is there ongoing oversight by prescriber including annual liver function tests?
 - a. Yes (approve for 12 months)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/20/23
- **Last Updated Date:** 3/31/2021

Varenicline

Policy Number: Rx055

I. MEDICATION NAME(S):

- Chantix (varenicline)

II. LENGTH OF AUTHORIZATION:

- Initial and renewal: up to 12 weeks

III. QUANTITY LIMITS:

- 0.5 (11)-1 ORAL TAB DS PK: 53 tablets per 28 days, 106 tablets per year
- 0.5 mg: 11 tablets per 7 days, 22 tablets per year
- 1 mg: 2 tablets per day, 12 weeks per 180 days

IV. INITIAL CRITERIA:

1. Has the member completed two quit attempts in the past year?
 - a. Yes (forward to pharmacist for review [deny 5q])
 - b. No (go to #2)
2. Has the provider submitted documentation that the member has stopped using tobacco?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 5a])
3. Is the member enrolled in a tobacco cessation support program, such as Quit 4 Life?
 - a. Yes (approve up to 12 weeks)
 - b. No (forward to pharmacist for review [deny 5a])

V. RENEWAL CRITERIA:

See Initial Criteria

VI. ADDITIONAL INFORMATION:

- For tobacco cessation support, UHA recommends using Quit 4 Life. Quit 4 Life has a team of trained experts to help members develop a quit plan and provides tools for tobacco cessation. Expert support and assistance is available from coaches who specialize in tobacco cessation. For additional details or for enrollment, call 1-866-QUIT-4-LIFE (1-866-784-8454), or visit www.quitnow.net.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 6/23/2021
- **Last Updated Date:** 6/23/2021

Insulin Delivery Devices

Policy Number: Rx056

I. MEDICATION NAME(S)

- Omnipod DASH Insulin Management System
- Omnipod 5 G6

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: one year

III. QUANTITY LIMITS:

- Personal Diabetes Manager (PDM)/Controller: one every four years
- Pods: 10 per 30 days (see additional information)

IV. INITIAL CRITERIA:

1. Does the member have a diagnosis of type 1 or type 2 diabetes mellitus?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member's C-peptide level \leq 110% below the lower limit of normal; OR does the member have a creatine clearance of \leq 50 ml/minutes, a fasting C-peptide level \leq 110% the lower limit of normal, and a fasting blood sugar obtained at the same time as the C-peptide level \leq 225mg/dl; OR is there a positive beta cell antibody test?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Has the member been on a program of multiple daily injections (at least three per day) with frequent self-adjustments for insulin dose for at least the past six months?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Has the member or caregiver completed a comprehensive diabetes education program?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
5. Is the device prescribed by or in consultation with an endocrinologist?
 - a. Yes (got to #6)
 - b. No (forward to pharmacist for review)
6. Has the member had suboptimal blood sugar in the past two months despite appropriate management demonstrated by any of the following: (1) A1C $>$ 7%; (2)

Recurring hypoglycemia; (3) Wide fluctuations in blood glucose before mealtime; (4)

- Dawn phenomenon with fasting blood sugars frequently exceeding 200 mg/dl; OR (5) History of severe glycemic excursions?
- a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

IV. RENEWAL CRITERIA:

1. Is the member adherent to therapy? (Adherence defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member adherent to provider follow up and diabetes education? (Prescriber should follow up with member at least every three months.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
3. Has the member had a positive clinical response to therapy such as at least a 10% reduction in A1c or A1c is at goal (at or below 7%), or has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria?
 - a. Yes (approve for one year)
 - b. No (forward to pharmacist for review)

V. ADDITIONAL INFORMATION:

- All other external insulin infusion pumps, including Omnipod, are considered durable medical equipment (DME):
 - Prior authorization requirements for durable medical equipment can be found on the UHA website at:
https://www.umpquahealth.com/prior_authorizations/
 - The Oregon Health Authority rules governing external insulin infusion pumps can be found on the OHA website at:
https://secure.sos.state.or.us/oard/viewSingleRule.action;JSESSIONID_OAR_D=J_CDopJXq6rWEhPNDYybKLZvmyKzqi_G2xCUUqpHW10mnXktZ0f5!849948759?ruleVrsnRsn=84246
- Each pod holds 200 units of insulin. Directions for use: change pod every 72 or 48 hours determined by total daily insulin use.

VI. REVISION HISTORY:

- **Last Reviewed Date:** 12/20/2023
- **Last Updated Date:** 12/20/2023

C1 Esterase Inhibitors

Policy Number: Rx057

I. MEDICATION NAME(S):

- Haegarda (C1 esterase inhibitor)

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: up to one year

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Does the member have a diagnosis of hereditary angioedema (HAE) confirmed by genetic testing or normal C1q lab levels with levels below the lab's normal reference range for both C4 and C1INH?
 - c. Yes (go to #2)
 - d. No (forward to pharmacist for review [deny 5a])
2. Is the drug prescribed at the FDA-approved dose based on patient age and weight?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 8a])
3. Does the member have a history of at least two attacks per month which are considered severe with swelling of the face, throat or gastrointestinal tract that significantly interrupts usual daily activity despite short-term symptomatic treatment or treatment required in the emergency department? (Note: Prophylactic use has only been evaluated in patients with more than 2 attacks per month)
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
4. Has the member been evaluated for triggers of HAE attacks and is maximally managed for avoidance of those triggers (such as stress, hormonal changes, dental surgery, trauma, medications including ACE inhibitors and estrogen)?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 5a])
5. Has the provider documented discussion with the patient of risks (including thrombotic events and/or anaphylaxis) versus benefits of therapy?
 - a. Yes (go to #6)
 - b. No (forward to pharmacist for review [deny 5a])

6. Is the patient prescribed concurrent epinephrine or do they have epinephrine on hand?
 - a. Yes (approve for 6 months)
 - b. No (forward to pharmacist for review [deny 5a])

V. RENEWAL CRITERIA:

1. Has there been at least a 50% reduction in the number of angioedema attacks, significant improvement in the severity and duration of attacks, and clinical documentation of functional improvement?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 5a])
2. Has the patient been attack free for at least 6 months?
 - a. Yes (go to #3)
 - b. No (approve for up to 12 months)
3. Is there documentation from the prescriber that they have evaluated continued necessity of long-term prophylactic treatment at the current dose?
 - a. Yes (approve for up to six months)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **P&T Review Date:** 6/22/2022
- **Implementation Date:** 6/22/2022

Finerenone

Policy Number: Rx058

I. MEDICATION NAME(S):

- Kerendia (finerenone)

II. LENGTH OF AUTHORIZATION:

- Initial: three months
- Renewal: twelve months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the drug prescribed for an adult with a diagnosis of chronic kidney disease (CKD) associated with type 2 diabetes (T2D)? (CKD is defined as the presence of kidney damage or decreased kidney function for three or more months with an estimated glomerular filtration rate [eGFR] <60 ml/min/1.73 m² or an albumin-to-creatinine ration [ACR] >30 mg/g.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Is the medication being prescribed in a manner that is supported by the FDA approved indication and dosing recommendations based on estimated glomerular filtration rates (eGFR) and serum potassium levels? (Refer to Table 1 in 'Additional Information' for recommended initial dosing.)
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review [deny 8a])
3. Is the medication prescribed by or in consultation with a nephrologist or kidney care specialist?
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review [deny 5a])
4. Is the member currently using a maximally tolerated ACE or ARB, OR have a documented contraindication, or intolerance to both? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review [deny 5k/5a])
5. Is the member currently using a maximally tolerated dose of an SGLT2 inhibitor with renal benefit (e.g., Farxiga, Invokana) OR have a documented contraindication to or

intolerance? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)

- a. Yes (approve for three months)
- b. No (forward to pharmacist for review [deny 7a])

V. RENEWAL CRITERIA:

1. Is the medication being prescribed in a manner that is supported by the FDA approved indication and dosing recommendations based on estimated glomerular filtration rates (eGFR) and serum potassium levels? (Refer to Table 2 in 'Additional Information' for recommended maintenance dosing.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review [deny 8a])
2. Has the member had a positive clinical response to therapy OR has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria?
 - a. Yes (approve for 12 months)
 - b. No (forward to pharmacist for review [deny 5a])

VI. ADDITIONAL INFORMATION:

- Table 1. Recommended Starting Dose

eGFR (mL/min/1.73 ²)	Starting Dose
≥ 60	20 mg once daily
≥ 25 to < 60	10mg once daily
< 25	Not Recommended

Measure serum potassium levels and estimated glomerular filtration rate (eGFR) before initiation. Do not initiate treatment if serum potassium is > 5.0 mEq/L. If serum potassium is >4.8 to 5 mEq/L, may consider initiation with increased serum potassium monitoring during the first 4 weeks.

- Table 2. Recommended Maintenance Dose

		Current Kerendia Dose	
		10 mg once daily	20mg once daily
Current Serum Potassium (mEq/L)	≤ 4.8	Increase the dose to 20 mg once daily.*	Maintain 20 mg once daily.
	> 4.8-5.5	Maintain 10 mg once daily.	Maintain 20 mg once daily.
	> 5.5	Withhold Kerendia. Consider restarting at 10 mg once daily when serum potassium ≤ 5.0 mEq/L.	Withhold Kerendia. Restart at 10 mg once daily when serum potassium ≤ 5.0 mEq/L.

If eGFR had decreased by more than 30% compared to previous, maintain 10 mg dose.

VII. REVISION HISTORY:

- Last Reviewed Date: 9/14/2022
- Last Updated Date: 9/14/2022

Buprenorphine & Opioid Concurrent Use

Policy Number: Rx059

I. MEDICATION NAME(S):

- buprenorphine HCl sublingual tablet
- buprenorphine HCl/naloxone sublingual HCl film
- buprenorphine HCl/naloxone HCl sublingual tablet

II. LENGTH OF AUTHORIZATION:

- Initial: varies

III. QUANTITY LIMITS:

- Total daily dose of 32 mg buprenorphine

IV. INITIAL CRITERIA:

1. Is the medication being used to transition from a prescribed chronic opiate with planned short term continued use of the opiate to minimize symptoms of opioid withdrawal/cravings?
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is there documentaton of an opioid tapering plan?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Is the request for less than or equal to an average daily dose of 32 mg of buprenorphine?
 - a. Yes (approve)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

- Formulary buprenorphine and buprenorphine/naloxone products do not require prior authorization review unless prescribed concurrently with an opioid medication.

VII. REVISION HISTORY:

- **Last Reviewed Date:** 9/20/2023
- **Last Updated Date:** 9/20/2023

Pharmaceutical Weight Management

Policy Number: Rx060

I. MEDICATION NAME(S):

- All FDA approved medications

II. LENGTH OF AUTHORIZATION:

- Initial: six months
- Renewal: six months

III. QUANTITY LIMITS:

- N/A

IV. INITIAL CRITERIA:

1. Is the request for a drug prescribed for the primary purpose of reducing weight for a member age 20 years or younger? (Note: Medications for weight loss are not a covered condition funded by the Oregon Health Plan (OHP) according to the Health Evidence Review Commission (HERC) Prioritized List of Health Services.)
 - c. Yes (go to #2)
 - d. No (forward to pharmacist for review)
2. Is the member age 8 or older? (Note: Use of pharmacotherapy is not medically appropriate for children under the age of 8 per the American Academy of Pediatrics Clinical Practice Guidelines.)
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Has the member been engaged in comprehensive, intensive behavioral interventions for at least six months? (Note: Adequate documentation is required.)
 - a. Yes (go to #4)
 - b. No (forward to pharmacist for review)
4. Is the member, parent, or caregiver, actively participating in a lifestyle or nutrition support program? (Note: UHA requires attestation of participation in a program such as Diabetes Self Management, Food Smart, or a similar clinic based program.)
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review and medication therapy management/CM)
5. Is the medication being prescribed in a manner that is supported by the FDA approved indication and dosing recommendations based on age?
 - c. Yes (go to #6)
 - d. No (forward to pharmacist for review)

6. Is the member's BMI greater than or equal to 30 kg/m², or if under 18 is the initial BMI in the 95th percentile or higher for age and sex?
 - c. Yes (go to #7)
 - d. No (forward to pharmacist for review)
7. Has the member tried and failed all appropriate less costly alternative therapies?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the member adherent to therapy? (Adherence defined as a MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (go to #2)
 - b. No (forward to pharmacist for review)
2. Is the member actively participating in a lifestyle or nutrition support program? DPP, DSM, FoodSmart, or similar clinic based program?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Has the member had a positive clinical response to therapy OR has the prescriber submitted documentation of continued medical necessity in accordance with the initial criteria?
 - a. Yes (approve for six months)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

VII. REVISION HISTORY:

- **Last Reviewed Date:** 8/13/24
- **Last Updated Date:** 6/21/2023

Vesicular Monoamine Transporter 2 (VMAT2) Inhibitors

Policy Number: Rx061

I. MEDICATION NAME(S):

- Austedo (deutetrabenazine)
- Ingrezza (valbenazine tosylate)
- tetrabenazine

II. LENGTH OF AUTHORIZATION:

- Initial: 3 months
- Renewal: 12 months

III. QUANTITY LIMITS:

- Deutetrabenazine maximum dose: 48 mg/day
- Valbenazine maximum dose: 80 mg/day
- Tetrabenazine maximum dose: 50 mg/day (chorea as a result of Huntington's disease)

IV. INITIAL CRITERIA:

1. Is the drug prescribed for chorea as a result of Huntington's disease in a patient 18 years or older?
 - a. Yes (go to #2)
 - b. No (go to #4)
2. Does the patient have a baseline total maximal chorea score of 8 or higher as assessed by the Unified Huntington's disease Rating Scale Total Chorea Movement subscore (UHDRS-TCS)?
 - a. Yes (go to #3)
 - b. No (forward to pharmacist for review)
3. Has it been determined that the patient does not have uncontrolled depression or is at risk of violent or suicidal behavior?
 - a. Yes (Approve for 3 months)
 - b. No (forward to pharmacist for review)
4. Is the drug prescribed for moderate to severe tardive dyskinesia in a patient 18 years or older?
 - a. Yes (go to #5)
 - b. No (go to #6)
5. Is the request for valbenazine or deutetrabenazine?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
6. Is the request for tetrabenazine in a patient with tics associated with Tourette syndrome?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)

Vesicular Monoamine Transporter 2 (VMAT2) Inhibitors

7. Has the member tried and failed an adequate trial of at least 2 of the following guideline directed medication: Clonidine or guanfacine OR Topiramate OR One of the following antipsychotics: pimozide, aripiprazole or risperidone? OR Does the patient have a documented intolerance, FDA-labeled contraindication, or hypersensitivity to the guideline directed medications?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
8. Is the request for the least costly VMAT2 inhibitor approved for the indication?
 - a. Yes (approve for 3 months)
 - b. No (go to #16)
9. Has the member had an adequate trial and failure of, contraindication to, or intolerance to the less costly alternative agent? (Adequate trial is defined as adherent to therapy for at least three consecutive months, MPR greater than or equal to 80% or no gaps between fills that exceed 5 days.)
 - a. Yes (approve for 2 months) No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Is the request for renewal of valbenazine, tetrabenazine, or deutetabenazine in a patient with chorea as a result of Huntington's disease?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Has the patient been taking the requested VMAT2 inhibitor for >3 months and has there been documented evidence of improvement in total maximal chorea score as assessed by the Unified Huntington's disease Rating Scale–Total Chorea Movement subscore (UHDRS-TCS), of at least 2 points from baseline?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
3. Is the request for renewal of valbenazine or deutetabenazine in a patient with tardive dyskinesia?
 - a. Yes (go to #4)
 - b. No (go to #7)
4. Has the patient been taking the requested VMAT2 inhibitor for >3 months and there has been documented evidence of clinical improvement in AIMS dyskinesia score from baseline?
 - a. Yes (go to #5)
 - b. No (forward to pharmacist for review)
5. Has it been determined that the mental status of the patient is stable, and there is no indication of uncontrolled depression or risk of violent or suicidal behavior?
 - a. Yes (Approve for 12 months)
 - b. No (forward to pharmacist for review)
6. Is the request for tetrabenazine in a patient with tics associated with Tourette syndrome?
 - a. Yes (go to #7)
 - b. No (forward to pharmacist for review)
7. Has the patient been taking tetrabenazine for >3 months and has there been documented evidence of reduced tic severity from baseline as assessed by the Yale Global Tic Severity Score (YGTSS) Total Tic Score (range 0-50)?
 - a. Yes (Approve for 12 months)
 - b. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

Vesicular Monoamine Transporter 2 (VMAT2) Inhibitors

VII. REVISION HISTORY:

- **Last Reviewed Date:** 10/29/2025
- **Last Updated Date:** 10/29/2025

Diabetic Diagnostics

Policy Number: Rx062

I. PRODUCT NAME(S):

- Freestyle Libre 14 Day Reader
- Freestyle 14 day Sensor
- Freestyle Libre 2 Plus Sensor Device
- Freestyle 2 Sensor Kit
- Freestyle Libre 3 Plus Sensor Device
- Freestyle 3 Sensor Kit
- Accu-Chek Guide Monitor System
- Accu-Chek Guide Test Strips
- True Metrix Blood Glucose Meter
- True Metrix Go
- True Metrix Glucose Test Strips
- ReliOn Prime
- ReliOn Prime Test Strips
- Insulin syringes
- Insulin pen needles
- Lancets
- Nonformulary products

II. LENGTH OF AUTHORIZATION:

- Initial, CGM: two years
- Initial, CGM Sensors: six months
- Renewal, CGM: two years
- Renewal, CGM Sensors: one year

III. QUANTITY LIMITS:

- Continuous Glucose Monitor (CGM): one every two years
- CGM Sensors: one every 14 days
- Glucose Monitor (GM): one every two years
- Test Strips: 100 per 90 days without insulin use/400 per 90 days with insulin use
- Lancets: 200 per 30 days

IV. INITIAL CRITERIA:

1. Is the request for a quantity exception to exceed the formulary allowable quantity limit (QL)?
 - a. Yes (go to #2)
 - b. No (go to #3)
2. Has medical rationale been provided supporting exceeding UHA's QL's?
 - a. Yes (Approve)
 - b. No (forward to pharmacist to review)
3. Does the member have glycogen storage disease type 1a?
 - a. Yes (go to #10)
 - b. No (go to #4)
4. Does the member have a diagnosis of type 1 diabetes mellitus?
 - a. Yes (go to #5)
 - b. No (go to #7)
5. Is the member 20 years of age or younger, OR pregnant, or planning to become pregnant within six months or is the member an adult on insulin pump management (including CGM-enabled insulin pump)?
 - a. Yes (go to #9)
 - b. No (go to #6)
6. Does the member have baseline HbA1c levels greater than or equal to 8.0%, frequent or severe hypoglycemia, or impaired awareness of hypoglycemia (including presence of these conditions prior to initiation of CGM)?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review)
7. Does the member have a diagnosis of type 2 diabetes mellitus, diabetes due to underlying conditions and or drug/chemical induced diabetes or gestational diabetes?
 - a. Yes (go to #8)
 - b. No (forward to pharmacist for review)
8. Does the member have current use of multiple daily short (including fast or rapid) or intermediate-acting insulin injections AND meet one of the following: 1) Baseline HbA1c levels greater than or equal to 8.0%; 2) Frequent or severe hypoglycemia; 3) Impaired awareness of hypoglycemia; 4) OR Diabetes-related complications (i.e., peripheral neuropathy or end-organ damage)?
 - a. Yes (go to #9)
 - b. No (forward to pharmacist for review)
9. Has the member received or will receive diabetes education specific to the use of CGM?
 - a. Yes (go to #10)
 - b. No (forward to pharmacist for review)
10. Is the request for a formulary item?
 - a. Yes (approve)
 - b. No (go to #11)
11. Is the request for a non-formulary CGM (e.g., Dexcom) intended for use with a previously authorized insulin delivery device (e.g., Omnipod 5G6)?
 - a. Yes (approve)

- b. No (forward to pharmacist for review)

V. RENEWAL CRITERIA:

1. Has the member had an in-person or telehealth visit with their provider every 6 months following the initial prescription for CGM AND has the member been adherent to therapy by using the device for at least 50% of the time since the last visit? (Note: The prescriber must conduct an in-person or telehealth visit with the member to document adherence to their CGM regimen and ensure that the CGM is used for diabetes treatment planning. Two trials per year of CGM are allowed to meet adherence for continuation of coverage.)

- a. Yes (approve)
- a. No (forward to pharmacist for review)

VI. ADDITIONAL INFORMATION:

- Refer to Guideline Note 108

VII. REVISION HISTORY:

- **Last Reviewed Date:** 12/11/2025
- **Last Updated Date:** 12/11/2025

