

## Member services available at no cost



### Medical care

*such as checkups, immunizations and x-rays*



### Dental care

*such as cleanings, fillings, and extractions*



### Vision care



### Mental health

*such as counseling*



### Urgent & Emergency care



### Hospital Stays



### Medications & Medical Supplies



### Physical, occupational, & speech therapy



### Gender-Affirming Care



### Birth control & family planning



### Rides to appointments & other places *such as the grocery store*



### Help with addiction *to cigarettes, alcohol & drugs*



### Health Related Social Needs (HRSN) *air conditioners, heaters, air filters, housing, and food\**



### Health Related Services Flexible (HRSF) *extra help for things not covered\**



## Connect with us:

### Umpqua Health

Monday – Friday  
8 AM – 5 PM

Phone: 541-229-4842

Toll free: 866-672-1551

TTY: 541-440-6304 | 711

Email: [UHCustomerCare@umpquahealth.com](mailto:UHCustomerCare@umpquahealth.com)

Website:

[www.umpquahealth.com](http://www.umpquahealth.com)

Social Media:

[Facebook.com/](https://www.facebook.com/UmpquaHealth/)

[UmpquaHealth/](https://www.umpquahealth.com)

Address:

3031 NE Stephens Street,  
Roseburg, OR 97470

## We're here for you!

Our care coordinators are here to help you understand your health care. They work with experts who can support you and your family in many ways.

If you need help, email us at  
[CaseManagement@umpquahealth.com](mailto:CaseManagement@umpquahealth.com)

*\*For qualifying members*



## *LANGUAGE SERVICES* **Alternative Languages**

### **English:**

This document is available in other languages, large print, braille or format that suits your needs. You can also request a language interpreter. This help is free. Please call 888-788-9821 (TTY/TDD 711).

## *SERVICIOS DE IDIOMAS* **Idiomas Alternativos**

### **Español:**

Puede obtener este documento en otros idiomas, en letra grande, en braille o en el formato que prefiera. También puede solicitar un intérprete. Esta ayuda es gratuita. Llame al 541-229-4842 o al 711.