



# Become a Be Sensitive, Be Brave (BSBB) Trainer and Help Prevent Suicide

Lines for Life, in partnership with the **Oregon Health Authority**, invites you to join a **BSBB Trainer Academy** and become dual-certified to lead:

- **BSBB for Suicide Prevention**
- **BSBB for Mental Health**

Learn more about BSBB: <https://linesforlife.jotform.com/team/qpr-team/bsbb-app>

## Who Can Apply?

**Anyone** can become a BSBB Trainer.

We especially encourage applications from individuals who:

- Speak Spanish and/or identify as Latine
- Are teachers, school administrators, counselors, office staff, or parents
- Are college or university faculty, staff, or students
- Are part of local or regional suicide prevention task forces or coalitions
- Work or volunteer with youth or adults at disproportionately high risk of suicide
- Work in youth-serving organizations

All are welcome to apply.

## What's the Commitment?

BSBB Trainers in this program are asked to:

- Deliver **4 or more BSBB trainings per year**
- Attend our **monthly trainer learning collaborative** (First Tuesday of the month at 10 AM PT)
- **Participate in evaluation efforts**, including:
  - **Ensuring participants complete pre/post-training surveys**
  - **Submitting training data**
  - **Responding to periodic trainer surveys** to help us measure impact and improve the program

## How to Get Certified?

The **BSBB Trainer Academy** is held virtually and offered **at no cost**.

Certification includes:

- **15 hours of training across 5, 3-hour sessions**
- **Independent review** of trainer manuals and materials
- **A certification test and teaching demonstration**

## Apply to Become a BSBB Trainer

### Upcoming 2026 Trainer Academies

You must attend *all* 5 sessions in the academy to be certified.

#### February 2026 Trainer Academy

- **Sessions 1 & 2: Mon, Feb 9:** 8:30 AM-12 PM & 1-4:30 PM
- **Sessions 3 & 4: Tues, Feb 10:** 8:30 AM-12 PM & 1-4:30 PM
- **Session 5: Wed, Feb 11:** 8:30 AM-12 PM

#### June 2026 Trainer Academy

- **Sessions 1 & 2: Mon, June 1:** 8:30 AM-12 PM & 1-4:30 PM
- **Session 3 & 4: Tues, June 2:** 8:30 AM-12 PM & 1-4:30 PM
- **Sessions 5: Wed, June 3:** 8:30 AM-12 PM

#### November 2026 Trainer Academy

- **Sessions 1: Fri, Nov 6:** 8:30 AM-12 PM
- **Session 2 & 3: Mon, Nov 9:** 8:30 AM-12 PM & 1-4:30 PM
- **Sessions 4 & 5: Tues, Nov 10:** 8:30 AM-12 PM & 1-4:30 PM

**Be Sensitive,  
Be Brave**

Cultural-Infused Community Trainings

