







Skip the Trip! Get Your Medicine Delivered!

Did you know you can have your medicine delivered right to your home? Umpqua Health Alliance (UHA) works with mail order pharmacies to send your medicine straight to you. This service is included in your benefits!

Why Use Mail Order?

-  **Delivered to Your Mailbox**
Your medicine comes straight to your home in secure packaging.
-  **Saves You Time**
No need to travel to the pharmacy or wait in line.
-  **90-Day Supply Options**
Get up to a 3-month supply of your medicine at one time.
-  **Easy Refills**
You will receive automatic reminders when it's time to refill your medicine.
-  **Safe & Accurate**
Your medicines are reviewed by licensed pharmacists before shipping.
-  **Support When You Need It**
Call and speak to a pharmacist anytime – 24 hours a day, 7 days a week.

UHA is partnering with the mail order pharmacy Postal Prescription Services. You can call Postal Prescription Services at 800-552-6694 to sign up for this service. You can also visit their website at www.ppsrx.com to learn more.

UHA is here to help. If you have questions or need support, you can call Customer Care at 541-229-4852; Toll Free: 866-672-1551; TTY: 541-440-6304 or 711, Monday to Friday 8am to 5pm PST.

You can get this letter in other languages, large print, Braille or a format you prefer. You can also ask for an interpreter. This help is free. Call 541-229-4852 or TTY 711.

Puede obtener esta carta en otros idiomas, en letra grande, en braille o en el formato que prefiera. También puede solicitar un intérprete. Esta ayuda es gratuita. Llame al 541-229-4852 o al TTY 711.